What you need to know

If there’s one thing I want you to get from these writings, it’s that White birth rates must change. Everyday the White population becomes fewer in number. To maintain a population the people must achieve a birth rate that reaches replacement fertility levels, in the western world that is about 2.06 births per woman.

en.wikipedia.org/wiki/List_of_sovereign_states_and_dependencies_by_total_fertility_rate

The ONLY White country that reaches these levels is Argentina, at 2.247.

But not in Europe, not in the rest of the Americas, not in Australia or New Zealand. White people are failing to reproduce, failing to create families, failing to have children. But despite this sub-replacement fertility rate, the population in the West is increasing rapidly.

How is this possible?

Mass immigration and the higher fertility rates of the immigrants themselves are causing this increase in population. We are experiencing an invasion on a level never seen before in history. Millions of people pouring across our borders, legally. Invited by the state and corporate entities to replace the White people who have failed to reproduce, failed to create the cheap
labor, failed to create new consumers and tax base that the corporations and states need to have to thrive.

This crisis of mass immigration and sub-replacement fertility is an assault on the European people that, if not combated, will ultimately result in the complete racial and cultural replacement of the European people.

To see this in full effect, you only have to look at the population statistics in Western nations for the year 2050.

In 2050, despite the ongoing effect of sub-replacement fertility, the population figures show that the population does not decrease inline with the sub-replacement fertility levels, but actually maintains and, even in many White nations, rapidly increases.

All through immigration.
This is ethnic replacement.
This is cultural replacement.
This is racial replacement.

This is WHITE GENOCIDE.

To return to replacement fertility levels is priority number one. But it is no simple task. There are myriad reasons behind the decline in fertility rates and the destruction of the traditional family unit.

We must inevitably correct the disaster of hedonistic, nihilistic individualism. But it will take some time, time we do not have due to the crisis of mass immigration. Due to mass immigration we lack the time scale required to enact the civilizational paradigm shift we need to undertake to return to health and prosperity. Mass immigration will disenfranchise us, subvert our nations, destroy our communities, destroy our ethnic ties, destroy our cultures, destroy our peoples. Long before low fertility levels ever could. Thus, before we deal with the fertility rates, we must deal with both the invaders within our lands and the invaders that seek to enter our lands.

We must crush immigration and deport those invaders already living on our soil. It is not just a matter of our prosperity, but the very survival of our people.

About me

My name is Payton Gendron, I was born on June 20, 2003, which makes me 18 years old as of writing this. I am the sole perpetrator of the recent attempted mass shooting. I lived in Southern Tier, New York all my life with both my parents and 2 brothers. I believe I am ethnically white since my parent’s nationalities are from north-western Europe and Italy. I graduated highschool with a regents diploma with advanced designation and am currently
enrolled in SUNY Broome with a major in Engineering Science. I would love to continue this but there are bigger problems I’m more concerned with. I am not a warfighter, nor have I been enrolled in any military or tactical training, so excuse any mistakes I make during my attack. I was never diagnosed with a mental disability or disorder, and I believe to be perfectly sane. Recently I took an MBTI test, as seen below:

And my most recent self pictures are below:

The truth is my personal life and experiences are of no value. I am simply a White man seeking to protect and serve my community, my people, my culture, and my race.
Questions and Answers

Why did you decide to carry out the attack?
To show to the replacers that as long as the White man lives, our land will never be theirs and they will never be safe from us.
To directly reduce immigration rates to European lands by intimidating and physically removing the replacers themselves.
To intimidate the replacers already living on our lands to emigrate back to their home countries.
To agitate the political enemies of my people into action, to cause them to overextend their own hand and experience the eventual and inevitable backlash as a result.
To incite violence, retaliation and further divide between the European people and the replacers currently occupying European soil.
To show the effect of direct action, lighting a path forward for those that wish to follow. A path for those that wish to free their ancestors lands from the replacers grasp and to be a beacon for those that wish to create a lasting culture, to tell them they are not alone.
To create an atmosphere of fear and change in which drastic, powerful and revolutionary action can occur.
To add momentum to the pendulum swings of history, further destabilizing and polarizing Western society in order to eventually destroy the current nihilistic, hedonistic, individualistic insanity that has taken control of Western thought.
Most of all it was to spread awareness to my fellow Whites about the real problems the West is facing, and to encourage further attacks that will eventually start the war that will save the Western world, save the White race and allow for humanity to progress into more advanced civilizations.

What do you want?
We must ensure the existence of our people and a future for white children.

Who do you represent?
Millions of European and other ethno-nationalist peoples that wish to live in peace amongst their own people, living in their own lands, practicing their own traditions, and deciding the future of their own kind.

Are you a part of any political group or movement?
I am not a direct member of any organization or group, though I support many.

Did the groups you support/are aligned with order or promote your attack?
No, I am the sole perpetrator of this attack. I’ve had many influences from others but it was only me who decided to continue this.
Do these groups hold power/who are the people in these groups?
The total number of people in these organizations is in the millions, the total number of groups in the thousands. People from every walk of life, in every place of employment and field but disproportionately employed in military services and public service occupations. Unsurprisingly ethno-nationalists and nationalists seek employment in areas that serve their nations and community.

Where did you get your current beliefs?
Mostly from the internet. There was little to no influence on my personal beliefs by people I met in person. I read multiple sources of information from all ideologies and decided that my current one is most correct.

Did you carry out the attack for fame?
I carried this attack out so I can influence others into defending themselves from the replacers, becoming infamous was the only way.

Why did you target those people?
They are an obvious, visible, and large group of replacers. From a culture with higher fertility rates and strong, robust traditions that seek to occupy my peoples lands and ethnically replace my own people. It would have eased me if I knew all the blacks I would be killing were criminals or future criminals, but then I realized all black people are replacers just by existing in White countries.

Over what timespan did you plan the attack?
I’ve been passively preparing for this attack like every American does; by buying ammo, surplus military gear and shooting irregularly for a few years. It wasn’t until the beginning of January 2022 that I actually got serious.

Why did you choose this particular moment in time to attack?
The best time to attack was yesterday, the next best time is today. Everyday that goes by without an attack, hundreds of more non-whites immigrate to White countries and spawn children. Waiting any longer will only make it more difficult to get non-whites out later on.

Why did you choose firearms?
Because they work, there are very few weapons that are easier to use and more effective at killing than firearms, especially the Bushmaster XM-15 I will be using. The effect it would have on social discourse, the extra media coverage they would provide, and the changes to gun laws that will be pushed will all help my case.
Why did you choose (REDACTED) for the place of attack?

(REDACTED) has the highest black population percentage (zip code *****) and isn’t that far away. Plus NY has heavy gun laws so it would ease me if I knew that any legally armed civilian was limited to 10 round magazines or cucked firearms.

I replaced the name of the city to redacted because I’d prefer that the FBI and local police don’t know until the attack has started. After the attack can somebody switch it over plz?

Do you consider the attack an act of terrorism?

By definition yes. But I believe it is a partisan action against an occupying force.

Do you feel any remorse for the attack?

I don’t know I haven’t done it yet stupid. But if I were to guess it would be yes.

Did, or do you personally hate blacks?

A black man or woman living in their homelands? No.

A black man or woman choosing to invade our lands, live on our soil, live on government support and attack and replace our people? Yes, I dislike them.

The only people I truly hate are the converts, those from our own people that turn their backs on their heritage, turn their backs on their cultures, turn their back on their traditions and become blood traitors to their own race. They are not completely hopeless however. I believe some can come back, so it’s important to welcome them when they are awoken instead of shaming and ostracizing them.

Did or do you personally hate foreigners or other cultures?

No, many people and their cultures are great, but it’s important to note that they can only stay great if they are separated from each other.

Do you believe those you attacked were innocent?

There is no non-white living on White lands that is innocent.

Did you intend to survive the attack?

Yes, but death was a definite possibility. These situations are chaotic and virtually impossible to control, no matter the planning. Survival was a better alternative to death in order to further spread my ideals by media coverage and to deplete resources from the state by my own imprisonment.

Was the attack anti-immigration in origin?

Yes, beyond all doubt, anti-immigration, anti-ethnic replacement and anti-cultural replacement.
Was the attack anti-diversity in origin?

No, the attack was not an attack on diversity, but an attack in the name of diversity.

To ensure that the peoples of the world remain true to their traditions and faiths and do not become watered down and corrupted by the influence of outsiders, they must be separate. The attack was to ensure a preservation of beauty, art and tradition. In my mind a rainbow is only beautiful due to its variety of colors. Mix the colors together and you destroy them all and they are gone forever and the end result is far from anything beautiful.

Did you intend to kill police officers or other enforcers of the state?

No. Although modern police officers exist to serve the “elite”, many of them are of decent character and it would make me very upset if I killed one. But only you know if I did.

If you survived, did you intend to go to trial?

Yes, and to plead guilty.

Are you a Christian?

No. I do not ask God for salvation by faith, nor do I confess my sins to Him. I personally believe there is no afterlife. I do however believe in and practice many Christian values.

Are you a facsist?

Yes, fascism is one of the only political ideologies that will unite Whites against the replacers. Since that is what I seek, calling me a facsist would be accurate.

Are you a white supremacist?

Yes, I would call myself a white supremacist, afterall, which race is responsible for the world we live in today? I believe the White race is superior in the brain to all other races.

Are you racist?

Yes I am racist because I believe in differences of capabilities between races.

Are you intolerant?

Sure. The last virtues of a dying nation are tolerance and apathy, and I want none of it.

Are you an anti-semite?

YES!! I wish all JEWS to HELL! Go back to hell where you came from DEMON!

But in reality, a Jew confined to Judea where he can’t spread his people or beliefs is of no concern to me. It’s important to note that with proper connection to the internet, that is impossible.
Are you a neo-nazi?
I support neo-nazism but I am not a member of any neo-nazi groups, you decide what that makes me.

Are you a conservative?
No, conservatism is corporatism in disguise, I want no part of it.

Are you a homophobe/anti-LGBTQ?
I believe that problems involving the LGB (drop the t) are very insignificant, if one is actually part of the LGB or LGB group and they are loyal to their people that is fine with me. Transgenderism however is a mental illness and should be addressed as such.

Are you “right wing”?
Depending on the definition, sure.

Are you “left wing”?
Depending on the definition, sure.

Are you a socialist?
Depending on the definition. Worker ownership of the means of production? It depends on who those workers are, their intentions, who currently owns the means of production, their intentions and who currently owns the state, and their intentions.

By living in the United States, weren’t you an immigrant yourself?
Yes, and it seems we immigrants seem to bring a whole host of issues. Although the land technically belongs to its native people, The United States now belongs to Whites because removing Whites from all of the United States is impossible. They are simply rooted too deeply into the land. The same thing applies with other White countries that are not in Europe.

Is there a particular person that radicalized you the most?
Yes and his name is Brenton Harrison Tarrant. Brenton’s livestream started everything you see here. Brenton started my real research into the problems with immigration and foreigners in our White lands, without his livestream I would likely have no idea about the real problems the West is facing.

Were you taught violence and extremism by video games, music, literature, cinema?
No, only the truth caused me to seek violence.
Did you always hold these views?
   When I was 12 I was deep into communist ideology, talk to anyone from my old highschool and ask about me and you will hear that. From age 15 to 18 however, I consistently moved farther to the right. On the political compass I fall in the mild-moderate authoritarian left category, and I would prefer to be called a populist.

Were your beliefs given to you by your family/friends/society etc?
   No, politics was never really discussed in my family or old friend groups.

Who do you consider white?
   Those that are ethnically and culturally European.

Who do you consider non-white?
   Those who are not ethnically and culturally European.

Do you consider yourself a leader?
   No, just a partisan.

Did/do you have ties to any other partisans/freedom fighters/ethno soldiers?
   I support many of those that take a stand against ethnic and cultural genocide. Brenton Tarrant, Patrick Crusius, John Earnest, Robert Bowers, Phillip Manshaus, Luca Traini, Anders Breivik, Dylann Roof, Anton Lundin Pettersson, Darren Osbourne etc.
   I have never had any connections with other confirmed partisans though.

If convicted, do you expect to stay in prison?
   Yes, I do wish to see how the world plays out after all. If I become old in the same prison I would only assume that we have passed the point of no return and will die out, and that I have failed. If we do rise up against the replacers, I expect that I will be let out and honored amongst my people.

Why do you care so much about Europe, aren’t you an American?
   The United States, just like the rest of the colonies of Europe, is simply an off-shoot of the European people. A finger on the hand of the body of Europe.
   The origins of my language are European, my culture is European, my political beliefs are European, my philosophical beliefs are European, my identity is European and most importantly, my blood is European.
Answers to my people/supporters questions

What are your views?
I would prefer to call myself a populist. But you can call me an ethno-nationalist eco-fascist national socialist if you want, I wouldn’t disagree with you.

Who do you support?
Those that wish for a future for white children and the existence of our people.

Who do you follow?
No one person in particular, I support many groups but I am a member of none.

Are you a fed/shill/mossad agent/false flag/patsy/imposter/antifa/“three letter agent glow so bright” etc?
No, I don’t think so. Who knows maybe it’s the two shots of covid vaccine juice going through my bloodstream that’s really making me do this.
It’s healthy to have skepticism of course, but don’t let your skepticism turn you away from people who support you.

What do you encourage us to do?
Make plans, get training, form alliances, get equipped and then act. The time for meekness has long since passed, the time for a democratic solution has long since passed.
Men of the West must be men once more.

Is this your complete writings and views?
My discord transcript should also be available, which is much less formal than this and covers some personal and other information. I would have put a lot more work into this manifesto if I had the time to.
Answers to detractors and to those that oppose my beliefs/methods

Won’t your attack do more harm than good?
   No, there isn’t a successful, influential grand movement established just yet, and no leading organizations, so there is no great structure created that could be brought to harm.
   As for how the public perceives us? Did they perceive us any differently after the attack than they did before?

Won’t your attack result in calls for the removal of gun rights in the United States?
   Yes, that is the plan all along, you said you would fight to protect your rights and the constitution, soon will come the time.

You’re a bigot, racist, xenophobe, nazi, fascist!
   Ok and?

Do you actually believe this garbage?
   Yes, I have never felt more sure about anything else.

Democracy is the only solution, why are you committing to force?
   Democracy is mob rule and the mob itself is ruled by our enemies. The global and corporate-run press controls them, the education system (long since fallen to the long march through the institutions carried out by the marxists) controls them, the state (long since heavily lost to its corporate backers) controls them and the anti-white media machine controls them.
   Do not suffer under the delusion of an effortless, riskless democratic victory.
   Prepare for war, prepare for violence and prepare for risk, loss, struggle, death.
   Force is the only path to power and the only path to true victory.

Violence isn’t the answer, why are you using force?
   There is no nation in the world that wasn’t founded by, or maintained by, the use of force. Force is power. History is the history of power. Violence is power and violence is the reality of history. Violence is the only way to make real change in the world. The reason why peaceful protests are allowed is because they don’t make an actual difference.

What makes you think that you have all the answers?
   I don’t, but I may have some. Take from my views that which works, discard that which does not. Victory is all that matters.

What makes you believe you can speak for a group?
   I speak for my views and my ideals, and those that support me. Some may agree with them, others won’t.
What makes you believe you are European, not just an American?
   I am a descendant of ethnic Europeans so I must be an ethnic European myself.

What makes you believe there are racial differences and that those differences matter?
   Research and data. Haplogroups, phenotypes and globalized testing. I will try to explain many of these below.

Why do you blame immigrants and not the capitalists?
   Both are the problem, and I would like to address the concept of hard and soft targets here. Hard targets are people with strong political powers, such as president’s, prime ministers, judge’s, media producers, and military leaders. Soft targets include the everyday man, with low, weak political power. To cleanse an area, both must be removed, one cannot only attack the blacks of Buffalo and expect the zog-bot government to fall as well, just as one cannot attack the zog-bot government and expect the blacks to fall. Both have to be addressed, I am simply attacking one at a time.

Why attack immigrants when the Jews are the issue?
   Because they can be dealt with in time, but the high fertility replacers will destroy us now, it is a matter of survival we destroy them first.

Why attack blacks if all high fertility immigrants are the issue?
   I will admit non-white hispanics are also replacers in the United States, and is also a problem White’s will have to deal with. I can’t possibly attack all groups at once so might as well target one.

If you believe we need to correct the white birth rates, why didn’t you start a family and do it yourself?
   Starting a large family will not solve this problem. This is simply an issue that I cannot solve that way because it wouldn’t change anything. The replacers will continue replacing and the immigrants will continue immigrating.

Children are always innocent, do you not think you are a monster for killing an innocent?
   Children of replacers do not stay children, they become adults and reproduce, creating more replacers to replace your people. They grow up and vote against your peoples own wishes, for the interests of their own people and identity. They grow up and take the potential homes of your people for themselves, they occupy positions of power, remove wealth and destroy social trust.
   Any invader you kill, of any age, is one less enemy your children will have to face. Would you rather do the killing, or leave it to your children? Your grandchildren?
Was there a particular event or reason you decided to commit to a violent attack?

Before I begin I will say that I was not born racist nor grew up to be racist. I simply became racist after I learned the truth.

I started browsing 4chan in May 2020 after extreme boredom, remember this was during the outbreak of covid. I would normally browse /k/ because I’m a gun nut and /out/ because I love the outdoors and I eventually wound up on /pol/. There I learned through infographics, shitposts, and memes that the White race is dying out, that blacks are disproportionately killing Whites, that the average black takes $700,000 from tax-payers in their lifetime, and that the Jews and the elite were behind this. From there, I also found other sites, like worldtruthvideos.website, dailyarchives.org, and dailystormer.cn where through data and exposure to real information I learned the truth. We are doomed by low birth rates and high rates of immigration. I never even saw this information until I found these sites, since mostly I would get my news from the front page of Reddit. I didn’t care at the time, but as I learned more and more I realized how serious the situation was. Eventually I couldn’t take it anymore, I told myself that eventually I was going to kill myself to escape this fate. My race was doomed and there was nothing I could do about it.

But then after browsing /pol/ one day I saw a short gif of a man walking into a building and shooting a shotgun through a dark hallway. I didn’t think anything of it, but then I saw it again, and I looked up who this person was. I thought to myself, “Why did this person do it?”

That person was Brenton Tarrant, and after some searches I found the 17 minute livestream of him attacking the Al-Noor mosque. I eventually found his manifesto and I read it, and I found that I mostly agreed with him.

Finally I thought to myself; perhaps there is a chance that we can combat this. Maybe there is a chance that we can take control and prevent our genocide. Maybe we can combat the hedonistic, nihilistic, and individualist insanity that has taken control western thought. I then found other fighters, like Patrick Crucius, Anders Breivek, Dylann Roof, and John Earnest. These men fought for me and had the same goals I did. It was there I asked myself:

Why don’t I do something?

Finally I felt awakened.
It was there I started to think about committing to an attack. To commit to violence.
I would follow Tarrant’s lead and the attacks of so many others like him.
No longer would I just accept our replacement.
No longer would I just accept our genocide.
No longer will I willingly serve the people who are trying to end me and my race.
I would have to take the fight to the replacers myself.
About Blacks

When referring to Blacks, I refer to those who are descendants of ethnic Africans, specifically Sub-Saharan Africans. All African-Americans fit in this category. I would exclude those that are 87.5% or higher of another race however.

Blacks are considered to be the same species of human as all other races, which is true since they can interbreed and have fertile children. But I would argue that they are a different subspecies of human. Whites and Blacks are separated by tens of thousands of years of evolution, and our genetic material is obviously very different. Physical factors are the most distinguishable difference, such as noticeable differences in skin pigmentation, fat storage, bone and skull shape and length, and differences in brain size, most notably in the prefrontal cortex.

Physical traits do not matter that much in the society of advanced human civilization. It has mattered in the past when humans had to plow the land and relied on their physical abilities to do work. But in this age of technology physical attributes matter less and less. I believe that the most important part of a human is the brain. The human brain is an amazing tool and is the reason why we as humans are predators of all and prey of none. It is obvious that people differ in cognitive abilities, this is undeniable and a proven fact. People with a “higher intelligence” often succeed in life by getting higher education and more professional careers, which often leads to greater contributions to human development in their lifetime. There is an undeniable difference between the brains of races and I will be explaining some of the differences below.

1: Intelligence and Genetics

![The black and white IQ distributions in the NLSY, Version I](attachment:image.png)

Frequency distributions for populations of equal size

- Black distribution
- White distribution

IQ

50 60 70 80 90 100 110 120 130 140 150
I will begin by saying that IQ tests are quite a controversial subject on measuring intelligence. Intelligence and mental ability is very abstract and hard to measure. IQ tests are often flawed when measuring people individually, but testing in large groups, such as the test above, is much more effective.

As seen in this famous bellgraph of White and Black distributions for IQ, the average White is about 1 standard deviation above the average black, or about 15 IQ points higher. How can this be you may ask? I will first go into data that directly references genetics as being a key factor.

https://www.nature.com/articles/mp201185.

Estimate of the proportion of variance explained by each chromosome for general fluid intelligence factor ($g_f$) and crystallized intelligence ($g_c$) in the combined dataset against chromosome length. In conclusion from the results of this study, intelligence can be highly heritable and polygenic.
According to the list above, Europeans populations are much more likely to have specific genes that are linked to the brain than Africans. These genes have a direct influence on expected behavior and brain development, which may have factors in the individual's expected fluid and crystallized intelligence.
Below are more resources about genetics and intelligence.

-Most if not all psychological traits are substantially influenced by genetics.  
http://cdp.sagepub.com/content/13/4/148

-All behavioral traits are substantially heritable. Evidence for this is ubiquitous.  
http://www.nature.com/mp/journal/v20/n1/full/mp2014105a.html

-Over 2000 genes have been subject to recent (post out-of-Africa) evolution. Europeans and Asians are subject to more recent evolution than Africans.  
Violence is a heritable trait.
http://www.pnas.org/content/103/16/6085.full

The Black-White IQ gap in America is equal to the gap in South Africa, even though SA is ruled by Blacks.
http://psychology.uwo.ca/faculty/rushtonpdfs/ravensiii.pdf

The world’s thirty least intelligent countries (except for Haiti) are all in sub-Saharan Africa.
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8492613&fileId=S1832427400010045

In conclusion from all of this, blacks are pre dispositioned to have weaker brain ability due to genetics. This is important because it leads to the question if blacks should live in a western world built by Whites. The answer to this question is no, they simply are not built to live in the White world. This advanced human civilization that we have today can only be built by Whites, blacks simply hold us down.

2: Statistics and data

Secondly I will be listing statistics and data. These problems are directly influenced by the individual's race. Emotional control and intelligence (for example ability to theorize the consequences of one’s actions) are large factors. Blaming this solely on their environment they grew up in is foolish and ignorant of real facts and data.

I believe after my attack many of these links would be removed. I wonder (((who))) would be responsible for that?

Darker pigmented people average higher levels of aggression and sexual activity, and lower IQ.

Black men in London are only 12% of the population, but commit 32% of rape.

Blacks are more prone to psychopathy and less capable of empathy than Whites.
Blacks are 80% more likely than Whites to neglect their children.
Blacks have less moral understanding than Whites.
Blacks are more reckless than Whites.
Blacks are twice as likely to subject their children to severe violence than Whites.
Black women are more than twice as likely as White women to abuse their husbands.
Black youth are two and a half times as likely as White youth to have raped someone.
Blacks are more likely to kill their spouses than other races.
Blacks are 50% more likely to cheat on their spouses than Whites.  
Blacks have less perseverance than other races.  

Blacks are more likely than Whites to be narcissistic.  

Black men are over a hundred times more likely to rape a White woman than vice versa.  

Despite making up less than 12% of the US population, Blacks commit 1 in every 3 rapes.  

Areas with more Black people have higher rates of crime.  

Radford University study shows since 1990, Blacks have been majority of serial killers in USA  
https://vdare.com/posts/myth-buster-radford-university-study-shows-since-1990-blacks-have-been-majority-of-serial-killers-in-usa

Blacks are overrepresented in serial killings, and this overrepresentation is increasing.  

Blacks are just 13% of the American population but have committed half of all murders for the last 30 years.  

Blacks are 600% more likely than non-Blacks to commit murder.  

Young Black men kill 14 times more often than young White men.  
http://ideas.time.com/2013/08/22/viewpoint-dont-ignore-race-in-christopher-lanes-murder/#ixzz2ciW8j00
Blacks are seven times more likely than Whites to commit murder. Race is a better predictor of crime than poverty. http://www.colorofcrime.com/2005/10/the-color-of-crime-2005/

In New York City, 1% of people arrested for shootings were White, while 74% were Black. In New York City, 61% of people arrested for robbery were Black. In New York City, 43% of people arrested for rape were Black http://www.nyc.gov/html/nypd/downloads/pdf/analysis_and_planning/enforcement_report_year_end_2014.pdf

In Canada, Amerindians comprise 3% of the population but 18% of the prison population. In Canada, Blacks comprise 2% of the population but 60% of prisoners. http://www.csc-sec.gc.ca/research/r144-eng.shtml

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<td>435</td>
<td>558</td>
<td>100.0</td>
<td>44.7</td>
<td>52.7</td>
<td>1.1</td>
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<tr>
<td>Aggravated assault</td>
<td>274,376</td>
<td>105,467</td>
<td>91,104</td>
<td>7,182</td>
<td>4,902</td>
<td>100.0</td>
<td>31.6</td>
<td>33.2</td>
<td>2.6</td>
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<tr>
<td>Burglary</td>
<td>116,924</td>
<td>91,104</td>
<td>24,183</td>
<td>1,728</td>
<td>1,464</td>
<td>100.0</td>
<td>69.2</td>
<td>28.8</td>
<td>1.5</td>
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<tr>
<td>Larceny-theft</td>
<td>592,679</td>
<td>353,226</td>
<td>178,937</td>
<td>11,718</td>
<td>7,153</td>
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<td>60.3</td>
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<td>Motor vehicle theft</td>
<td>57,218</td>
<td>38,119</td>
<td>16,499</td>
<td>1,213</td>
<td>721</td>
<td>100.0</td>
<td>79.7</td>
<td>28.9</td>
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<td>Arson</td>
<td>6,291</td>
<td>4,453</td>
<td>1,053</td>
<td>121</td>
<td>125</td>
<td>100.0</td>
<td>79.0</td>
<td>24.7</td>
<td>1.9</td>
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<tr>
<td>Violent crime3</td>
<td>365,244</td>
<td>209,648</td>
<td>129,348</td>
<td>2,921</td>
<td>5,629</td>
<td>100.0</td>
<td>56.7</td>
<td>36.6</td>
<td>2.3</td>
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<tr>
<td>Property crime4</td>
<td>775,987</td>
<td>517,502</td>
<td>251,087</td>
<td>14,766</td>
<td>9,445</td>
<td>100.0</td>
<td>61.5</td>
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<td>1.9</td>
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<td>Other assault</td>
<td>723,534</td>
<td>455,901</td>
<td>219,400</td>
<td>16,837</td>
<td>9,907</td>
<td>100.0</td>
<td>64.9</td>
<td>21.2</td>
<td>2.4</td>
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<td>Forgery and counterfeiting</td>
<td>32,190</td>
<td>21,537</td>
<td>9,959</td>
<td>338</td>
<td>501</td>
<td>100.0</td>
<td>97.1</td>
<td>10.1</td>
<td>1.1</td>
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<tr>
<td>Fraud</td>
<td>78,698</td>
<td>51,801</td>
<td>24,041</td>
<td>1,424</td>
<td>1,208</td>
<td>100.0</td>
<td>65.5</td>
<td>30.5</td>
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<td>Embezzlement</td>
<td>9,085</td>
<td>5,963</td>
<td>3,057</td>
<td>114</td>
<td>179</td>
<td>100.0</td>
<td>66.0</td>
<td>36.2</td>
<td>1.6</td>
</tr>
<tr>
<td>Bank property, stealing, forgery, counterfeiting, embezzlement,接受处理</td>
<td>83,035</td>
<td>38,751</td>
<td>21,905</td>
<td>1,166</td>
<td>825</td>
<td>100.0</td>
<td>51.5</td>
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<td>Impersonation</td>
<td>126,161</td>
<td>96,260</td>
<td>24,070</td>
<td>3,186</td>
<td>1,508</td>
<td>100.0</td>
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<td>27.5</td>
<td>2.5</td>
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<td>Weapons, forgery, counterfeiting,接受处理</td>
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<td>98,504</td>
<td>49,533</td>
<td>1,129</td>
<td>1,267</td>
<td>100.0</td>
<td>55.9</td>
<td>41.8</td>
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<td>Prostitution and commercial vice</td>
<td>19,811</td>
<td>10,674</td>
<td>8,373</td>
<td>7,3,1205</td>
<td>89</td>
<td>100.0</td>
<td>50.9</td>
<td>42.2</td>
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<td>Sex offenses other than vice andcommercial vice</td>
<td>28,627</td>
<td>21,630</td>
<td>5,903</td>
<td>396</td>
<td>688</td>
<td>100.0</td>
<td>74.5</td>
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<td>Drug abuse violations</td>
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<td>748,874</td>
<td>274,670</td>
<td>14,988</td>
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<td>71.2</td>
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<td>Harassment</td>
<td>1,099</td>
<td>1,031</td>
<td>68</td>
<td>13</td>
<td>214</td>
<td>100.0</td>
<td>97.3</td>
<td>28.2</td>
<td>6.7</td>
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<td>Other offenses against the family and children</td>
<td>58,042</td>
<td>38,166</td>
<td>15,454</td>
<td>2,821</td>
<td>483</td>
<td>100.0</td>
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<td>Drug use or the distribution</td>
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<td>528,926</td>
<td>29,855</td>
<td>12,373</td>
<td>13,071</td>
<td>100.0</td>
<td>53.5</td>
<td>14.1</td>
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<td>Liquor laws</td>
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<td>65,260</td>
<td>17,077</td>
<td>5,657</td>
<td>1,651</td>
<td>100.0</td>
<td>71.7</td>
<td>15.5</td>
<td>1.5</td>
</tr>
<tr>
<td>Divorces / annulment</td>
<td>319,085</td>
<td>164,767</td>
<td>32,305</td>
<td>16,338</td>
<td>2,451</td>
<td>100.0</td>
<td>75.5</td>
<td>18.6</td>
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<td>Disorderly conduct</td>
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<td>132,476</td>
<td>64,049</td>
<td>8,911</td>
<td>1,820</td>
<td>100.0</td>
<td>90.9</td>
<td>35.7</td>
<td>4.7</td>
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<td>Misdemeanor</td>
<td>15,952</td>
<td>10,783</td>
<td>4,704</td>
<td>473</td>
<td>201</td>
<td>100.0</td>
<td>67.5</td>
<td>28.2</td>
<td>3.0</td>
</tr>
<tr>
<td>All other offenses except traffic</td>
<td>2,126,791</td>
<td>1,552,106</td>
<td>577,069</td>
<td>54,949</td>
<td>22,240</td>
<td>100.0</td>
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<td>2.5</td>
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<td>Suspicions</td>
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<td>76.6</td>
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<tr>
<td>Criminal and traffic law violations</td>
<td>16,065</td>
<td>6,646</td>
<td>3,155</td>
<td>272</td>
<td>135</td>
<td>100.0</td>
<td>55.8</td>
<td>28.9</td>
<td>2.6</td>
</tr>
</tbody>
</table>

http://www.csc-sec.gc.ca/research/r144-eng.shtml
2.5: Infographics, memes, statistics, pictures

![Infographics](image1.png)

![Statistics](image2.png)

![Pictures](image3.png)
**WHAT IS BLACK PRIVILEGE?**

- Black privilege is being able to move through your race without fear of persecution.
- Black privilege is not being able to intimately experience racism, not because you’re lazy.
- Black privilege is being able to do so without a sense that your wealth was handed to you or you earned it.
- Black privilege is being able to commit existent crimes against another race without people knowing you are racist.
- Black privilege is being able to commit existent crimes against another race without people assuming you are racist.
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**NYC CRIME STATISTICS ~ 2014**

- **ARRESTS FOR VIOLENT CRIME:**
  - **Shooting:** 8% (Black), 4% (Hispanic), 4% (White), 4% (Other)
  - **Murder:** 9% (Black), 6% (Hispanic), 6% (White), 6% (Other)
  - **Rape:** 9% (Black), 7% (Hispanic), 7% (White), 7% (Other)

Data source: New York Police Department

**NYC Crime Statistics ~ 2014**

Data source: New York Police Department
3: Summary

Blacks are the most privileged race in the US and many western countries. But yet they say they are the most oppressed. What other race is given trillions of dollars of White taxpayer money to succeed, but yet fails and asks for more? What other race actively destroys their communities like they do?

Blacks on average have a lesser IQ due to restrictions of their brain development. They are prone to violence and common criminal activity. We must remove blacks from our western civilizations.

About Jews

“The elite”, “The 1%”, “The bankers”, “The capitalists”, (((them))), “The marxist’s” they all refer to the same group: THE JEWS!! When referring to “the Jews” I don’t mean all ethnic or religious Jews. Some can be actually decent, and make significant progress to humanity. However many of them are not. Many are born to exploit the goyim and exploit the Earth for capital gain. They control the mainstream media, many government positions, and international and global banking. They advocate for leftist ideology, and spread propaganda among the right. They spread their lies through all forms of media. They want us to divide ourselves by race, instead of goy and non-goy, like they already do. “Remember the 6 million goyim!” The real war I’m advocating for is the gentiles vs the Jews. We outnumber them 100x, and they are not strong by themselves. But by their Jewish ways, they turn us against each other. When you realize this you will know that the Jews are the biggest problem the Western world has ever had. They must be called out and killed, if they are lucky they will be exiled. We can not show any sympathy towards them again.

1: The Jewish Ethnicity

“Every Jew does not have these characteristics. Some do not have a proper Jewish nose, but real Jewish ears. Some do not have flat feet, but real Jewish eyes. Some Jews cannot be recognized at first glance. There are even some Jews with blond hair. If we want to be sure to recognize Jews, we must look carefully. But when one looks carefully, one can always tell it is a Jew.”

“Richard Krause, a smiling blond lad, goes to the board. He says: “One can recognize a Jew from his movements and behavior. The Jew moves his head back and forth. His gait is shuffling and unsteady. The Jew moves his hands when he talks. He “jabbers.” His voice is often odd. He talks through his nose. Jews often have an unpleasant sweetish odor. If you have a good nose, you can smell the Jews.””

The Jews are not only a religion but also an ethnicity. This is because the Jews have separated themselves from the gentiles for thousands of years, usually interbreeding and mixing only with other Jews. Some have mixed with Whites and other races despite the Talmud and other Jewish laws, but they will nearly always remain a Jew. There are certain stereotypical
physical characteristics that are much more frequent in Jews than any other race, such as hooked noses, beady eyes, gravely voices, shorter bodies and arms, and flat feet. But of course this phenotype can also be found in other Mediterranean people, such as Southern Italians, Turks, Greeks, and other Levantines such as the Druze, Lebanese, and Samaritans.

Psychological traits, such as social pathology, paranoia and schizophrenia, psychopathy, hoarding disorder, and loxism are also much more prevalent. Genetic diseases such as Bloom Syndrome, Canavan Disease, Cystic Fibrosis, Familial Dysautonomia, Fanconi Anemia Type C, Gaucher Disease, Glycogen Storage Disease Type 1a, Maple Syrup Urine Disease, Mucolipidosis IV (ML-IV), Niemann-Pick Disease Type A, Tay-Sachs Disease, and Walker-Warburg Syndrome are much more prevalent in Ashkenazi Jews than in other ethnicities.

All ethnic Jews are descendants of AMH and neanderthals of Western Asia, who then spread to Europe, Northern Africa, and Southwest Asia, where they then interbred with other early homo sapiens. Jews have a 3000 year history of inmarriage and isolation from other races and religions, giving them a very distinct genetic signature. Of course they are not all inbred, many interacted with others and created mixtures. Ashkenazi and Sephardi Jews for example tend to have many eastern and central European genes mixed into them. Ashkenazi Jews are mostly descendants of ethnic Europeans and the Edomites. While Sephardi Jews tend to be a mix between the Edomites and ethnic Western Europeans and North Africans. Ethnic Jews can be found by having a dominant mitochondrial haplogroup “J”.

![2015 Ashkenazi Jews Y-haplogroups](image1)

![Sephardic Jews by Haplogroup](image2)
Keep in mind that the “J” haplogroup is also the dominant haplogroup with Arabs and other Levantines.

Jews can not be considered European, they may have a small or even large percentage of European DNA, but this does not change the point. They are simply not descendents of ethnic Europeans, in the same way that the ethnic Druze, Samaritans, and Lebanese of today can not be considered European.

But are the Jews White? This is where my opinion differs from many other White nationalists, because I believe that the modern Jews are ethnically White. Y DNA testing has shown that they originate from the Levant, and since I consider the other descendents of the Levant White, they may be considered racially White too.

2: The Jewish Religion

This is where I believe that most of the problems from Jews occur. Especially from Rabbinic Judaism. Here’s some quotes from the Talmud and other Jewish works that you may enjoy:

Moed Kattan 17a: “If a Jew is tempted to do evil he should go to a city where he is not known and do the evil there.”

Erubin 21b: “Whosoever disobeys the rabbis deserves death and will be punished by being boiled in hot excrement in hell.”

Sanhedrin 59a: “A goy (gentile) who pries into The Law (Talmud) is guilty of death.”

Sanhedrin 58b: “If a heathen (gentile) hits a Jew, the gentile must be killed.”

Sanhedrin 57a: “A Jew need not pay a gentile (“Cuthean”) the wages owed him for work.”
Sanhedrin 59a: “Murdering Goyim is like killing a wild animal”

Libbre David 37: “To communicate anything to a God about our religious relations would be equal to the killing of all Jews for if the Goyim knew what we teach about them, they would kill us openly.”

Yebhamoth 11b: “Sexual intercourse with a little girl is permitted if she is three years of age.”

Schanouth Hag. 6d: “Jews may swear falsely by use of subterfuge wording.”

Hilkkoth Akum X1: “Do not save Goyim in danger of death.”

Hilkkoth Akum X1: “Show no mercy to the Goyim.”

Choschen Hamm 388, 15: “If it can be proven that someone has given money of Israelites to the Goyim, a way must be found after prudent consideration to wipe him off the face of the earth.”

Choschen Hamm 266, 1: “A Jew may keep anything he finds which belongs to the Akum (Gentile). For he who returns lost property (to Gentiles) sins against the Law by increasing the power of the transgressors of the Law. It is praiseworthy however, to return lost property if it is done to honor the name of God, namely, if by so doing Christians will praise the Jews and look upon them as honorable people.”

Szaaloth-Utszabot, The Book of Jore Dia 17: “A Jew should and must make a false oath when the Goyim asks if our books contain anything against them.”

Baba Necia 114, 6: “The Jews are human beings but the nations of the world are not human beings but beasts.”

Simeon Haddarsen, fol, 56-D: “When the Messiah comes every Jew will have 2800 slaves.”

Nidrasch Talpioth, p. 225-L: “Jehovah created the non-jew in human form so that the Jew would not have to be served by beasts. The non-Jew is consequently an animal in human form, and condemned to serve the Jew day and night.”

Aboda Zarah 37a: “A Gentile girl who is three years old can be violated.”

Gad, Shas 2:2: “A Jew may violate but not marry a non-Jewish girl.”
Tosefta, Aboda Zara B. 5: “If a goy kills a goy or Jew, he is responsible, but if a Jew kills a goy, he is NOT responsible.”

Schulchan Aruch, Choszen Hamiszpat 388: “It is permitted to kill a Jewish denunciator everywhere. It is permitted to kill him even before he denounces.”

Shulchan Aruch, Choszen Hamiszpat 348: “All property of other nations belongs to the Jewish nation, which consequently, is entitled to seize upon it without any scruples.”

Tosefta, Abda Zara VIII, 5: How to interpret the word “robbery”. A goy is forbidden to steal, rob, or take woman slaves ect. But a Jew is NOT forbidden to do all this to a goy.

Seph. Jp., 92, 1: “God has given the Jews power over the possessions and blood of all nations.”

Schulchan Aruch, Choszen Hamiszapat 156: “When a Jew has a Gentile in his clutches, another Jew may go to the same Gentile, lend him money and in turn deceive him, so that the Gentile shall be ruined. For the property of a Gentile, according to our law, belongs to no one, and the first Jew that passes has full right to seize it.”

Nedarim 23b: “He who desires that none of his vows made during the year be valid, let him stand at the beginning of the year and declare “Every vow which I may make in the future shall be null” His vows are then invalid.”

Baba Mezia 24a: “If a Jew finds an object lost by a gentile ("heathen") it does not have to be returned. (Affirmed also in Baba Kamma 113b). Sanhedrin 76a. God will not spare a Jew who “marries his daughter to an old man or takes a wife for his infant son or returns a lost article to a Cuthean…””

Sanhedrin 57a: “When a Jew murders a gentile ("Cuthean) there will be no death penalty. What a Jew steals from a gentile he may keep.”

Baba Kamma 37b: “The gentiles are outside the protection of the law and God has “exposed their money to Israel.””

Baba Kamma 113a: “Jews may use lies ("subterfuges") to circumvent a Gentile.”

Yebamoth 98a: “All gentile children are animals.”

Abodah Zarah 36b: “Gentile girls are in a state of niddah (filth) from birth.”
Abodah Zarah 22a-22b: “Gentiles prefer sex with cows.”

Abodah Zarah 26b: “Even the best of the Gentiles should be killed”

Sanhedrin 54b: “A Jew may have sex with a child as long as the child is less than nine years old.”

Kethuboth 11b: “When a grown-up man has intercourse with a little girl it is nothing.”

Yebamoth 59b: “A woman who had intercourse with a beast is eligible to marry a Jewish priest. A woman who has sex with a demon is also eligible to marry a Jewish Priest.”

Hagigah 27a: States that no rabbi can ever go to hell.

Baba Mezia 59b: “A rabbi defeats God and defeats Him. God admits the rabbi won the debate.”

Menahoth 43b-44a: “A Jewish man is obligated to say the following prayer every day: “Thank you God for not making me a gentile, woman, or slave.”

Gittin 57a: Says Jesus is in hell, being boiled in “hot excrement”.

Sanhedrin 43a: Says Jesus (“Yeshu” and in Soncino footnote #6, Yeshu “the Nazarene”) was executed because he practiced sorcery: “It is taught on the eve of Passover Jesus was hung, and forty days before the the proclamation was made: Jesus is to be stoned to death because he has practiced sorcery and has landed the people to idolatry…He was an enticer and of such thou shall not pity or condone.”

Rosh Hashanah 17a: “Christians (minnim) and others who reject the Talmud will go to hell and be punished there for all generations”

Sanhedrin 90a: “Those who read the New Testament (“uncanonical books”) will have no portion in the world to come.”

Shabbath 116a: “Jews must destroy the books of the Christians”, i.e the New Testament

Minor Tractates. Soferim 15, Rule 10. This is the saying of Rabbi Simon ben Yohai: “Tob shebbe goyyim harog.” (“Even the best of the gentiles should all be killed”).
The Talmud, Oral Torah and other rabbinic texts are the root of all problems coming from Jews. The Talmud (or the rabbi’s holy book) teaches Jews that they are God’s chosen people and they are permitted to hate and exploit the goyim, and to allow pedophilia. Jews will tell you that they do not support these any more, but in reality this is what they all seek. “It was the law bro come on we’re different now goy- I mean bro.” The new world order that the Jews advocate for is one where they enslave all other goy’s.

It’s important to note that Jews are taught this by all other Jews. Their rabbi’s, teachers, family and friends, they all preach this, subconsciously or not.

If the Jews did not have connections to Judaism, then I believe that they would be able to live in White countries such as the USA. But because of the irreversible rabbinic teachings they must be removed from all European and White countries.
2.5: Infographics, pictures, memes, antisemitism

If Jews represent just 3% of the U.S. population, would it be odd for a media organization to have a Jewish President and Vice-President, a Jewish majority of Executive Vice Presidents, and a Jewish majority of C-level executives in the news? What if the majority of recently appointed anchors and newsmen of the networks are Jewish? It's almost as if... 

If roughly 2% of Americans are Jews, is it odd that a newspaper's Chief Executive and Vice-Executive are also Jewish, as well as a majority of its executive staff? It's almost as if... 

About 20% of US taxpayer funded NPR's personnel are of Jewish descent. As merely 2% of the United States population, why are dual American & Israeli Jewish citizens allowed to represent about 1/3 of the US taxpayer subsidized public radio station?
If God tells you he "chose" you and then commands you to start sucking baby dicks and causing wars and spreading degeneracy and destroying humanity maybe it isn't God maybe it's Satan you're taking order from bro

5:09 AM · 2019-12-07 · Twitter Web App

"First they came for the blacks, and I didn't speak out, because I wasn't black. And then they came for the Jews, and I didn't speak out, because I wasn't a Jew. And then they realized that all the problems had pretty much been solved, so they stopped coming for people."
At the height of American slavery, 78% of slave owners were ethnic Jews. 40% of the Jewish population were slave owners, while only 0.35% of white Americans owned slaves.

Jewish slave ship owners

<table>
<thead>
<tr>
<th>Name of ship</th>
<th>Owners</th>
<th>Ethnicity</th>
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<tbody>
<tr>
<td>Abigail</td>
<td>Aaron Lopez, Moses Levy, Jacob Franks</td>
<td>Jews</td>
</tr>
<tr>
<td>Charlotte</td>
<td>Moses Levy</td>
<td>Jews</td>
</tr>
<tr>
<td>Phoenix</td>
<td>Henry Cressey and Jacob Phoenix</td>
<td>Jews</td>
</tr>
<tr>
<td>Maryland</td>
<td>Moses Levy</td>
<td>Jews</td>
</tr>
<tr>
<td>New York</td>
<td>Nathan Mazer and Abram Lyell</td>
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</tr>
<tr>
<td>Napoleon</td>
<td>Wm. De Woolf</td>
<td>Jews</td>
</tr>
<tr>
<td>Polly</td>
<td>James De Woolf</td>
<td>Jews</td>
</tr>
<tr>
<td>White Houston</td>
<td>Jas de Soveres</td>
<td>Jews</td>
</tr>
<tr>
<td>Expedition</td>
<td>John and Jacob Roosevelt</td>
<td>Jews</td>
</tr>
<tr>
<td>Charlotte</td>
<td>Moses and Sam Levy and Jacob Franks</td>
<td>Jews</td>
</tr>
</tbody>
</table>

JEWS will not be removed peacefully. JEWS can only be removed by force.

"We virtually get away with murder, and all the goy do is to talk about it, which is ineffective since we, the masters of propaganda, always publish a contradicting account. If the Aryan would review history and apply those lessons of the past, then the pen will be thrown down in disgust and the sword wielded in the heat of passion. A recurrence to history would edify our minds and show us that the European countries solved their Jewish problem only by use of force. Thus far, we have escaped the sword... but our constant fear is that they may open their eyes and learn that no change was ever brought about with a pen. History has been written in blood, not with ink." — Harold Rosenthal, Administrative aide to Congressman Jacob Javits, his 1976’s interview.
Modern American libertarianism was largely pioneered by Jews.

Ludwig von Mises
1881 – 1973
Often considered a major figure in the revival of classical liberalism, and a highly influential figure in 20th-century libertarianism.

Murray Rothbard
1926 – 1995
The founder and leading theorist of anarcho-capitalism. A central figure in the 20th-century American libertarian movement.

Ayn Rand
1905 – 1982
The developer of the philosophical system she named “Objectivism.” Wrote several books expounding her ideas. Promoted laissez-faire capitalism, individual and property rights, and related sentiments.

Although opposed to the overall concept of libertarianism herself, her character as well as the ideas she put forth are generally associated with the modern libertarian movement.

Milton Friedman
1912 – 2006
An advisor to Ronald Reagan and Margaret Thatcher who expounded the values of a free market system with minimal government intervention in private matters. Advocated a voluntary military, freely floating exchange rates, abolition of medical licenses, a negative income tax, and school vouchers. Won the Nobel Prize for Economics in 1976.

Walter Block
An Austrian School economist and prominent anarcho-capitalist theorist. Best known for his 1976 book, "Defending the Undeletable," in which he takes contrarian positions on illegal acts which he believes are victimless, or actually would benefit the public.

Sources and more available at JewishContributions.com

Leif Johansson
Chairman of AstraZeneca

Albert Bourla
Chairman & CEO of Pfizer

Stéphane Bancel
CEO of Moderna

For full COVID Truth, join: t.me/Covid19Truth

Leif Johansson
Bilderberg Group member, Corporate and Trade Knight of the National Order of the Legion of Honour, France Chairman of ERT (European Round Table of Industrialists) Member of the Board: Bristol-Myers Squibb Company, New York, and SCA (manufacturer of timber pulp and paper)

Albert Bourla
The Business Council member (organization of business leaders with headquarters in D.C.) Business Roundtable member (group of CEOs of major U.S. corporations established to promote pro-business public policy) Catalyst member (nonprofit organization promoting the advancement of women) PHRMA member (Pharmaceutical Research and Manufacturers of America, a trade association representing companies in the pharmaceutical industry in the US.) Called “the most preeminent Greek leader” of the global pharmaceutical industry. Hanukkah is “the story of the impossible becoming possible.”

Stéphane Bancel
Known as a businessman, not as a scientist. Leads highly secretive culture. No scientific publications to its name and not sharing a shred of data publicly. None of the companies work has been peer-reviewed or scientifically-validated. Somewhat convinced investors and multinational drug makers that its scientific expertise were destined to change the world in 2012. Nature outright compared Moderna’s approach to that of Theranos. Said company underwent a rapid collapse followed by its key charged with what the SEC called “massive fraud.”

Which group is heavily over-represented in vaccine nepotism?

- Pfizer’s CEO is Jewish
- AstraZeneca’s CEO was to takeover as CEO of Israel’s Teva Pharmaceuticals which means he is Jewish
- Moderna’s vaccine was created by a Jew
- Johnson & Johnson’s CEO is Jewish
- Teva is an Israeli pharmaceutical company with a Jewish CEO
- Regeneron Pharmaceuticals CEO is Jewish
- Sputnik-V Gamaleya’s (Russia) head of research, Alexander Ginzburg, is Jewish

*** Why is 0.2% of the 7.89 billion humans battling 1000% in vaccine nepotism?
THE "SMART JEW" MYTH

The idea that Jews have a higher IQ than other races has been a popular belief for many years. However, recent studies suggest that this belief may not be accurate. 

The concept of IQ is based on the idea that intelligence can be measured and compared across different races. However, the validity of IQ tests has been questioned, and there is debate about whether IQ tests are culturally biased.

Jews have a higher representation in fields such as science and business, which has led some to believe that Jews are smarter. However, success in these fields can be attributed to various factors, such as education and social capital, rather than innate intelligence.

Recent studies have shown that the IQ of a person is influenced by a variety of factors, including genetics, environment, and education. Therefore, it is unlikely that Jews have a higher IQ than other races.

The belief that Jews are smarter than other races is a myth that has been propagated for many years. It is important to recognize that intelligence is not a fixed trait, and that everyone has the potential to improve their skills and abilities.
Indeed, the whole story of Hasidic community growth and its impact on some established neighborhoods has been pretty much ignored by the mainstream press. Hasidic activities in Brooklyn, in Jersey City, in New York ex-urb Bloomingburg and Lakewood and Toms River, New Jersey are deplorable, and attempts by local communities to fight back are regularly met with claims that the locals are anti-Semites. **Hasidim routinely register their homes as places of worship to avoid property taxes, making other local residents pay for police and fire services as well as maintenance of infrastructure.** When sufficient Hasidim become residents to get elected to the public school board, they divert the funding of state provided education to support their own private schools. As Hasidim get married within their community and do not register with the state, the women routinely file as single mothers to get public childcare subsidy checks. The men often do not work at all so they can study the Talmud so they are able to engage in wholesale welfare fraud, claiming poverty, to get food stamps, social security, and other money services.

**Hasidim also do not consider the judicial system applicable to themselves.** They have private courts that have served to hide criminals including even child molesters in their community. Once they achieve a certain presence in a town or city neighborhood, they buy up buildings and force long-term residents out. They ignore building codes and zoning to bring in co-religionists with their large families, and, once established, they create enclaves that are hostile to outsiders.
Alicia Garza (born January 4, 1981) is an American civil rights activist and writer known for founding the international Black Lives Matter movement. She has

Garza was born in Oakland, California, on January 4, 1981. She grew up known as Alicia Schwartz in Marin County in a mixed-raced and mixed-religion household, with a Jewish stepfather and an African American mother. The family ran an antiques
Why the need to Destroy Amalek? Can we identify who he is?

Some highlights:

1:51 Why does this commandment appear to be so cruel? After all it asks us to Exterminate! To kill Men, Women, and Children.

18:40 The Torah will be given and it will provide a blueprint, a guide, a map to the Jewish people, a nation, to tell them what to do. How to rectify this world - Fix it! - clean it up!

27:42 The Jews have this job, to fix this world, to rectify this world, to bring about HaShem's (God's) dwelling in this world.

28:55 We can not allow him (Amalek) to exist. He (Amalek) is the one who is interfering with our job.

40:00 Why be so cruel to him? Get rid of all of him? Men, women and children? Some people accuse us of being those who believe in genocide. That's what this is calling for right? Being so cruel, sadistic.

42:29 We are cruel to Amalek because we need to be. Because that is exactly what they would do to us if they had the chance. ... If we do not do it to him he will do it to us. So is that being cruel to him or is it being self-defense? The Torah tells us you gotta do it because he's gonna go it to you.

44:40 This is the concentration of evil. The greatest evil. The Archenemy of the Jew. What difference does it make if it's a baby? Or if it's an adult. It's the same thing, this baby will eventually be an adult. And this baby will eventually try to harm you. Do it to him before he does it to you. And you better do it because he is your enemy. ...

52:12 There are people who will always look back and say "let's just make peace with them. Let's befriend them. They are more civilized today". Torah says no. Don't come to terms, don't let your heart be appeased and complacent with Amalek.

56:40 Okay so now we've come to the question. So who is he? Who is he today? Rabbis tell us that there will be a nation in the world, right before Messiah comes, that we will be able to tell from their character and behavior who he is. And the answer is very clear. Germany. Commentaries talk about how the concentration of Amalek is mostly in that country. Does it come as a surprise? No you can see what they did and what they are capable of doing. But there's Amalek all over the world Amalek is everywhere.

1:02:02 Edom is the grandfather of Amalek. If Amalek is Germany, then who is Edom? Edom includes most of Europe. It includes the United States of America.

1:03:58 Jews received a mitzvah (command from God) of destroying any vestige of Amalek. [which includes America and most of Europe]
The Treaty of Paris, signed on September 3, 1783, ended the Revolutionary War but not the financial problems of the newly established nation. America’s war debt to France was never properly repaid, which was part of the cascade of events leading to the French Revolution.

In 1784, Solomon answered anti-Semitic slander in the press by stating:

I am a Jew; it is my own nation; I do not despair that we shall obtain every other privilege that we aspire to enjoy along with our fellow-citizens.
THE HAWK—Usually hazel or green eyes with a reptilian gaze. Often lighter colored features. Beak nose, some overlap with the goblin. A lot of Jewish yentas look like this.

THE TROLL—small beady eyes, somewhat close together and odd facial features. Sometimes prominent nose with a bulbous tip.

THE GOBLIN—This is the classic "le happy merchant" hand rubbing jew. Posterior sloped forehead, classic offensive jew nose, and greasy smile.

THE DEMON—Idols/priests/demon incarnates. Consume goyim blood and foreskins in order to survive. Still receiving compound interest from the Atlantean Age. Top of the Jew hierarchy.

The Nightmare—After feeding off goyim foreskin the nightmare has long surpassed the average human lifespan. Result of his excessive living his face begins to decay and fall.

THE RAT—The Jewish rodent phenotype is more commonly seen in mice, like the goblin. Common characteristics include the sloped forehead, bushy eyebrows, beady eyes, a less offensive nose, weak chins and thin lips.
Israeli organ-smuggling ‘mastermind’ arrested in Cyprus

Israel has arrested an Israeli-American man accused of smuggling organs from dead Palestinians to Israel.

The suspect, identified as an Israeli citizen who holds dual Israeli-American citizenship, is accused of being involved in a network that covertly transfers organs from Palestinian bodies to Israeli hospitals.

The operation is said to have been facilitated by the Palestinian Authority, which has been accused of allowing the illegal organ trade.

The suspect is reportedly due to be deported to the US within the next few days, where he faces criminal charges.

Israel Admits Harvesting Organs From Dead Bodies Without Permission

Israel has admitted to harvesting organs from dead Palestinian bodies without permission or compensation.

The revelation comes after years of international condemnation and legal battles, as well as a series of leaks from former Israeli employees who worked at the country’s so-called “organ harvesting” clinic.

The practice of harvesting organs from dead bodies has been widespread in Israel, with many of the organs being sold to wealthy and powerful individuals.

Doctors and other medical professionals have been implicated in the illegal harvestings, and the Israeli government has been criticized for its failures to regulate the industry.

Who Is Behind the Rise in Transgenderism?

The rise in transgenderism has been attributed to a variety of factors, including increased acceptance, awareness, and legal protections.

Some experts believe that the rise in transgenderism is due to a rise in mental health diagnoses, particularly gender dysphoria.

The prevalence of transgenderism is also increasing in the general population, with many young people identifying as transgender.

This increase has led to calls for more research and understanding of the factors that contribute to transgenderism.

NFT Finds ‘Disproportionate Role’ of Israelis in World Organ Trafficking

An NFT investigation has found a “disproportionate” role of Israelis in the global organ trafficking industry.

The NFT investigation, which involved an extensive investigation of Israeli-run websites and online transactions, found that Israeli companies were involved in the illegal organ trade.

The findings suggest that Israel has a significant role in the illegal organ trade, with many of the organs being sold to wealthy and powerful individuals.

The Israeli government has been criticized for its failures to regulate the industry, and for its role in facilitating the illegal organ trade.

Israeli Guilty of First Organ Trafficking Case in US History

A former Israeli soldier has been found guilty of organizing an organ trafficking operation in the US.

The defendant, a former Israeli soldier, is accused of smuggling organs from Palestinian bodies to Israeli hospitals, and then selling them to wealthy and powerful individuals.

The operation is said to have resulted in the death of over 100 Palestinian bodies, with many of the organs being sold for thousands of dollars.

The defendant is due to be sentenced in the coming weeks, and is expected to face significant prison time.

Rosenbaum was identified to the FBI seven years ago as a major figure in a global human organ ring.

The FBI first became aware of the operation in 2014, after receiving a tip from an anonymous source.

An investigation by the FBI and other law enforcement agencies eventually led to the arrest of the defendant and the dismantlement of the operation.

The operation is said to have involved the smuggling of organs from Palestinian bodies to Israeli hospitals, and then selling them to wealthy and powerful individuals.

The operation is said to have resulted in the death of over 100 Palestinian bodies, with many of the organs being sold for thousands of dollars.

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4,000% Explosion in Kids Identifying as Transgender, Docs Perform Double Mastectomies on Healthy Teen Girls

The rise in transgenderism among children has been attributed to a variety of factors, including increased awareness, acceptance, and legal protections.

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Magnus Hirschfeld, a Jewish “sexologist” in Waimar Germany, is considered the pioneer of transgenderism. He created the Institute of Sexual Research, where he performed the first ever sex change surgery. Since then, transgenderism has exploded in popularity in the 21st century. Here’s who is leading the push:
He he yes white goyim give your children to me and I'll make them think they're girls. He he thus they'll all either kill themselves or become genetic dead ends.

Ov vey, goyim... it's just too easy.

*Notice that the camp is disproportionately white and not only that but the white people are REALLY white. Like Scandinavian style white.
Does this look Biblical to you?

3 alleged leaders of New York-linked Jewish sect arrested on charges of kidnapping 2 children

By Lukas Mikelionis | Fox News

Children pimped out for sex to Israeli businessmen & newly discharged soldiers.
14 Israelis & 2 Colombians involved.
ISRAELIS IN COLOMBIA? Apparently they are in other places in the GAP too. (see comments)

Jewish Ancestry Revealed, NY Klan Chief Kills Self

The Child-Rape Assembly Line

Police Nab Israeli Suspects in Colombia Child Sex Trafficking Ring (VIDEO)
Who is really our greatest ally?

The US and Israel have never fought side by side.

US financial aid.
- Israel receives 3+ billion annually from American tax payers.

Israel has been caught spying on America.
Multiple times.

Israel stole America’s nuclear technology, illegally used it to create a weapons program, refuses to allow inspections.

Threatens to use nuclear weapons against the world with their ‘cassandra option’ if they don’t get their way.

Israel has committed well-documented terrorist fakewar attacks against America. USS Liberty, Lavan Affair, 9/11 (RDI reports suggest prior knowledge and possible direct involvement).

Many documents regarding 9/11 have been kept secret from the public to protect America-Israel relations.

Jewish special interests, noncom and Jewish owned American media outlets have promoted the American foreign policy agenda of undemocratic regime change in the middle east.

Destabilizing Israel’s neighbors for the benefit of Israel and the pursuit of their Greater Israel Project, to obtain more land and resources, as they continue to expand their borders and build illegal settlements.

Israel has committed war crimes against the Arab peoples, including the illegal use of white phosphorus chemical weapons.

Israel is an illegal occupying state, which imposes apartheid conditions on the native Arab people.

Israel-American relations causes massive resentment against the west. America pursues the interests of Israel has caused a catastrophic refugee humanitarian crisis, the spread of ISIS and a huge increase in terrorism against the west.

Fought together in.
- Israeli Revolution 1948-1956
- WWI 1914-1918
- Russian Civil War 1918-1920
- WWII 1939-1945
- Korea war 1950-1953
- Vietnam war 1965-1973
- Gulf war 1990-1991
- Iraq War 1991-2003
- Ongoing war on terror 2003-

US financial aid.
- Australia receives the least US foreign aid of any country in the world.

Moon Landing.
- Australia assisted the NASA Apollo 11 mission to land a man on the moon. The Australia Parkes Radio Telescope broadcast the television images.

Culture.
- English speaking, majority white Christian nation. Way of life very similar to America, heavily influenced by American culture.

Military Bases.
- Australia hosts several American military facilities and weather stations.
- Including the massive Pine Gap earth station which employs approx. 1000 US and Australian personnel.

Thousands Of Israelis Take To The Streets Calling For Palestinian Genocide

A reporter at the scene remarked that it seemed “more like a celebration of murder than anything.”

By Whitney Webb | October 6, 2018

https://archive.org/1Bk4m1
One of the more common memes that I’ve seen white supremacists spread around recently has been "diversity is a code word for white genocide". The concept here is that diversity is only promoted in white nations, and that the end goal is to eliminate white people altogether by flooding all white countries with non-white people until there are no white people left. Well, guess what, white supremacists? That's exactly right. Diversity IS about getting rid of white people, and that's a good thing.

So, yes, white supremacists: diversity is indeed white genocide. And white genocide is exactly what the world needs more than anything else.
Since the Jew’s whole nature still retains too foreign an odour for the broad masses of the people to allow themselves to be caught in his snare, he uses the Press to put before the public a picture of himself which is entirely untrue to life but well designed to serve his purpose. In the comic papers special efforts are made to represent the Jews as an inoffensive little race which, like all others, has its peculiarities. In spite of their manners, which may seem a bit strange, the comic papers present the Jews as fundamentally good-hearted and honourable. Attempts are generally made to make Jews appear insignificant rather than dangerous.

—Adolf Hitler, Mein Kampf, chapter 11.
BREAKING - Putin's Russian military missiles just hit the Babi Yar Holocaust memorial site.

33,371 Jews were horrifically murdered at Babi Yar.

Putin has just killed them for a second time.
The odd appearance of the man leaning against the pole, especially where his shoulder meets the pole; as well as the facing left edge of his left arm, are dead giveaways of the fake forgery.

The original Buchenwald barracks photograph was published in the Feb 6th, 1945 edition of The New York Times Magazine.

This forgery is blatantly obvious for several reasons: 1) the stock of the machine gun is completely missing between the left arm and left leg of the girl on the left. 2) the horizon and grass lines where the soldier was in the original is an exact copy of an area slightly to the left.

Look closely at the forgery and compare the horizon and grass lines above the rail.

The forgery is relatively well done except that the angle of the light striking the woman is substantially different than the angle of the light in the rest of the photographs. The photograph was captured near high noon, but here it was captured a few hours earlier or later. This is apparent in her ground shadow and the lack of any shadow on the stop her figure was placed on.

The original photograph used to create the Nazi tank hanging forgery.

Another obvious forgery; the two men are not looking at each other because the angle was changed when they were moved apart. The man on the left appears to be looking behind the gun on the right. Also the fly of the pants of the soldier and the woman were taken at different times of the day and the contrast is different.

In the original it is clear the soldiers are looking directly at one another.

Besides the odd appearance of the woman; the straight edge along her right arm and the soldier's abnormally long left arm and large hand give away the obvious forgery.

The original photograph is far less dramatic.

Besides the very unnatural appearance of the woman; the man standing in the center of the original photograph was not completely removed by the forgery. The left (his left) bottom part of his purpose is still visible. Also the nose the woman appears to be hanging from is actually a pole in the distant background.

In the original it is clear that the "rings" used to hang the woman in the forgery is actually a pole, perhaps a utility pole.
There are 30 cabinet-level officials in Joseph Biden’s regime. Jews are 3% of the population if there is no racist preference for selecting Jews for top positions, about 1 of the 30 cabinet-level officials would be a Jew. But Jews have 1600 to 2700 more cabinet positions than that. Is it fair to conclude that any journalists who avoid talking about the semi-sect of America are liars and enemies of the people? Could it be that Hitler only tried to save his people from Jewish racist?
3: Conclusion

The Jews are responsible for many problems that we in the western world face today. They will stop at nothing to ensure that they have full control over the goyim. The most common way the Jew does this is by weakening us with their propaganda. Since they mostly own mainstream media, this is easy. They will create infighting between our people and races so we are fighting each other rather than them. For example, currently the Jews are spreading ideas such as Critical Race Theory and white shame/guilt to brainwash Whites into hating themselves and their people. For our self-preservation, the Jews must be removed from our Western civilizations, in any way possible.

I should also mention that not all “Jews” are ethnic or religious Jews. Jeff Bezos for example is not a religious or ethnic Jew, but may be considered a Jew. All elitists and globalists may be considered a “Jew” simply because they act like one.

About East Asians

When I refer to East Asians, I refer to those of Japanese, Korean, and Eastern Chinese descent. I think that East Asians are quite admirable. The average East Asian tends to perform better in academics than the average White, which of course leads to more skilled and higher-paying jobs. This is all due to superior traditional values and genetics. However, they do not belong in White civilizations. To preserve our cultures and people we must be physically separated. Whites and East Asians will lead the way in technological advancement, we shall be close friends but never lovers. I worry about problems they are having, such as a depopulating society, rising cases of mental illnesses, and virtual relationships that seek to replace real relationships. I hope that they solve these problems before their society crumbles and is replaced by other races.
About Arabs and Modern Turks

When I refer to Arabs, I refer to those who originate from the Arabian peninsula and invaded the Middle East, Northern Africa, South Eastern Europe, and the rest of the world. They do not belong here in White countries, they have a very strong culture and seek to replace all cultures of the world. They are always Muslim, and they have to be removed from White Civilization, preferably at the same time the negro’s are removed. I do consider some of them to be racially white but they shall not be White because of their ties to their religion.

Modern Turks have been invaded by the religion of Islam. 99% of all ethnic Turks claim that they are Muslim, and more and more of Islamic beliefs are being integrated into Turkic culture, education, and lifestyle. The only difference between them and the Arabs, is that they are racially White. When they immigrate to other European or White countries they shall be considered invaders. Although they may be racially white, they cannot be considered White because of their ties with their religion, same as Jews.

About Whites

When referring to Whites, I refer to those who are descendents of ethnic Europeans, which includes all of Europe except for the Uralics (descendents of eastern Siberians, which are considered Asian) in North Eastern Europe. I consider descendents of some middle eastern countries White too, like Lebanon, Iran, and Iraq but unfortunately they have been majorly replaced by Arabs and Islam, therefore they cannot be considered White.

There’s two things a person must have to be considered White. They must be both racially white and culturally white.

Racially white refers to the person’s genetics. These genetics can be sourced to the first Cro-Magnons that settled in Europe 48000 years ago. The reason why many descendents of middle eastern countries such as Iran or Iraq may be considered racially white is because of the conquests of turkic and slavic people throughout history. Racially white people can be found by having a primary R1A, R1B, or “L”, haplogroup.

Culturally white of course refers to their culture. What is white culture you may ask? White culture is the norm of advanced societies today. Hard work ethics, religion based on Christianity, values in justice and law, emphasis on science and the scientific method, and need for the truth are just some major points of White culture.

One cannot be considered White if they do not have both of these traits. For example, a black man who lived in France all his life and is culturally White will never be considered White because of their genetic origin to Sub-Saharan Africa. While a white person who has turned away from his people and culture in favor of another will not be considered White.

The brilliance and creativity found in White’s is incomparable to all other races, therefore I believe that White’s are superior.

“Umm actually, Irish/Lebanese/Turkic/Spanish/Caucasus/Finnish people aren’t racially white.” Well I see how you may think that, obviously we look much different from each other and have different ancestries. But the fact is White’s are the most diverse race of all races on
Earth. The brains between Whites are actually not that different when you look at IQ data under similar living conditions, and that is the exact thing that separates Whites from all other races. I do agree however that we are all not the same and should preserve our unique people and culture by being separated. The only reason why I’m using the term White’s is because I call for our unification (for now) to combat our genocide.

**About Everyone Else**

If you didn’t get it by now, I believe that all races and people do belong on the Earth, but only where they are biologically made to be. Whites do not belong in Nigeria the same reason why blacks do not belong in England. They have been shaped by the region of Earth just as they have shaped their Earth. Indians, Natives of America, Filipinos, ect, all belong in their designated homelands. My only exception to this would be if that land is already anchored to another race, for example Australia, New Zealand, Argentina, Uruguay, and the USA are now anchored to Whites, while Iran, Iraq, and Syria are anchored to Arabs. Expecting this complete transformation after hundreds or even thousands of years of development is completely unrealistic.

**About Money: Fiat, Crypto, and Metal**

The fiat currency in all developed and undeveloped countries is an absolute joke, the fact is it has no real value. Fiat currency only works because a group mutually agrees on its value, and if it must be used to pay taxes or pay for goods and services then it has value in that sense. Fiat currency gives central banks greater control over the economy because they can control how much currency is printed, and you want to know (((who))) is behind those central banks? Inflation is inevitable with fiat currencies and globohomo, which means just by holding a dollar in a bank or in your hands you are losing its value. The Federal Reserve can produce US dollars for such a small cost to its face value, $100 bills for example can be created for only 14 cents. By some theories, a $100 bill only has the value of 14 cents as a piece of art.
In the US, 2020 saw an ENORMOUS spike in the M1 money supply, and we don’t even know the true value anymore because (((they))) discontinued it. If you thought the current inflation rate is bad, the real rate based on the M1 money supply is so much worse. Get out of fiat while you still can, as of writing this it has some value. Cryptocurrency is one way to escape fiat, and is quite valuable in the way that one can trade online with it easily. But it’s a bad idea to hold wealth for various reasons:
1: It doesn’t have any value in real world application, and can not be used in the real world as a resource.
2: It is technology dependent and completely traceable, which means globohomo knows (and you don’t want them to know)
3: Can be infinitely replicated without restrictions; there’s an infinite amount of crypto currencies that can be made
4: Is toxic to the environment through endless mining and overuse of graphic cards.
5: Is absolutely worthless, and only takes up space as a file on a drive

Crypto is completely based on the greater fool theory. As long as there is a sucker willing to spend their fiat money on it, it will have value. I can’t explain it any better this: [https://www.jacobinmag.com/2022/01/cryptocurrency-scam-blockchain-bitcoin-economy-decent-ralization](https://www.jacobinmag.com/2022/01/cryptocurrency-scam-blockchain-bitcoin-economy-decent-ralization)

The entirety of cryptocurrency is a scam, a fraud, a ponzi scheme, and a waste of money. The only decent crypto currencies to really get into are ones that are backed by real money. What is real money you might ask? The answer: precious metals

Silver, gold, and other precious metals are also a way to escape fiat, and is the best option to escape fiat for various reasons:
1: It will always be valuable because it is MONEY.
2: Cannot be created/mined for almost nothing, will always take major industrial work to mine and process.
3: Physical precious metals can not be traced as easily as stamped fiat currency or online.
4: Has many physical properties that are unique and have real world application. Silver for example is antimicrobial and the best conductor of electricity.
5: Jews hate it when you convert fake money to real money, therefore you should do it. Remember the Jew loves it when people are in debt to them

The easiest precious metal to get into is silver, and has a relatively small market compared to gold. It is the cheapest and most easily found in older currencies. Pre 1965 American dimes, quarters, and half dollars are easily found in coin shops and antique shops and such, and are made of 90% silver. If you don’t live in the US you should look up your countries silver currency and find more info about their weight and silver percentage. Silver bullion can also be bought and is usually measured in troy ounces, or grams. Jewelry items can also be bought but I found that they are quite more expensive for the amount of silver you get from it.
Gold is much more difficult to get into because American gold coins stopped being manufactured in 1933, and is much rarer than silver coins, which were discontinued in 1964. Gold bullion also exists and is measured in troy ounces or grams as well. I know you know gold jewelry exists and is also an option.

Fakes exist and make me quite frustrated. I think in my lifetime I’ve had 1 fake Morgan dollar and a fake 1933 double eagle a family member (?) gave to me. 1 fake peace dollar that I accidently bought and returned, and 1 fake 1803 bust dollar someone tried to sell me. The best way to tell if metal is what it’s claimed to be is to Sigma test it, but those machines are quite expensive. Normally I measure the mass, measure the dimensions, and ping test it to make sure it’s right before I buy any silver, and for gold I would only buy it if it can be sigma tested.

Banks are run by the Jews, we should all know this by now. Banks offer the protection of your money and wealth but at the cost of ruining the AMERICAN DREAM. They give YOUR money away for loans. Why did we let the Jews psyop the world into forgetting about real money? Because they want to control the whole economy by DEBT.

The (((money printers))) have the capabilities to print as much money as they want to continue this debt-based fiat system that we have currently. The only way to stop it without revolution is to stop using fiat altogether. I’ll say this again but this time in caps: GET OUT OF FIAT WHILE YOU STILL CAN

Maybe you don’t believe me when I say that precious metals are the best option. That is perfectly fine. There are other resources and investments that will pay you great dividends in the future. I would look into land development, self sustaining equipment, and knowledge and practice of real skills.

So like I said before… *breathes in*

GET OUT OF FIAT WHILE YOU STILL CAN!!

Weapons, Equipment, and Mentality of the Attacker

The greatest weapon a human has is not a firearm, explosive, or nuclear weapon, but the mind. We as humans are blessed to have such a powerful brain that can effectively solve nearly any problem that comes our way. Through logic, reasoning, and willpower, humans dominated the Earth. The brain is the most important tool a person uses everyday, and is the most deadly weapon an attacker can use.

An attacker must first go through with an attack in their mind. They must plan everything they can. Commiting to an attack without any real thought or planning will only damage your chances of being successful. I’ll insert my plans and thoughts here, critique this as much as possible.

Goals:
-Kill as many blacks as possible
-Avoid dying
-Spread ideals
**Strategies for success:**

- To maximize deaths of the intended target, attack in a high density, highly populated area.
- The weapon must be able to kill quickly and efficiently. A firearm that is light, deadly to others (basically all firearms fit this category), can fire ammunition as quickly as needed, can hold many rounds of ammunition without reloading, and can reload quickly are most optimal for this attack.
- Prioritize high threat level targets first.
- Be able to physically do all exercises.
- To minimize the chance of instant death from a CCW holder, police, or general armed citizen, body armor and ballistic helmet that will stop the intended threat will be needed.
- A car can be used to quickly transport the attacker and his equipment, most cars are good enough for this application.
- Proper planning of the attack route is needed.
- Attacking in a weapon-restricted area may decrease the chance of civilian backlash. Schools, courts, or areas where CCW are outlawed or prohibited may be good areas of attack. Areas where CCW permits are low may also fit in this category. Areas with strict gun laws are also great places of attack.
- Having a medical kit that can treat expected wounds is needed.
- Greater public influence may be achieved by using techniques that increase media coverage.

**Strategy application:**

- Zip code 14208 in Buffalo has the highest black percentage that is close enough to where I live.
- Top’s Market is an area in zip code 14208 where a high percentage and high density of blacks can be found.
- Top’s Market has 1 or 2 armed security guards with full size glocks, IIIA armor will stop their ammunition.
- According to Google and independent study, 4:00 PM on Friday is the most populated time at Top’s.
- I made a map of the inside and decided the best plan of attack for highest chance of success.
- NY has cucked gun laws. Assault style weapons and high capacity magazines are illegal for civilians to own, thus lowering threats from law-abiding civilians.
- The AR-15 and its variants are very deadly when used properly. Which is the reason why I picked one. High capacity magazines and ammunition that causes (enough) ballistic damage to kill effectively will be used. The AR-15 is readily accessible even in cucked New York, and after some modifications will be able to effectively kill. Plus, the media loves to hate on the AR-15, which may increase media coverage and public outrage.
- I will be wearing decent body armor and a helmet to protect from other people’s firearms.
- I will have a JFAK on my belt in case I need to treat myself for gunshot or sharp/blunt weapon wounds.
- I will use my car to store my guns and transport myself around quickly.
- Video will be livestreamed and manifesto published online to increase coverage and spread my beliefs.

**The plan of action:**
- At home I will pick up all my gear and put it in an industrial trash bag, then I will put this bag in a laundry basket and place it on the floor in front of the passenger seat. I will put the three guns (two of them have carriers) behind my seat with a blanket over them to cover it from outsiders. I will also have discord at my house running a live recording of my twitch account.
- I eat a large portion of corn beef hash for breakfast.
- I will leave my house at 7:30 and travel to Buffalo in regular clothing, should arrive just before 12:00.
- At 12:00 I will go inside the store for the second to last time and make sure everything is as expected.
- I will follow my planned course of action and make sure I know exactly where to go between 12:00 and 2:45. I will also get some food at McDonalds.
- At 3:30 I will park in the designated gear up spot off of Sherman St and fully gear up. I will take my 3 guns out of their carriers and put them in the passenger seat of my car. I chamber the shotgun and add another in the magazine tube, and do the same to the savage axis. Both of these guns will have the safety engaged. (I may change the location I gear up if I determine it is too risky.)
- At 3:50 I will publish my 8chan post on 8chan.moe, 4chan post on 4chan linked to 8chan post, send links to the discord servers I’m in, and send links to all people on my discord friend list. After I’m done posting I will take the XM-15 and properly wear the sling and place the gun to the left of my legs. I insert the coupled magazines, chamber a round with the M855 mag and make sure the gun is on safe.
- At 3:55 I start the livestream, and make it out onto Sherman St, I will take a right on to High St, take a right onto Johnson St, make it across Best St onto Wohlers Ave, and park on the side of the road just before Riley St.
- At 3:57 I will turn the check my discord and check the camera to make sure the livestream is working.
- At 3:58 I take a left on Riley St, I then turn into the parking lot at Top’s and disengage the safety on my XM-15.
- At about ~4:00 I park in front of the store right before the support beam, kick open the door and jump out of my car. In training this full action took between 2-3 seconds.
-I first shoot the security guard and kill him by shooting through the front doors of the glass. His most common areas are located in orange. There is an overhand based on the camera position I should be in the camera’s blindspot. He should be just at the entrance of the store, if not at the cash registers. They may still have the glocks attached to them or they may have dropped it. If possible I kick the glocks away to a wall so it can not be used against me.
-I shoot all black people twice in the chest if possible, I turn left to the cash registers and open fire on the expected crowd of people at the cash registers. According to user reviews the store is notorious for being slow. Some will run away along the aisles. I make sure I never stop firing.
-I make it on the other side of the aisles and continue firing on all blacks, I go into the customers only area to check for runners and hiders, and make it to the deli and then back to the entrance.
-I shoot all downed blacks twice in the head, making my way to the register and aisles again, and back to the deli and back to the entrance.
-It should be leaving at about 4:04.
-Then I will go into my car and make it south on Jefferson Ave. Where I will take my Mossberg 500 and Savage Axis out from the seat and shoot at blacks on the streets.
- If all is expected I should pass some responding patrol officers at this time on Jefferson.
- I pass the House of China and start making my way across the Emslie neighborhoods, using all
  weapons I have available to me to shoot at nearby blacks.
- I should be stopped by police officers eventually in Emslie and then surrender to them. Or if I
  find another decent location the day of the attack (example being Walmart) I’ll head there.

  Most importantly, the attacker must go through with the attack in their mind, it is very
difficult for a normal person even with all the information to carry out an attack that will kill
another human being, or the fact that you may die that day. I don’t think there really is a way to
train for this, but confidence in your goals and equipment may ease them. I think that live
streaming this attack gives me some motivation in the way that I know that some people will be
cheering for me. I am also decently protected by my armor so that gives me some confidence as
well. Training with my guns also gives me confidence knowing exactly what I can expect by
shooting them.

**The Weapon**

Of course how is one expected to kill another without a weapon? I will be using firearms
as my primary weapon for this attack. Why? Because they work. There are very few weapons
that are easier to use, accessible, and effective at killing than firearms. The weapons I will be
using for this attack are a Bushmaster XM-15, Mossberg 500, and a Savage Axis XP.

**Bushmaster XM-15 E2S Target**

![Bushmaster XM-15 E2S Target](image)

This is my Bushmaster XM-15. That’s right, I used the dreaded military grade assault
rifle-15 as my main firearm for this attack. This gun was most likely made between 1994 and
2004, when the Federal Assault Weapons Ban was still in action. I bought it from a place in
Endicott called Vintage Firearms. Since I live in New York, I had to buy a cucked version of this
before illegally modifying it. The person who had this before me installed a Mean Arms
magazine lock, which fixed a 10 round magazine (higher capacity magazines are also illegal) to
the gun. As seen in the next 2 photos…
I used a Cobalt Speedout #2 drillbit and my dad’s power drill to take out the magazine lock, which I then replaced with an Anderson Manufacturing magazine release and spring, the same one I used can be found in the parts kit here.


I thought it was a good idea to buy a cheap lower parts kit just in case any of the parts inside breaks or malfunctions, considering the gun is quite old, but as of writing this nothing is wrong with any of the parts, so it just ended up being a waste of money.

In all honesty this is probably the worst AR-15 I could’ve bought for this mission, and I go over why down below. Since I live in cucked New York, and I am only 18, I can’t legally buy a lower or a standard “assault rifle” online. I can’t even afford the drilling equipment to make a lower out of a P80 build. My best choice would have probably been to drive around gun shops in NY and try and convince them to sell me a decent lower as a rifle, or by buying a complete fixed magazine rifle and just illegally modify it to allow me to use the illegal magazines I already had. I could’ve even bought an NY-safe featureless rifle, but what kind of cuck does that? I’ve thought about buying a lower online through some gun forum or something but I thought no matter what I would have to go through a background check at some point.

I’ll go through a list of some parts of this gun for my fellow gear queers out there. And as always, let’s go tip to butt…

Prepare for the cope by the way, I coped very hard writing this
(NOTE: I’m not a firearm expert, also legally I am required to tell you not to disobey gun laws (but in reality you can do whatever you want to))
**Unthreaded muzzle:**

This is one of the things I dislike about this gun, it has a flat muzzle and muzzle devices cannot be attached because it is unthreaded. In testing it takes about 0.5 seconds in my standard shooting position for the muzzle to return to where I am aiming it, which absolutely sucks. However since I am indoors it shouldn’t matter too much as my targets are going to be much larger. I have also noted that sometimes I do get lots of flash which is visible when aiming down sights.

**Better options:**

Really any muzzle device would help in some way. I would prefer a flash hider/compensator combo for my build for the below reasons.

**Muzzle device notes:**

- All muzzle devices have a different purpose. They can normally be defined into three different groups; a flash hider/flash suppressor, a muzzle break, and a compensator. Flash hiders are designed to divert gasses in a way so the muzzle flash doesn’t blind the user, they also reduce the user’s signature when firing. Muzzle brakes are designed to redirect gasses away from the user to minimize recoil. Compensators are designed to redirect gasses upwards to reduce muzzle rise. Various muzzle devices combine these.
- In reality standard A2 flash hiders are decent enough to use in nearly all situations.
- Some muzzle devices have the ability to attach suppressors.
- I didn’t add any blast cans but they do exist and are intended for a more pleasurable shooting experience, especially when shooting with shorter barrels.

**Flash hiders:**

A2 flash hider - $10
Silencerco ASR flash hider - $78
Dead Air flash hider - $89
Rugged R3 flash mitigation system - $100
Knights Armament QDC 3 prong flash suppressor - $124
Surefire SF3P flash hider - $149

**Flash hider/compensator combo:**

Daniel Defense Superior Suppression Device - $66
Daniel Defense Gen II Muzzle Climb Mitigator - $77
Griffin Armament FlashComp - $110
Surefire WARCOMP CTN - $149

**Muzzle breaks and/or compensators:**

BCM GunFighter Compensator mod 0 or 1 - $100
LANTAC Dragon muzzle brake -$130
Daniel Defense WAVE muzzle brake - $144
Alternative option:

The best option if I could choose it would most likely be a suppressor such as the Daniel Defense DD WAVE 7.62 QD or Surefire RC2 suppressor. OSS HX-QD 5.56 and Knight’s Armament suppressors also seem nice. Suppressors help by mitigating muzzle flash and some recoil, and by moderating the noise produced. Unfortunately suppressors are hard to get in the US legally, and I don’t have the machining equipment to make one. Also the kits I could buy online are all aluminum, which is not a good option.

Bushmaster 20” heavy barrel, 1/9 twist with forged front sight post:

You read that right, TWENTY INCHES. This is literally the worst option for me since I will be mainly indoors and in my car. One of the reasons why the time to get out of my car is so high is because this is so long. I suspect the heavy barrel will help with some overheating/accuracy problems, but since I’m going to be indoors it literally doesn’t matter. The 1/9 twist is fine and will work great with the 55 grain ammo I will be using. This barrel is already of decent pre (((freedom group))) Bushmaster quality, from what I found online it is chromium plated on the inside and phosphate finished on the outside.

Better options:

Since I will be mainly indoors, in my car, and shooting in a city, shorter barrels are preferred. I will be shooting rounds quite rapidly and don’t need the extra accuracy a nitride barrel would provide, so phosphate/chromium is the way to go. If I could choose a barrel, it would be the Daniel Defense 11.5” barrel or a similar option.

Barrel and gas block notes:

-.223 wylde barrels are becoming more popular with long range precision shooting, they are capable of accurately firing .223 Remington and 5.56x45 ammunition.

-Make sure to get the proper barrel feed ramp for your upper receiver. M4 feed ramps should go on M4 style receivers, A2 feed ramps should go on A2 style receivers. An M4 style feed ramp can work on an A2 receiver but an A2 feed ramp should never go on an M4 receiver.

-Phosphate and chromium vs nitride finish: Nitrided barrels are made by gas nitriding and will affect the entire barrel, and they provide decent protection from wear and corrosion. Phosphate barrels are made by phosphate conversion coating and are also a decent way to protect the barrel.
from wear and corrosion. Chromium plated bores usually come with phosphated barrels and are more suited for full auto and rapid fire due to its better heat and friction resistance. While nitrided barrels may be more accurate. It's not like the finish of your barrel actually matters that much. What’s important to realize is that both are great finishes and will protect your barrel from corrosion and abrasion. 

- **Barrel weight/profile:** By the rules of thermochemistry, lighter barrels will become much hotter than heavy barrels after firing, which may change point of impact or widen the grouping. They will also cool off faster than heavy barrels. Lighter barrels are of course easier to carry and more ergonomic than heavy barrels. From lightest to heaviest, AR-15 barrels tend to go from pencil (light) > government > bull (heavy).

- **Barrel steel material:** The most common types of barrel steel are 4140, 4150, chrome moly vanadium, and stainless steel. From lowest wear-resistance to highest, the list goes from stainless steel > 4140 > 4150 > chrome moly vanadium. Cold hammer forged barrels are generally preferred over button-rifled or cut-rifled barrels due to its longevity and durability.

- **Barrel twist rate and ammunition used:** To properly stabilize the projectile, the proper twist rate must be used. 1:7 or 1:8 twist rates are the most common, and they can generally accurately shoot 55 gr to 77 gn ammunition. Look up “5.56 twist rate chart” for more information on proper bullet grain weight and twist rate.

- **Muzzle device threading:** The standard thread pitch for AR-15 barrels is ½” x 28

- **Gas system lengths:** There are 3 types that are most common; carbine, mid-length, and rifle. These are specifically designed to go with the barrel length to allow the firearm to cycle properly. Preferably you would want the longest gas system length possible for your barrel because longer gas systems result in smoother recoil impulse and cycling. Some handguards can only fit certain barrel gas system lengths.
-Adjustable gas blocks do exist, and they are nice if you really want to optimize the performance of your gun. However, it’s important to note that they can only constrict the amount of gas sent back to the bolt. So if you’re experiencing an undergassed firearm, an adjustable gas block will not help.
-Low profile gas blocks exist, and some handguards require them to fit. They often come with the barrel.

**Decent barrel manufacturer list:**
Daniel Defense  
White Oak  
Wilson Combat  
LaRue Stealth  
FN  
BCM  
Ballistic Advantage  
Criterion  
Faxon

**Rifle length M16a2 type handguard:**
Goes with the barrel, +10 coolness factor. Downside is that the handguard is not free floated, which will lead to slightly decreased accuracy (not a concern here) and excess heat from the barrel traveling to the handguard. Leather heat-resistant gloves will be beneficial here.

**Better options:**
Picatinny/1913 is also a great handguard option, with nice aesthetics, stronger frame than M-LOK, and great mounting solutions. One downside is that it is heavier than M-LOK.
Preferably you would have a free floated handguard. There’s a lot of good options out there, whatever you do don’t go with keymod, it’s gross.

**Decent M-LOK handguards:**
LaRue Tactical Lok: $86-$162  
Bravo Company MCMR - $180-$200  
Daniel Defense Omega - $222-$244  
Noveske NSR - $250-$290  
Midwest Industries ULW - $270-$300  
Knights Armament URX - $270-$300  
Geissele MK8 or MK14 - $275-$300  
Daniel Defense MFR: $300-$333
Decent picatinny/1913 handguards:
LaRue Tactical Slick: $111-$162
Midwest Industries CRT: $170-$230
BCM QRF: $185-$200
LaRue Quad Rail: $212-$282
Centurion C4 Picatinny Rails: $280-$320
Knights Armament Corporation RAS: $320-$520
Daniel Defense DDM4: $407-$440
Daniel Defense RIS II: $476

No weapon light :(   
I used to have one of those cheap chinese lights you get at Walmart duct taped to the handguard, but I removed it because I believe I won’t need it. Plus it looked really stupid.
Better options:  
Preferably I would have an M-LOK or picatinny handguard that can actually properly attach lights. I believe that all war-guns should have lights attached. You can get pads by the way so you don’t have to reach forward and press the tailcap to turn the light on. There’s many good options for lights and unfortunately I am out of time to research them more. Whatever you do, don’t pick Olight, they suck and have a tendency to explode.

Weapon light options:  
Arisaka/Modlite 18650 series: $220-$440
Surefire M300C Scout Light: $300
Surefire M600DF Scout Light: $300
Cloud Defensive Rein: $300

Cheap nylon sling that can free with the gun:  
It just works okay? If somebody tries to grab my gun away I will be preventing them from doing so until I can push them back and shoot/stab them. I unfortunately have these mounted to the lower sling swivels. I have tested using rope and duct tape to make a high rear mounted sling swivel, but that didn’t work out that great.
Better option:  
I would prefer to have a better stock with a top positioned sling hole so that I can have a more comfortable sling mount. QD mounts exist and they are interesting but they make noise, which may alert any other airsofters to your position. Generally 2 point slings are good to go in nearly all situations, while 1 point slings fill a specific niche. 3 point slings are a meme and shouldn’t be used. For a right handed shooter, the two point sling should have a rear mount on the ejection port side and a front mount on the opposite side of the ejection port. But then again, find out what works best for you.
Slings:
- Surplus M16/M4 sling - $10
- Proctor sling: $45
- Blue force Gear Vickers sling - $55
- Ferro Concepts Slingster - $58
- Magpul options (there’s a lot) - $40-$75
- Haley Strategic D3 sling: $100

Fixed carry handle/rear sight:
Yeah I was debating this, it looks great on the gun as a retro rifle, but isn’t that great for CQB work. I practiced aiming down the sights and slightly above the sights while training. This was done by looking just over the rear sight and at the front sight post and imagining a dot ~0.5 inch above the front sight post. This seemed quite effective when shooting at targets innawoods.

Better options:
Since I will be in a city and mostly in a building, I really don’t have any use for any magnified optics. Preferably I would have an optic with a larger window, so that I could pick out targets easier. I would probably choose an EOtech EXPS3-0 if I could.

Notes:
- Holographic and red dot sights have their advantages and disadvantages, one of them being that red dots can last tens of thousands of hours on a single battery, while common holographic sights may last a few hundred.
- LPVO’s (low power variable optics) are getting more popular these days and are usually good to go in any situation for AR’s.
- Get good mounts. there’s no reason to spend $500+ on an optic and run a shitty amazon mount, Nightforce, LaRue and Leupold make decent mounts.
- There are many bad optics out there, the problem with these always comes down to ability to hold zero and quality control. Just don’t get bad optics guys, you will be satisfied with the price but not satisfied with the quality.
- Be warned, Holosun and lower end Vortex optics are made in China. They still have decent quality though.

Non-magnified optics:
- Holosun 403 series: $206-$258
- Vortex Crossfire: $220
- Vortex SPARC AR: $275
- Holosun 503 series: $294-$341
- Holosun 510 series: $365-$400
- Aimpoint PRO: $450
- EOtech EXPS2 or XPS3: $580
- Holosun HE512: $420-$620
EOtech EXPS3 or XPS3: $700
Aimpoint T-2: $800
Aimpoint Comp M5: $871
Vortex AMG UH-1 Gen II: $900

**LPVO’s:**
Leupold VX Freedom 1.5-4x20: $300
Vortex Strike Eagle 1-6x24: $300-$400
Burris RT-6 1-6x24: $350
Vortex Strike Eagle 1-8x24: $400-$500
Leupold VX-3HD 1.5-5x20: $700
Trijicon Credo 1-6x24: $1000
Trijicon Credo 1-8x28: $1100-$1300
EOtech Vudu 1-6x24: $1300-$1400
Vortex Razor HD Gen II-E 1-6x24: $1400
Nightforce NX8 1-8x24: $1750
Elcan SpecterDR 1-4x32: $1900
Leupold MK6 1-6x20: $2200
Vortex Razor HD Gen III 1-10x24: $2500
Nightforce ATACR 1-8x24: $2800

**Basic mil-spec AR-15/M16 charging handle:**
It just works as intended, nuff said

**Better options:**
In reality standard AR charging handles are fine, there’s some other options out there that allow for the charging handle to be manipulated in different ways. Ambidextrous charging handles are the thing everyone wants these days,

**Charging handles:**
Standard mil-spec charging handle - $20
CMMG Zerod Ambidextrous charging handle: $80
LWRCI Ambi charging handle: $104
Geissele Super charging handle - $105-$115
LMT Ambidextrous 5.56 charging handle: $119
Radian Raptor charging handles - $90-$120
Knights Armament SR-15 charging handle - $150

**Basic Bushmaster upper and lower parts with an Anderson Manufacturing magazine release and spring:**
It works as intended, maybe a lighter trigger would be beneficial so I could shoot faster but this gun already has a nice medium-heavy trigger. My guess is that it’s 6 or 7 pounds.
Bushmaster already has quite a nice quality control for their firearms anyways, that’s been proven throughout the years, and so far after testing the parts I am quite impressed with their quality. As far as I can tell all parts are mil-spec (besides the lower being AR-15 style instead of M16 style of course). The bolt also seems to be of great quality and condition with a phosphate finish, however it has the semi auto style instead of full auto style, which is generally not preferred.

**Better options:**
Most stripped uppers and lowers are mil-spec or at least close to it. There isn’t much that can be different besides some odd things like a right hand bolt release. There are lower quality uppers and lowers out there, so beware of that.

**Stripped lowers:**
- Palmetto State Armory M4A1 stripped lower: $60
- Brownells BRN-15 M4 stripped lower: $70
- Aero Precision AR15 stripped lower: $93
- CMMG stripped lower: $100
- Spike’s Tactical stripped lowers: $119
- Aero Precision M4E1 stripped lower: $125
- Sons of Liberty Gun Works stripped lower: $140

**Stripped uppers:**
- Brownells BRN-15 M4 stripped upper: $70
- Aero Precision AR15 stripped upper: $90
- Aero Precision M4E1 stripped upper: $115
- Spike’s Tactical M4 stripped upper: $115
- BCM M4 stripped upper: $119

Most lower and upper parts kits are the same, besides of course some odd parts. Low quality parts do exist and you should stay away from them. Ambidextrous safety selector and bolt release are getting more popular these days for some reason. Parts kits may or may not come with everything you need so make sure you know which parts you’re getting and which parts you still need to get.

**Lower parts kits:**
- Palmetto State Armory lower parts kits $30-$80
- Aero Precision lower parts kits: $35-$80
- LWRCI Lower Receiver Builder’s Kit: $40-$50
- BCM Commercial Lower Parts Kit: $50
- Brownells Lower Parts Kit w/ Trigger Assemblies: $58
- Geissele Super Duty Lower Parts Kit: $105
- Daniel Defense Lower Receiver Parts Kit: $113
BCM GunFighter Enhanced Lower Parts Kit: $120
Geissele Ultra Duty Lower Parts Kit: $145

**Upper parts kits:**
- Aero Precision upper parts kit: $21
- CMMG upper parts kit: $23
- Rainier Arms upper parts kit: $24
- LWRCI upper parts kit (comes with mil-spec charging handle): $40

I would prefer a lighter, more decent trigger so I can fire quicker. But in reality a standard 6-8 lb mil-spec trigger is fine in most situations. Especially considering the amount of adrenaline that will be flowing through my veins during this attack. Most lower parts kits come with decent mil-spec triggers. But if you really want something extraordinary, check out the list below.

**Decent triggers:**
- LaRue MBT triggers: $100-$120
- Hiperfire HiperTouch triggers: $190-$260
- CMC triggers: $190-$240
- Geissele SSA or SSA-E trigger: $240
- American Trigger gold adjustable trigger: $270
- Geissele SSA X or SSA-E X trigger: $325

A better bolt would have a better finish and be full-auto style. If I could build mine I would probably pick a surplus colt white dot BCG or a toolcraft DLC BCG.

**BCG notes:**
- Generally the tier list of bolt finishes goes from phosphate > nitride > full chrome/nickel boron/titanium nitride > diamond like carbon (DLC) > durable solid lubricant (DSL). Going up in the tier list, you can expect more reliability, more durability, and less need for lubricant. In reality though, all of these options work great if properly manufactured and lubricated.
- The barrel and bolt MUST pass the headspace test prior to firing.
- Complete BCG’s are typically made of various steel materials. Aluminum and titanium options do exist. Aluminum options are very lightweight but tend to be less durable, while titanium options are lighter than steel and stronger, but much more expensive.
- BCG’s typically come in 3 profiles, lightweight (low mass), semi auto style, and full auto style. The lighter weight BCG’s are useful for minimizing recoil and for people who really want to tinker and optimize their gun. As the BCG gets heavier, the mass and reliability (generally) increases.
- Full auto style BCG’s are preferred to semi auto style BCG’s for their reliability and smoother recoil impulse.
-The gas rings do wear out over time and it is important to inspect them every time after cleaning. The extractor and extractor spring are usually next to go, especially if shooting steel cased ammunition. Surprisingly, firing pins do not break or wear down as often as you might think.
-It’s important to properly lube and clean your BCG for best functionality. Brownells made a nice video on how to do this recently.

**Bolt carrier groups (BCG’s):**

- Toolcraft black nitride BCG: $80
- Toolcraft DLC BCG: $160
- BCM BCG Auto: $189
- 90’s era surplus Colt white dot BCG’s: $200-$300
- Daniel Defense Complete Bolt Carrier Group: $217
- LMT Full-Auto 5.56 BCG: $229
- Geisselle Enhanced Bolt Carrier Group: $370
- Cryptic Coatings BCG’s: $117-$450
- LMT Full-Auto Enhanced 5.56 BCG: $459

**8x USGI aluminum 30 round magazines:**

I actually almost sold these at P and J’s flea market. Luckily I didn’t and now I have magazines that will work very well, plus it goes with the gun. I originally bought these from a guy at Jimays flea market for $5 each, and took out the black follower and replaced it with Magpul’s anti tilt one. I expect this would prevent jams and such and help with feeding. These are pretty old by the way considering the follower was black, which indicates it was made in the 80’s or early 90’s. I then replaced the springs on all magazines with an M-Carbo magazine spring, link is given below:


After comparing the new magazine springs and the old ones, I found that the old ones compressed maybe a ½”. I have also found that the new springs seem to be a bit stronger and may be less stiff than the old ones. Plus, I think it’s slightly easier to slap the magazines into the gun with the new ones. The extra power from the M-Carbo may reduce failure to feed malfunctions but at the same time may increase them. This is because of the increased static and kinetic friction due to the increased force from the magazine spring on the ammo and feed lip. If I could redo this I would instead install Sprinco magazine springs instead.

I duct taped my first 2 magazines together with 2 bolts in between so that I can quickly reload.

**Better options:**

Most newer magazines work great. Unfortunately I live in a ban state and can’t legally buy newer magazines. I could probably get around this by asking a giga-based Pennsylavnia citizen to buy them for me. Or by going to a flea market/gun show and buying them there. Always make sure to watch out for glowies.
**Magazine notes:**
- There are many great magazines out there, plastic magazines are always lighter than the aluminum ones, and they work fine. But they may be less durable.
- Anti-tilt followers may reduce failure to feed malfunctions, but older style followers that can tilt are still proven to be very reliable.
- Larger magazine capacity magazines do exist, but they add quite a considerable amount of weight to the gun, newer high quality magazines tend to work fine. It is also harder to find magazine pouches for larger magazines. Generally 30 rounds is the standard for AR’s.
- Magazine springs do take a set and weaken over time but this isn’t that much of a concern for newer high quality magazines.
- Feed lips can become damaged over time and the magazine will have to be replaced.
- Cleaning your magazines may improve its reliability, use soap and water and allow them to properly air dry. Do not use oil as it only attracts dust.
- Magazines can be coupled for easier reloads, but it adds weight to the gun.
- The original Magpul or duct tape can be added to the bottom of the magazine to allow easier reachability.

**Aluminum magazines:**
- Surplus military magazines from Colt, Okay Industries, D&H, ect - $10-$20
- Surefeed (suresneed) AR magazines: $11-$13
- Brownells AR magazine - $15

**Plastic (polymer) magazines:**
- Magpul gen 2 or 3 magazines - $10-$20
- Lancer L5AWM magazine - $16-$22
- ETS AR-15 magazines: $20-$36

**A2 style grip:**
- I like it bros, it’s not the most comfortable in the hand but for a battle grip it works great for me.

**Better options:**
- I’ve heard discussions about more vertical grips that are supposed to be better for wristlets. If you have the ability to try pistol grips in person I would try that and see which one fits you the best. The type of pistol grip you get isn’t too much of a concern, just don’t get the red skeletonized ones.

**Pistol grips:**
- A2 pistol grip: $5
- B5 Type 23 pistol grip: $20
- Magpul options: $20-$25
- BCM GunFighter options: $18-$25
Hogue INC options: $20-$30
HK V2 pistol grip: $40

**A2 stock and A2 rifle buffer system:**
Not the greatest for indoor shooting due to length, but has a nice aesthetic and works well for me. Manlets get BTFO’d from this stock and seethe over it all the time. Plus I hid a 3 musketeers bar in the cleaning compartment, just in case I get the munchies.

**Better options:**
I would prefer to have a collapsible stock since I will be mainly indoors and I’d prefer not to extend that far out, but whatever. If I could pick a stock it would probably be some basic Magpul SL.

**Stocks:**
- Brownells M4 buttstock: $22
- Magpul Options: $45-$255
- BCM GunFighter Options: $55-$60
- B5 Systems BRAVO: $60
- Daniel Defense Collapsible Buttstock: $78
- VLTOR Weapon Systems IMOD stock: $90

**Buffer System Notes:**
- There are 3 common types of buffer systems, the carbine, the A5, and the rifle length system.
- According to Brownells, all 3 systems can reliably function on any type of AR, it may take some modification with the buffer weights however. Especially if you’re running a suppressor or very short barrel length.
- The carbine buffer system is the shortest, snappiest, and allows for adjustable stock positions, the A5 system is medium length, has a longer recoil impulse (resulting in smoother felt recoil) and also allows for adjustable stock positions, and the rifle buffer system is the longest, has the longest recoil time, but cannot mount adjustable stocks.
- There are many carbine and buffer weights out there, if you really want to optimize your rifle you can tinker with this and an adjustable gas block to ensure the best function of your rifle.
- Mil spec buffer tubes are 1.148” in diameter and commercial buffer tubes are 1.17” in diameter, this is just because of the different manufacturing process. Some stocks can only attach to mil-spec buffer tubes.
- Buffer springs do wear out and shorten over time, check for damage and measure the length to ensure it is proper. A carbine buffer spring must be at least 10” or longer and a rifle buffer spring must be at least 12” or longer. Sprinco and Geiselle make decent buffer spring replacements.

**Buffer system parts and kits:**
- Palmetto State Armory Carbine Buffer Kit: $45
Aero Precision Enhanced Carbine Buffer Kit: $60
BCM Buffer Kit: $60
Geissele Super 42 Spring and Buffer Assembly: $65
Daniel Defense Carbine Buffer Kit: $90
VLTOR A5 Buffer Spring and Buffer Kit: $80-$100

Ammo:
1 mag of 20 rounds of Salt Lake City M855 62 gr made in 2017 on top, with 10 rounds of Winchester 55 gr FMJ made in 2013 on bottom.

Since I will be expecting to shoot through the front door windows at the security guard, I will have to use the best barrier penetration ammo I can get. M855 is slightly better than M193 for this application so I will use that first. I suspect 20 rounds should be more than sufficient for this.

I tested 10 of the M855 in its designated magazine followed by 20 PPU 5.56 ammo, and I didn’t have a single problem with it.

7 mags of 5.56x45 Winchester 55 gr FMJ made in 2013, with 10 PPU and 20 Hornady 5.56x45 55 gr FMJ in last mag

Since I have a 1/9 twist barrel, a lighter bullet like M193 would be more accurate than heavier grain bullets, of course when your max range is like 50 yards it doesn’t matter that much.

The ammo I will primarily be using is the Winchester Q3131 55 gr FMJ. Since I have a 20” barrel and these are moderate velocity rounds, these should fragment and yaw quite nicely as it travels out of my barrel at just above 3200 fps. Some of these are marked with the NATO headstamp and are properly sealed. After inspection of all rounds and primers, some have some discoloration but they should all work reliably. I did quite a bit of testing with this ammo in my gun and found they all work properly.

https://winchester.com/Products/Ammunition/Rifle/USA/Q3131

Better options:
If I had a 1/7 twist barrel and I could afford it I would choose Black Hills 77 gr OTM ammunition to fill all 8 of my mags with. This is a proven self-defense round and probably one of the best options out there. Advanced AP ammunition would be cool but since I don’t expect to combat any rifle rated armor I wouldn’t bother.

5.56x45 common ammunition and it’s proper use (in the US at least):

.223 Remington FMJ 55 gr

All 5.56x45 barrels can fire .223 Remington, but not the other way around. This type should only be used for training purposes though. As of now common steel case 55 gr FMJ ammunition costs 35 cents per round (but don’t expect this to stay for that long, considering how it is being banned from import in the US)
.223 Remington varmint ammunition (usually 40-60 gr)

This ammunition is great for killing coyotes and varmints (hence the name), but is not a decent choice for anything else. Most of any barrier will change the projectile's direction considerably or deem it ineffective. If the ammo hits someone's arm first it will most likely cause only damage to the arm, instead of penetrating and being able to hit the torso. The fact of the matter is, it just expands too soon without enough penetration. M193 type ammunition is better suited for use against people. If you want a better explanation, go here and look in the comments: https://www.youtube.com/watch?v=xLKyuG1-JtQ&t=194s&ab_channel=TheChoppingBlock

.223 Remington 62-64 gr SP, B SB, PP, (Speer Gold Dot, Winchester Ranger, ect…)

This ammo type is best suited for maximum damage against unarmored (or lightly armored, IIIA or below) targets. They have enough penetration power (12” or higher) and expand very well in soft targets. As of now this ammunition costs $1-$2 per round.

M193:

M193 uses a 55 gr FMJ BT projectile, and it is the most common in the civilian market. M193 is especially fun when using a 20” barrel because of how high the velocity is. Typically with standard loads you can expect upwards of 3200 FPS with a 20” barrel. M193 at this speed yaws and breaks quite effectively when it hits fleshy targets and is a great round for general use. They also vibe check steel plates quite well. The tracer variant is designated M196. As of now this ammunition costs about 60 cents per round.

M855/SS109:

This ammunition uses a 62 gr FMJ projectile with a small mild steel tip. It is slightly better at barrier penetration than M193, but not by much. These are better at vibe checking pure UHMWPE armor than M193 because that type of armor is just naturally weak to steel projectiles. This ammunition type is notoristic for poor ballistic performance, and unless needed for the 2 above reasons, shouldn’t be used. The tracer variant is designated M856. As of now this ammunition costs about 60-80 cents per round.

M855A1:

This is the US Army’s latest common 5.56x45 ammunition. It uses a 62 gr projectile with a 19 gr steel penetrator tip. This ammunition is great against low end ceramic-composite RF2 armor and pure UHMWPE plates. There have been concerns with this ammunition wearing down the feed ramps of AR-15 and M16/M4 style rifles, so be cautious of that. This ammunition typically can not be bought at common stores, but can normally be found on sites like gunbroker. The tracer variant is designated M856A1. As of now this ammunition costs about $2-$3 per round.

M995:

This is the most available armor-piercing 5.56x45 round found in the US civilian market. This is a 52 gn FMJ projectile with a tungsten core penetrator. They are normally very hard to find and are difficult to verify if it is real. Sometimes these pop up on gunbroker. They are effective at vibe checking low tier level IV plates and all plates below that. Of course with these
being a designated AP projectile, the ballistics are quite poor. As of now this ammunition costs around $10-$20 per round, if you can find it.

*5.56x45 or .223 Remington 68-77 gr BTHP or OTM ammunition (Black Hills, Speer Gold Dot, Winchester Ranger etc…)*

This ammunition was made to be for long distance target shooting. But it also works great as a defensive or offensive round against unarmored (or lightly armored) targets. These are best suited for longer barrels. As of now this ammunition costs around $1-$2 per round.

**Reloads:**
Of course you can reload any type of ammunition you want. I would recommend attempting to make armor-piercing ammunition by pulling M193 bullets, melting the lead inside with a torch, and replacing it with a hardened steel or tungsten projectile. Also protip: don’t shoot a stranger’s reloads.

**Where to buy ammo?**
The easiest way to get ammo is by going on ammoseek.com and ordering in mass. Some states are cucked and require the ammunition to be sent to an FFL first, so be aware of that. Don’t buy strange cheap ammo, like ammunition from Romania. Try and stick to reliable ammunition companies, such as Federal, Winchester, Hornady, or Sellier & Bellot. If this is not possible in the future, companies like IMI, PPU, Wolf, Tula, and PMC make decent enough ammo to use. In my opinion it’s best to stay away from reloaded or factory second ammunition if you’re planning to actually use it at some point.

**AR-15 Manufacturer Tier List:**
Here’s my tier list of manufacturers in the US, disagree with me if you want

**Shit tier garbage don’t do it:**
- Wish/AliExpress/eBay/unnamed Gunbroker
- American Tactical Imports/Omni
- Bear Creek Arsenal
- DiamondBack Firearms
- Radical Firearms
- Freedom Group (Post 2006 Bushmaster, Post 2007 Remington, DPMS Panther Arms)

**Still trash but somehow slightly higher quality:**
- Del-Ton
- Anderson Arms

**Low tier but works most of the time:**
- Mad and poor (M&P)
- Windham Weaponry
- Anderson Arms
- DSArms
- Ruger
- Armalite
Pre 2006 Bushmaster
Spike’s Tactical
Aero Precision
Stag Arms

**Decent mid tier:**
Brownells
Sons of Liberty Gun Works
BCM
Black Rain Ordnance
(New) Colt
CMMG

**High quality:**
LaRue Tactical
Geissele
Radian
JP Enterprises
Wilson Combat
Primary Weapons Systems
V Seven Weapon Systems
VLTOR Weapon Systems
TRIARC Systems
Noveske
Centurion Arms

**Top tier operator gucci:**
Knights Armament
HK
Daniel Defense
FN
LWRC International
LMT
Colt (Pre 1993, 1998-2012 (restricted leo lowers), 2012-2018 (end of the line specials))

**Payton G’s CQB meta build 2022 (no night vision edition):**
Aero Precision M4E1 Threaded Assembled Receiver Set: $240
Aero Precision AR15 Lower Parts Kit, Minus FCG/Trigger Guard/Pistol Grip: $35
Geissele SSA trigger: $240
Magpul B.A.D lever: $30
Magpul MOE K2 pistol grip: $21
VLTOR A5 complete buffer system w/ H2 buffer: $96
B5 Systems BRAVO stock: $58
90’s era Colt full auto M4 BCG: $200
Radian Raptor ambi charging handle: $90
Daniel Defense 11.5” 5.56mm, carbine, 1:7, GOV barrel w/ low profile gas block: $388
Midwest Industries ULW 10.5” handguard: $270
Surefire WARCOMP Flash Hider: $149
Surefire M600DF w/ Arisaka M-LOK Offset Scout Mount and Unity Tactical M-LOK Hot Button: $377
EOtech XPS-3 w/ LaRue Tactical EOtech QD Mount LT110: $866
Total: $3060

Mossberg 500

Picked this bad boy up in November 2020 from Pennsylvania Guns and Ammo in PA. This is a Mossberg 500 Retrograde 12 gauge shotgun. Capacity is 5+1, stock is made of walnut with a vented recoil pad, and has a brass bead sight. There isn’t much more to say than besides the fact it is a proven gun and works very well. Is it obvious yet that I like retro builds? The same exact variant can be found here:
https://www.mossberg.com/product/500-retrograde-50429/

For the attack I will have loaded the chamber and magazine full of Winchester 2 ¾” 00 Buckshot, the same type can be found here:
https://winchester.com/Products/Ammunition/Shotshell/USA-VALOR-Series-Shotshell/USA1200VP

In reality I shouldn’t have bought this and just stuck with the AR instead.

Better options:

For a basic pump action shotgun you can’t get much better, there’s some differences like in the Mossberg 590 where the trigger guard is metal instead of plastic. Higher magazine capabilities would most definitely be more useful for obvious reasons. A semi-auto shotgun would also be much more efficient because you’re removing a specific action needed to fire, but in the great lands of NY it is quite difficult to find a decent one. A Mossberg 930 SPX, Benelli 1301 Tactical, or Benelli M4 (w/ 7 round magazine) would be better options. And #4 buckshot, 00 buckshot, or slugs are great options for unarmored personnel.
Savage Axis XP

This is technically my dad’s gun because he bought it but he bought it for me so that I could go hunting without borrowing my cousin’s guns. I got this for Christmas 2020 and it’s decent for the cheapest gun you can buy from Dick’s Sporting Goods. It’s chambered in 30-06, has a 22” carbon steel barrel, uses a detachable 4 round magazine, and comes with a standard Weaver 3-9 scope. In the chamber and magazine I will be using 5x Federal Premium 168 gr Sierra Gold Medal ammunition.

Better options:

Better options for a setup like this (high-powered rifle) are quite unnecessary for my mission. Considering I will be in a city and the need to reach far out is nonexistent. This gun is really just an extra just in case I run out of ammo in my AR or shotgun. In fact I bet it won’t even be used.

Of course you can have all the gucci operator shit in the world, but you’re still gonna suck if you don’t get training. For me I dry fire practice in my room and I shoot innawoods sometimes. There’s many nice people that can help you train so I would try and find them.

Equipment:

Equipment and tools are also needed for a successful offense or defense against your enemies. I will be going over my personal equipment and ideas for improvement. Along with similar options that poorfags can actually buy.

Armor:

I just so happen to be quite autistic about helmets, body armor, and ballistics. I got a lot of information from Plateland; a discord I found on 4chan’s /k/ board (love you guys).

My list of threats organized by probability are as follows:

100% Guaranteed:

Police handgun threats with duty ammo. 9mm, .40 S&W, and 45 ACP threats are most expected.

Solution: NIJ certified II or IIIa armor for helmet and vest
Also 100% Guaranteed:
CCW carrier threats, same as police threats. This is Buffalo after all so I am expecting some boys to be packing. At Top’s there seems to be a security station at the front of the store, and they are armed with full size glocks. I will have to kill them first.
Solution: NIJ certified II or IIIa armor for helmet and vest:

Unlikely:
5.56x45 or .223 Remington threats from civilians and police. The reason why this is on the unlikely side is because NY is cucked for civilian gun owners and through all the footage I’ve seen of NY police vehicles I have never seen an AR or rifle. The police station or special operations division would most likely have AR’s and bring them down when they are deployed. If they do bring AR’s, they will most likely be shooting M193 or ranger ammo with less likelihood of M855.
Solution: NIJ certified III armor plates, RF2 armor is not a real NIJ certification yet but if it does what it says it would provide protection against M855 ammo.

Not going to happen:
M2AP, M61/M80A1, or M855a1 threats
Solution: NIJ IV plates or ESAPI with backer

This seriously will not happen:
Advanced armor piercing threats. M995, 5.56x45 AP 4, 5.56x45 Swiss P AP, DM31 M993, 7.62x51 AP9, 7.62x51 HAPI
Solution: Advanced spook plates, maybe a bible as well

WTF?:
Depleted uranium ammunition and large tungsten core projectiles. 14.5 BS-41, 5.56x45 DUDS, 7.62x51 APDS LC/70
Solution: uhhhhhhhh

LORD OH MIGHTY:
120mm KE-W A1 APFSDS-T.
SOLUTION: AHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHHH
Why is this important? Because this changes so many things with the helmet. Firstly, new ACH retention systems are unusable. I bought an Ops Core ACH OCC Dial kit off of Amazon one day, and I couldn’t fit it because the bolt positions were off. And since I had already removed my previous ACH strap and accidentally stripped some nuts, my old retention system was unusable. I ended up buying an improved H-nape retention system and tried to configure the helmet with that, but even that was impossible to fit properly. So I drilled 2 additional holes where I thought that they should be and low behold it worked, I was able to wear my ACH properly with a good enough fit.

When I first received the helmet, I was surprised at how uncomfortable the padding was on the inside. They were quite hard and uncomfortable to use with my sordins, which started my attempt to upgrade my helmet. I first tried to get the Ops-Core pads from the OCC Dial kit to fit
it, which some did, but then I found another problem with the helmet. The velcro strips on the inside of the helmet were quite damaged and in strange positions so some of the Ops-Core pads did not fit inside of the helmet. I would have to get new velcro discs to fit inside the helmet so my pads could be positioned correctly. I ordered 18 discs on eBay and tried to correctly place them inside the helmet. I had already returned the OCC dial kit so instead I bought some Ops Core EPP pads online so I can have some comfort, and my final result worked. It’s not the most comfortable or stable but this is as good as it’s going to get. Here’s the final outcome:

In my opinion, this helmet in its current configuration is the bottom tier good enough for my mission. I would most definitely get a new more advanced ballistic helmet if I had the money to do so. If there’s one thing I want you to get from this, it’s to make sure that the bolt positions on the surplus helmet are in the correct position.

To attach the GoPro, I attached a norotos NVG mount that came with the helmet, followed by a superglued flat GoPro mount found in the helmet front and side mount kit by GoPro. I was then allowed to attach the GoPro housing to the GoPro mount and I could place the
GoPro hero 7 black inside. I noted the best angle for the mount to be at so it will capture all points of action.

**Helmet Talk:**

In general, helmet material throughout the years went from steel to aramid to polyethylene (UHMWPE).

NIJ standards for helmets are different from the standards for body armor, they use NIJ 0101.01/0108.01 standards which are like 40 years old as of writing this. Below I list the 0108.01 standards.

- Type I (not found anymore) protects against .22 long rifle and .38 special
- Type II-A protects against lower velocity .357 magnum and 9x19mm
- Type II protects against higher velocity .357 magnum and 9x19mm
- Type III-A protects against .44 magnum and submachine gun 9x19mm

Modern advanced helmets these days are capable of stopping threats such as standard 7.62x39 or even M80 at full velocity, but are usually very expensive with exception to the ECH. For my threat listing, NIJ II or IIIA would be most adequate. Modern advanced helmets are also usually made out of UHMWPE and other advanced materials instead of aramid fibers.

High cut helmets are interesting in the way that they are lighter weight than full or mid cuts and can fit ear protection/comms better at the cost of side protection. But according to US military statistics side hits were the least common place to be shot on the helmet.

Current suspension and retention systems upgrades to older helmets would help with comfortability, increase helmet security, and by allowing better room for earpro.

Most of the time it's best to just directly order from the manufacturer, sometimes you can save some money if you find a distributor but most of the time you will not.

As of writing this, all Galvion products have a VERY long lead time, I would only attempt to buy Galvion products if it specifically says it is in stock.

Avon Protection, Gentex, BAE systems, United Shield, ArmorSource, Safariland PROTECH, and Point Blank PARACLETE all make great helmets but the mass majority of them are only available to the government and police. All of my helmet options are civilian accessible (as of now).

I wouldn’t recommend a surplus PASGT helmet because of the two point strap and inferior suspension system. When I had one the helmet would constantly wobble and fall down. In my opinion the surplus ACH is the minimally priced helmet that is actually decent enough to use. If you already have a PASGT and want to be able to use it effectively, I would highly recommend upgrading it with a 4 point suspension system and padding, such as this one: https://orbitaltactical.com/product/new-skydex-ach-lwh-pasgt-helmet-upgrade-kit-w-suspension-size-6-3-4-pads-200516/
**Shit tier don’t buy from list:**

Unless this is literally your only option I wouldn’t bother with the following:

- Most of any old steel helmet (spalling and ricochet concerns, however will protect against shrapnel as intended)
- Amazon/Alibaba/Wish/Aliexpress (chinesium)
- Emerson (chinesium)
- Rothco (chinesium)
- DLP Tactical (chinesium)
- Livans (chinesium)
- Militech (chinesium)
- Alibaba/Wish/Aliexpress (chinesium)
- LongFri (chinesium)
- AA Shield (chinesium)
- NcSTAR (chinesium)
- Guard Dog (chinesium)
- Hikepros (chinesium and a huge liar jew)
- Helmetbro (chinesium and a huge liar jew)
- Security Pro or SecPro (chinesium)
- Hard Head Veterans (mostly chinesium but they are supposedly making changes)
- Diamond Age NEOSTEEL Helmet (made of steel)
- AR500 Militia Helmet (literally the worst cut I have ever seen and made of steel, plus shitty company, don’t buy anything from AR500)

**Places to buy new helmets from:**

Many of these items can be found from distributors just by looking them up, but here’s some reliable ones:

- apexarmorsolutions.com
- gentexcorp.com
- teamwendy.com
- galvion.com (some items are only available to government or law enforcement)
- liveactionsafety.com
- tnvc.com
- hcctac.com
- owthenight.com
- opticsplanet.com/tactical-store.com (some items require a badge or government approval)
- armsunlimited.com
- steeleindustries.com
- danasafetysupply.com (some items require a badge or government approval)
- rmadefense.com (sells Avon helmets sometimes)
Non-Ballistic Helmets

Notes:
Non-Ballistic (bump) helmets are best for areas where incoming fire and fragmentation are not expected. These are especially useful for NVG bros and allow attachment points for various tools. Great for making sure you don’t hurt ya noggin.

MTEK makes the MTEK Flux Carbon series of helmets, which is actually one of the best bump helmets out there according to user reviews. Unfortunately it is majorly back ordered and produced by a small company.

Team Wendy EXFIL LTP Helmet:

<table>
<thead>
<tr>
<th>Size</th>
<th>Head Circumference (In)</th>
<th>Head Circumference (CM)</th>
<th>Hat Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>SIZE 1 (M/L)</td>
<td>21 1/2 – 23 1/2</td>
<td>55 – 60</td>
<td>6 7/8 – 7 1/2</td>
</tr>
<tr>
<td>SIZE 2 (XL)</td>
<td>up to 24 3/4</td>
<td>up to 63</td>
<td>up to 7 7/8</td>
</tr>
</tbody>
</table>

- High cut
- Has add ons attached (proprietary NVG shroud, rail system 2.0 or 3.0)
- Comes with 6 Zorbium pad suspension system and CAM FIT retention system
- For the complete system, size 1 weighs 1.66 lbs and size 2 weighs 1.68 lbs
- Made of Lexan
- As of now costs $274.98 from steeleindustries.com, $275 from botach.com, $290 from ownthenight.com, $309.99 from opticsplanet.com, or $310.52 from teamwendy.com
Ops-Core FAST Bump Helmet:

- High cut
- Has add ons attached (molded NVG shroud, ARC rails)
- Comes with EPP padding suspension system and OCC-dial retention system
- Made of Lexan
- As of now costs $285 from armsunlimited.com, $330 from gentexcorp.com, or $330–$375 from tnvc.com

<table>
<thead>
<tr>
<th>Available Sizes</th>
<th>Medium</th>
<th>Large</th>
<th>X-Large</th>
<th>XX-Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head Size (Circumference)</td>
<td>20 ¾ - 22 ¾ in (527 - 565 mm)</td>
<td>22 - 23 ¼ in (559 - 603 mm)</td>
<td>23 ¼ - 24 in (587 - 623 mm)</td>
<td>N/A</td>
</tr>
<tr>
<td>Square Coverage</td>
<td>157.6 in² (1018 cm²)</td>
<td>168.9 in² (1095 cm²)</td>
<td>184.4 in² (1192 cm²)</td>
<td>N/A</td>
</tr>
<tr>
<td>Shell Weight</td>
<td>0.71 lbs (320 g)</td>
<td>0.69 lbs (315 g)</td>
<td>0.75 lbs (340 g)</td>
<td>N/A</td>
</tr>
</tbody>
</table>

Galvion Caiman Bump Helmet System:

- High cut
- Has add ons attached (Wilcox L4 Shroud, rails)
- Comes with EPP padding suspension system and dial retention system
- Made of advanced reinforced polymer
- As of now costs $525 from hcctac.com, or $665 from ownthenight.com

<table>
<thead>
<tr>
<th>CIRCUMFERENCE</th>
<th>SMALL</th>
<th>MEDIUM</th>
<th>LARGE</th>
<th>X-LARGE</th>
<th>XX-LARGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coverage</td>
<td>141 in² (910 cm²)</td>
<td>149 in² (961 cm²)</td>
<td>155 in² (1000 cm²)</td>
<td>169 in² (1090 cm²)</td>
<td>188 in² (1213 cm²)</td>
</tr>
<tr>
<td>Weight (Shell)</td>
<td>0.80 lbs (0.36 kg)</td>
<td>0.84 lbs (0.38 kg)</td>
<td>0.90 lbs (0.41 kg)</td>
<td>0.95 lbs (0.43 kg)</td>
<td>1.01 lbs (0.46 kg)</td>
</tr>
<tr>
<td>Weight (System)</td>
<td>1.65 lbs (0.75 kg)</td>
<td>1.69 lbs (0.77 kg)</td>
<td>1.78 lbs (0.81 kg)</td>
<td>1.89 lbs (0.86 kg)</td>
<td>1.99 lbs (0.90 kg)</td>
</tr>
</tbody>
</table>

Team Wendy EXFIL Carbon Bump Helmet:

- High cut
- Has add ons attached (Wilcox W shroud, rail system 2.0 or 3.0)
- Sizes 1 and 2: 1 is S/M/L, and 2 is L/XL
- Comes with 8 Zorbium comfort pad suspension system and CAM FIT retention system
- Made of carbon fiber
- As of now costs $595 from ownthenight.com, $485-$645 from botach.com, $599.99-$659.99 from opticsplanet.com, or $626.30 from teamwendy.com

<table>
<thead>
<tr>
<th>COMPLETE SYSTEM WEIGHT</th>
<th>LBS</th>
<th>KG</th>
</tr>
</thead>
<tbody>
<tr>
<td>Size 1</td>
<td>1.66</td>
<td>0.75</td>
</tr>
<tr>
<td>Size 2</td>
<td>1.68</td>
<td>0.76</td>
</tr>
</tbody>
</table>
Galvion Caiman Hybrid Helmet System:

<table>
<thead>
<tr>
<th>Available Sizes</th>
<th>Medium</th>
<th>Large</th>
<th>X-Large</th>
<th>XX-Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head Size (Circumference)</td>
<td>20 ¼ - 22 in (51-56 cm)</td>
<td>22 - 23 ¾ in (56-60 cm)</td>
<td>23 ¼ - 24 ¾ in (60-62 cm)</td>
<td>N/A</td>
</tr>
<tr>
<td>Square Coverage</td>
<td>151.34 in² (988 cm²)</td>
<td>164.71 in² (1063 cm²)</td>
<td>179.34 in² (1157 cm²)</td>
<td>N/A</td>
</tr>
<tr>
<td>Shell Weight (Paint &amp; Edge Band)</td>
<td>0.60 lbs (271 g)</td>
<td>0.65 lbs (297 g)</td>
<td>0.73 lbs (332 g)</td>
<td>N/A</td>
</tr>
</tbody>
</table>

- High cut
- Has add ons attached (Wilcox L4 Shroud, rails)
- Comes with EPP padding suspension system and dial retention system
- Made of carbon fiber
- Compatible with the Galvion Caiman hybrid ballistic applique, which protects against .44 Magnum SJHP at 1400 fps, effectively turning this into a IIIA helmet
- As of now costs $875 from ownthenight.com but has a VERY long wait time of 18 months

Ops-Core FAST Carbon Helmet:

<table>
<thead>
<tr>
<th>Available Sizes</th>
<th>Medium</th>
<th>Large</th>
<th>X-Large</th>
<th>XX-Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head Size (Circumference)</td>
<td>20 ¼ - 22 ½ in (51-56 cm)</td>
<td>22 - 23 ¼ in (56-60 cm)</td>
<td>23 - 24 in (60-62 cm)</td>
<td>N/A</td>
</tr>
<tr>
<td>Square Coverage</td>
<td>151.34 in² (988 cm²)</td>
<td>164.71 in² (1063 cm²)</td>
<td>179.34 in² (1157 cm²)</td>
<td>N/A</td>
</tr>
<tr>
<td>Shell Weight (Paint &amp; Edge Band)</td>
<td>0.60 lbs (271 g)</td>
<td>0.65 lbs (297 g)</td>
<td>0.73 lbs (332 g)</td>
<td>N/A</td>
</tr>
</tbody>
</table>

- High cut
- Has add ons attached (skeleton NVG shroud, ARC rails)
- Comes with EPP suspension system and OCC-dial retention system
- Made of carbon fiber
- As of now costs $833.70 from tnvc.com

Ops-Core FAST SF Carbon Composite Helmet:

<table>
<thead>
<tr>
<th>Available Sizes</th>
<th>Medium</th>
<th>Large</th>
<th>X-Large</th>
<th>XX-Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>FAST SF Carbon Composite Shell Weight (Shell with Paint)</td>
<td>0.686 lbs (311 g)</td>
<td>0.736 lbs (334 g)</td>
<td>0.756 lbs (343 g)</td>
<td>0.957 lbs (434 g)</td>
</tr>
</tbody>
</table>

- Super high cut
- Has add ons attached (MBS NVG shroud, skeleton ARC rails)
- Made of carbon fiber and fiberglass
- Comes with vented lux-liner suspension system with OCC-dial or worm dial retention system
- Compatible with the Ops-Core FAST LPBA which protects against 9mm @ 1195 fps, effectively turning this into a ~II helmet
- As of now costs $900 from ownthenight.com, $984–$1,045 from tnvc.com, or $1000 from gentexcorp.com
II or IIIA Ballistic Helmets

Notes:
- These helmets are best used when pistol and fragmentation threats are expected.
- Converted PASGT and CVC helmets can actually be quite decent and cost effective.
- MTEK FLUX Ballistic is a top-tier gucci helmet but just like their bump helmets they are majorly back ordered and they have a small production line.
- Older variants of Ops-Core helmets such as the Ops-Core SX and Ops-Core MT are also great, but they have been replaced by newer variants and can’t be found in many online stores anymore. They can still be found in my used section of places to get helmets.
- There’s some Avon helmets still available on botach.com but I couldn’t fit them in.

Advanced Combat Helmet (older aramid variant):
NOTE: There are some helmets that were recalled, if possible make sure the helmet is up to spec and has the correct bolt positions.
- ~IIIA protection, sometimes II if poorly stored or if the helmet was built that way
- Full cut
- 3.0-3.88 lbs
- Has MANY add ons available
- Standard configuration comes with 1 crown pad, 2 square pads, and 4 rectangular pads, all made of foam and made by various government contractors. Standard suspension system is a X-nape or H-nape with non-adjustable front straps, although they have upgraded this with the newer Improved Retention System (IRS)
- Made of aramid fibers
- As of now full helmet setup is $150-$250, sold as used
Avon Protection BA3A Ballistic Helmet:

- IIIA protection (9mm 124gr FMJ RN at 1400-1450 fps and .44 magnum at 1400-1450 fps)
- Add ons like rails may or may not be available because of bolt positions or hardware, does not come with NVG holes
- Helmet may come with D3O Trust Stealth 7 pad suspension system and Team Wendy CAM FIT dial retention system, or standard or comfort fit 3 pad suspension system with H-nape style retention system
- Made from aramid fibers and composite material
- As of now costs $279.99 from botach.com

Striker ACH Series Helmets:

<table>
<thead>
<tr>
<th>Size/Helmet Cut</th>
<th>Full cut</th>
<th>Mid cut</th>
<th>High cut</th>
</tr>
</thead>
<tbody>
<tr>
<td>S</td>
<td>2.7 lbs/1.2 kg</td>
<td>2.6 lbs/1.2 kg</td>
<td>2.5 lbs/1.1 kg</td>
</tr>
<tr>
<td>M</td>
<td>2.8 lbs/1.3 kg</td>
<td>2.7 lbs/1.2 kg</td>
<td>2.6 lbs/1.2 kg</td>
</tr>
<tr>
<td>L</td>
<td>3.0 lbs/1.4 kg</td>
<td>2.8 lbs/1.3 kg</td>
<td>2.7 lbs/1.2 kg</td>
</tr>
<tr>
<td>XL</td>
<td>3.2 lbs/1.5 kg</td>
<td>3.0 lbs/1.4 kg</td>
<td>2.9 lbs/1.3 kg</td>
</tr>
</tbody>
</table>

- IIIA protection (.44 magnum SJHP @ 1400 fps)
- Has add ons available (Wilcox L4 NVG shroud, Striker ACH rails)
- Comes with D3O TRUST 7 Pad suspension system and Striker ratchet dial or H-nape style retention system
- Made from hybridized Kevlar fibers and UHMWPE Spectra shell construction
- As of now costs $433 from liveactionsafety.com, $450 from danasafetysupply.com, $449 without rails and NVG shroud or $669 with rails and NVG shroud from apexarmorsolutions.com, or $578.95 from chasetactical.com
Gentex TBH-III A Mission Configured Helmet System:

- IIIA protection (9mm 124gr FMJ RN at 1400 fps and .44 magnum 240 gr SWC GC at 1400 fps)
- Has add ons attached (skeleton shroud, skeleton ARC rails)
- Various suspension and retention systems available (Zorbium Action padding with H-nape, Zorbium Action padding with OCC-dial, Ops-Core 360 liner with H-nape)
- Made from monolithic woven aramid fibers
- As of now costs $640 from ownthenight.com or $871.50–$926.10 from tnvc.com

<table>
<thead>
<tr>
<th>Shell Weights:</th>
<th>Small</th>
<th>Medium</th>
<th>Large</th>
<th>X-Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low Cut</td>
<td>2.46 lbs (1115 g)</td>
<td>2.59 lbs (1175 g)</td>
<td>2.73 lbs (1240 g)</td>
<td>2.93 lbs (1330 g)</td>
</tr>
<tr>
<td>Mid Cut</td>
<td>2.37 lbs (1075 g)</td>
<td>2.50 lbs (1135 g)</td>
<td>2.69 lbs (1200 g)</td>
<td>2.82 lbs (1280 g)</td>
</tr>
<tr>
<td>High Cut</td>
<td>2.14 lbs (970 g)</td>
<td>2.29 lbs (1040 g)</td>
<td>2.39 lbs (1085 g)</td>
<td>2.63 lbs (1195 g)</td>
</tr>
</tbody>
</table>

Galvion A-Series Helmets:

- IIIA protection (9mm at 1400 fps and .44 magnum 240 gr SWC GC at 1400 fps)
- Has add ons readily available (Viper NVG shroud, rails)
- Comes with 7-Pad suspension system and Viper H-nape retention system, or Viper modular suspension system
- Made from monolithic aramid
- As of now costs $525.14-$786.96 from galvian.com, $550-$725 from ownthenight.com, or $581.41 without accessories from tnvc.com

<table>
<thead>
<tr>
<th>CIRCUMFERENCE</th>
<th>SMALL</th>
<th>MEDIUM</th>
<th>LARGE</th>
<th>X-LARGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>20 ½ - 22 in</td>
<td>163 in² (1050 cm²)</td>
<td>174 in² (1124 cm²)</td>
<td>183 in² (1180 cm²)</td>
<td>199 in² (1286 cm²)</td>
</tr>
<tr>
<td>21 ½ - 23 in</td>
<td>2.66 lbs (1.21 kg)</td>
<td>2.81 lbs (1.27 kg)</td>
<td>2.96 lbs (1.34 kg)</td>
<td>3.31 lbs (1.50 kg)</td>
</tr>
<tr>
<td>22 - 23 ½ in</td>
<td>3.20 lbs (1.45 kg)</td>
<td>3.36 lbs (1.52 kg)</td>
<td>3.53 lbs (1.60 kg)</td>
<td>3.89 lbs (1.76 kg)</td>
</tr>
<tr>
<td>23 - 24 ¼ in</td>
<td>3.08 lbs (1.40 kg)</td>
<td>3.25 lbs (1.47 kg)</td>
<td>3.46 lbs (1.57 kg)</td>
<td>3.81 lbs (1.73 kg)</td>
</tr>
<tr>
<td>WEIGHT (FULL CUT SHELL)</td>
<td>2.96 lbs (1.34 kg)</td>
<td>3.12 lbs (1.42 kg)</td>
<td>3.27 lbs (1.48 kg)</td>
<td>3.66 lbs (1.66 kg)</td>
</tr>
</tbody>
</table>
Crye Airframe Helmet:

- ~II protection (9mm 124gr FMJ at 1195 fps)
- High cut
- Has add ons available (ballistic chops, ballistic ears, rails)
- Can be drilled at the factory for 3 hole or 4 hole NVG shrouds
- Comes with 9 foam pad suspension system and H-nape style retention system
- Most likely made of aramid material
- Another variant (Crye Airframe ATX) is slightly heavier and offers IIIA protection
- As of now costs $1092.70 on cryeprecision.com, or $1,092.70–$1,132.00 from tnvc.com

Ops-Core FAST LE Helmet:

- IIIA protection (9mm FMJ/.44 magnum at 1,400 ft/s)
- High cut
- Has add ons attached (skeleton shroud, ARC rails)
- Comes with EPP padding suspension system with OCC-dial or worm dial retention system
- Made from monolithic aramid
- As of now costs $975 from ownthenight.com, or $1,062.60 from tnvc.com
**Highcom ULACH Series Helmets:**

<table>
<thead>
<tr>
<th>Size/Helmet Cut</th>
<th>Full cut</th>
<th>Mid cut</th>
<th>High cut</th>
</tr>
</thead>
<tbody>
<tr>
<td>S</td>
<td>2.0 lbs/0.9 kg</td>
<td>1.8 lbs/0.8 kg</td>
<td>1.7 lbs/0.8 kg</td>
</tr>
<tr>
<td>M</td>
<td>2.1 lbs/1.0 kg</td>
<td>2.0 lbs/0.9 kg</td>
<td>1.8 lbs/0.8 kg</td>
</tr>
<tr>
<td>L</td>
<td>2.3 lbs/1.0 kg</td>
<td>2.1 lbs/1.0 kg</td>
<td>2.0 lbs/0.9 kg</td>
</tr>
<tr>
<td>XL</td>
<td>2.5 lbs/1.1 kg</td>
<td>2.3 lbs/1.1 kg</td>
<td>2.2 lbs/1.0 kg</td>
</tr>
</tbody>
</table>

- IIIA protection (.44 magnum SJHP at 1400 fps)
- Has add ons available (Wilcox L4 NVG shroud, rails)
- Comes with D3O TRUST 7 Pad suspension system and Striker ratchet dial or X-nape style retention system
- Made from UHMWPE Spectra fibers and thermoset resin shell construction
- As of now costs $656.00 from tristatearmor.com, $725.40–$760.50 from armorexchange.com, $849 from apexarmorsolutions.com (with rails and NVG shroud), or $865-$1,281.67 from danasafetysupply.com

**Galvian P-Series Helmets:**

<table>
<thead>
<tr>
<th>CIRCUMFERENCE</th>
<th>SMALL (20 ¼ - 21 ½ in (515 - 546 mm))</th>
<th>MEDIUM (21 - 22 ¼ in (535 - 568 mm))</th>
<th>LARGE (21 ¼ - 22 ¾ in (555 - 595 mm))</th>
<th>X-LARGE (22 ¼ - 24 ¾ in (575 - 620 mm))</th>
</tr>
</thead>
<tbody>
<tr>
<td>COVERAGE (FULL CUT)</td>
<td>155 in² (1000 cm²)</td>
<td>161 in² (1039 cm²)</td>
<td>173 in² (1116 cm²)</td>
<td>185 in² (1194 cm²)</td>
</tr>
<tr>
<td>WEIGHT (FULL CUT SHELL)</td>
<td>1.86 lbs (0.84 kg)</td>
<td>1.90 lbs (0.86 kg)</td>
<td>2.05 lbs (0.93 kg)</td>
<td>2.41 lbs (1.09 kg)</td>
</tr>
<tr>
<td>WEIGHT (FULL CUT SYSTEM)</td>
<td>2.77 lbs (1.26 kg)</td>
<td>2.81 lbs (1.27 kg)</td>
<td>2.98 lbs (1.35 kg)</td>
<td>3.38 lbs (1.53 kg)</td>
</tr>
<tr>
<td>WEIGHT (MID CUT SYSTEM)</td>
<td>2.67 lbs (1.21 kg)</td>
<td>2.68 lbs (1.21 kg)</td>
<td>2.87 lbs (1.30 kg)</td>
<td>3.27 lbs (1.48 kg)</td>
</tr>
<tr>
<td>WEIGHT (HIGH CUT SYSTEM)</td>
<td>2.56 lbs (1.16 kg)</td>
<td>2.57 lbs (1.17 kg)</td>
<td>2.74 lbs (1.24 kg)</td>
<td>3.07 lbs (1.39 kg)</td>
</tr>
</tbody>
</table>

- IIIA protection (.357 SIG at 1470 fps and .44 magnum 240 gr SJHP at 1430 fps)
- Has add ons readily available (Viper NVG shroud, rails)
- Comes with 7-Pad suspension system and Viper H-nape retention system, or Viper modular suspension system
- Made from UHMWPE
- As of now costs $1078.41-$1219.08 from galvion.com
Team Wendy EXFIL Ballistic Helmet:

- IIIA protection (9mm FMJ RN at 1400 fps)
- High cut
- Has add ons attached (Wilcox W shroud, EXFIL rails 2.0 or 3.0)
- Comes with 16 customizable Zorbium comfort pad suspension system and boltless CAM FIT dial retention system
- Made of “polyethylene and other fibers in a proprietary secure fit”
- As of now costs $1109-$1309 from opticsplanet.com, $1,099.98–$1,199.98 from steeleindustries.com, $1,175.69 from botach.com, $1180 from ownthenight.com, or $1205.08 from teamwendy.com

Ops-Core Sentry XP Helmet:

- IIIA protection (9mm 124 Gr FMJ at 1400 fps)
- Mid cut
- Has add ons attached (skeleton shroud, ARC rails)
- Comes with EPP padding suspension system with worm dial retention system
- Made from carbon, unidirectional polyethylene and woven aramid
- As of now costs $1765 from gentexcorp.com, or $1,765–$1,860 from tnvc.com
**Ops-Core FAST XP Helmet:**

- IIIA protection (9mm 124 Gr FMJ at 1400 fps)
- High cut
- Has add ons attached (skeleton shroud, ARC rails)
- Comes with EPP padding suspension system with worm dial retention system, or vented lux liner suspension system with OCC-dial retention system
- Made from carbon, unidirectional polyethylene and woven aramid
- As of now costs $999.98 from botach.com, $1050 from armsunlimited.com, $1,400 from ownthenight.com, $1,601.25–$1,770.00 from tnvc.com, or $1675 from gentexcorp.com

**Galvian Ballistic Helmet System:**

- IIIA protection (9mm/.44 MAG SWC GC at 1450 fps)
- High cut
- Has add ons attached (Viper NVG shroud, rails)
- Comes with 7-Pad suspension system and Viper H-nape retention system, or Viper modular suspension system
- Made from UHMWPE
- As of now costs $1,749.99 from armorexchange.com or $1863.93 from galvion.com

**Ops-Core FAST XP Helmet:**

<table>
<thead>
<tr>
<th>Available Sizes</th>
<th>Medium</th>
<th>Large</th>
<th>X-Large</th>
<th>XX-Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>FAST XP Shell Weight</td>
<td>1.98 lbs (893 g)</td>
<td>2.01 lbs (913 g)</td>
<td>2.18 lbs (989 g)</td>
<td></td>
</tr>
</tbody>
</table>

**Galvian Ballistic Helmet System:**

<table>
<thead>
<tr>
<th>SMALL</th>
<th>MEDIUM</th>
<th>LARGE</th>
<th>X-LARGE</th>
<th>XX-LARGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>CIRCUMFERENCE</td>
<td>20 ¾ - 22 ¼ in (527 - 565 mm)</td>
<td>22 - 23 ¼ in (559 - 603 mm)</td>
<td>23 ½ - 24 in (578 - 610 mm)</td>
<td>24 ¼ - 25 ¾ in (616 - 654 mm)</td>
</tr>
<tr>
<td>COVERAGE</td>
<td>154 in² (994 cm²)</td>
<td>162 in² (1045 cm²)</td>
<td>171 in² (1103 cm²)</td>
<td>185 in² (1194 cm²)</td>
</tr>
<tr>
<td>WEIGHT (SHELL)</td>
<td>1.47 lbs (0.67 kg)</td>
<td>1.53 lbs (0.69 kg)</td>
<td>1.61 lbs (0.73 kg)</td>
<td>1.77 lbs (0.80 kg)</td>
</tr>
<tr>
<td>WEIGHT (SYSTEM)</td>
<td>2.31 lbs (1.05 kg)</td>
<td>2.38 lbs (1.08 kg)</td>
<td>2.49 lbs (1.13 kg)</td>
<td>2.71 lbs (1.23 kg)</td>
</tr>
<tr>
<td>WEIGHT (SYSTEM)</td>
<td>2.31 lbs (1.05 kg)</td>
<td>2.38 lbs (1.08 kg)</td>
<td>2.49 lbs (1.13 kg)</td>
<td>2.71 lbs (1.23 kg)</td>
</tr>
</tbody>
</table>
Team Wendy EXFIL Ballistic SL Helmet:

- II protection (9mm FMJ RN at 1195 fps)
- High cut
- Has add ons attached (Wilcox SL NVG shroud, EXFIL 3.0 rails)
- Comes with Zorbium foam suspension system and CAM FIT retention system
- Made of “polyethylene and other fibers in a proprietary composite matrix”
- As of now costs $1,499.98–$1,545.98 from steeleindustries.com, $1545 from ownthenight.com, $1545.70-$1645.70 on botach.com, $1559 from opticsplanet.com, or $1584.35 from teamwendy.com

Ops-Core FAST SF Helmet:

- II protection (9mm 124 Gr FMJ at 1195 fps)
- Super high cut
- Has add ons attached (MBS NVG shroud, skeleton ARC rails)
- Comes with vented lux liner suspension system with OCC-dial retention system
- Made from carbon, unidirectional polyethylene and woven aramid
- As of now costs $1800 from ownthenight.com, $1,860.60–$2,095 from tnvc.com, or $2000 from gentexcorp.com

Rifle Rated Helmets

Notes:
- All of these helmets are weak to steel tipped or cored projectiles, such as the M855 projectile. These helmets are best used for MSC 7.62x39 threats or lesser but some have been proven to stop M80 at full velocity. May or may not stop common lead core 5.56 ammunition.
- All are primarily made from UHMWPE, and the backface deformation on rifle threats would be very high but you may survive the hit. The difference between these and standard IIIA helmets are that these are quite thicker.
- The high cut ECH also exists but as of now is impossible to find commercially
- There are higher rated helmets that can stop M855 such as the Diamond Age Bastion helmet with the ballistic add on, or the Ares Protection level IV helmet, which is supposedly capable of stopping M2 AP at 2880 fps. You will never be able to find one for sale though.

Enhanced Combat Helmet:
- ~III protection, has capabilities to stop M43 and M80 threats (may stop M193?)
- Full cut
- 3.25-3.61 lbs
- Add ons are quite difficult to find but do exist, common ACH rails may not work because the helmet is in a different cut with different hardware
- Standard configuration comes with a NVG shroud, 7 pad suspension system, ECH IRS (improved retention system for ECH)
- Made of UHMWPE
- As of now full helmet setup can be found used for ~$400-$700, $300 if lucky

Integrated Head Protection System (IHPS):
- Probably same protection level as ECH, if not a bit higher
- Unique mid cut? Idk look at it yourself and tell me what cut it is
- Compatible with uparmor applique that is supposedly able to stop 7.62x54R 7n1 :0
- Also compatible with a mandible and eyeshield, most likely rated for frag or pistol threats only
- Comes with proprietary NVG shroud, X-nape style retention system and 7 pad retention system
- Made of UHMWPE and carbon
- As of now full helmet setup without face protection or appliques can be found used for ~$1000-$2000

ArmorSource AS-600 Helmet:
- ~just under III protection, has capabilities to stop M80 at 2100 fps so may stop Tyrone’s 7.62x39 draco but probably nothing beyond that.
- Add ons available (Wilcox L4 NVG shroud, ASR rails)
- Comes with Team Wendy ZAP or Team Wendy Epic Air or standard 7 pad or 9 pad suspension system, and Team Wendy CAM FIT or H-nape style retention system
- Made of UHMWPE and composite material
- As of now $949.99 from opticsplanet.com or $1,140 from aviationsurvival.com
Avon Protection L110 Combat II Helmet:

- ~just under III protection, has capabilities to stop M80 at 2200 fps so may stop Tyrone’s 7.62x39 draco but probably nothing beyond that.
- Full cut
- Add ons available (NVG shrouds, ARC rails)
- Comes with D3O Trust Stealth or Epic Air suspension system, and an H-back, X-back, or dial retention system
- Made of UHMWPE
- As of now costs $1550 from botach.com

<table>
<thead>
<tr>
<th>Size</th>
<th>L110 Combat II</th>
</tr>
</thead>
<tbody>
<tr>
<td>S</td>
<td>~2.9 lbs (1.31 kg)</td>
</tr>
<tr>
<td>M</td>
<td>~3.0 lbs (1.36 kg)</td>
</tr>
<tr>
<td>L</td>
<td>~3.1 lbs (1.41 kg)</td>
</tr>
<tr>
<td>XL</td>
<td>~3.9 lbs (1.77 kg)</td>
</tr>
</tbody>
</table>

(includes suspension and retention systems)

Ops-Core TBH-R1 Helmet System:

- ~just under III protection, has capabilities to stop M80 at 2400 fps so will stop most commercially available 7.62x39
- Has add ons attached (MBS NVG shroud, skeleton ARC rails)
- Comes with lux pux or 360 liner suspension system and OCC-dial retention system
- Made from carbon, UHMWPE, and woven aramid
- As of now costs $2035 from hcctac.com, can be ordered from gentexcorp.com

<table>
<thead>
<tr>
<th>Suspension/Retention Option</th>
<th>Low Cut</th>
<th>Mid Cut</th>
<th>High Cut</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ops-Core Lux Pux / Universal Occ Dial Fitband</td>
<td>3.56 lbs (1613 g)</td>
<td>3.48 lbs (1579 g)</td>
<td>3.29 lbs (1491 g)</td>
</tr>
<tr>
<td>Ops-Core 360 Liner / Universal Occ Dial Fitband</td>
<td>3.58 lbs (1625 g)</td>
<td>3.51 lbs (1591 g)</td>
<td>3.31 lbs (1503 g)</td>
</tr>
</tbody>
</table>
Ops-Core FAST XR Helmet System:

- ~just under III protection, has capabilities to stop 7.62x39 at 2400 fps
- High cut
- Has add-ons attached (MBS NVG shroud, skeleton ARC rails,)
- Comes with vented lux liner suspension system with OCC-dial retention system
- Made from carbon, UHMWPE, and woven aramid
- As of now costs $2,100 from gentexcorp.com, or $2,100–$2,195 from tnvc.com

Highcom Striker Arditi (RCH) Helmet:

Weight of full cut:

Weight:
Small: 3.1lbs
Medium: 3.3lbs
Large: 3.4lbs
Extra-Large: 3.6lbs

- III protection, has capabilities to stop M193, M43 and M80 threats.
- Full cut, mid cut, and high cut options
- Has add ons available (Wilcox L4 three-hole NVG shroud, rails)
- Comes with D3O TRUST 7 Pad suspension system and X-nape style retention system
- Made of 100% UHMWPE DSM Dyneema
- As of now costs $2,399.00-$2,703.40 from liveactionsafety.com, $2,579.00 with rails and NVG shroud from apexarmorsolutions.com, $2,619.50 from armorexchange.com, or $2,999.00 from tristatearmor.com
Ops-Core FAST RF1 Helmet System:

<table>
<thead>
<tr>
<th>Available Sizes **</th>
<th>Medium</th>
<th>Large</th>
<th>X-Large</th>
<th>XX-Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>FAST RF1 System Weight</td>
<td>3.32lbs (1509g)</td>
<td>3.51lbs (1594g)</td>
<td>3.85lbs (1745g)</td>
<td>4.11lbs (1865g)</td>
</tr>
</tbody>
</table>

~III protection, has capabilities to stop M193, M43 and M80 threats.
- High cut
- Has add-ons attached (skeleton ARC rails, modular bungee shroud)
- Comes with vented lux liner suspension system with OCC-dial retention system
- Made from carbon, UHMWPE, and woven aramid
- As of now costs $3249 from gentexcorp.com, $3,250.00–$3,345.00 from tnvc.com,

Options for helmet upgrades/add ons/replacements

Notes:
- Newer full helmet systems already come with very decent retention, padding and mounting systems. Older ACH’s for example are the primary use for many of these.

VELCRO Brand Hook Disks:
- Replacement to other velcro discs or upgrade to velcro strips, allows for attachment of padding
- Can be found on Team Wendy’s website for $5.23 before shipping, also available in other online stores

Suspension/Retention Systems

Notes:
- The entire purpose of the suspension system liner is to protect the head when hit, and to secure the helmet to the user, retention systems are also to secure the helmet to the user. Higher tier pads are more comfortable and allow for better airflow
- Both worm and dial type retention systems work great, it’s not that much of a concern to have one over the other
- ECH’s are a bit different than regular ACH or FAST style helmets, with larger (17.5mm instead of 15mm) mounting hardware
- PASGT/LWH are also different in position and hardware
- Most of these options fit on any ACH or FAST style helmet, the helmet requires velcro discs or strips to attach pads and the retention system attaches via the helmet bolts.
**Improved H-nape Retention Chinstrap for ACH or ECH:**
- Upgrade to the older style retention systems, has sliders on the front straps and I found it’s much more stable and comfortable than the older style. Allows for better fit of ear pro.
- Compatible with ACH or ECH helmets, depends on what package says
- Made by many government contractors
- As of now costs $20-$30 online

**Team Wendy CAM FIT H-Back Retention System:**
- Similar to improved H-nape retention chinstrap
- Compatible with ACH/MICH or ECH helmets
- As of now costs $68 from ownthenight.com, or $71 from teamwendy.com

**Ops-Core Head-Loc 4-Point H-Nape Chinstrap:**
- Similar to improved H-nape retention chinstrap
- Compatible with ACH/MICH helmets
- As of now costs $118 from ownthenight.com, or $127 from gentexcorp.com

**Team Wendy CAM FIT Retention System:**
- Options for ECH, PASGT/LWH, or ACH/MICH/FAST style helmets
- Dial retention system
- As of now costs $112 from ownthenight.com, or $115 from teamwendy.com

**Standard ACH Pads:**
- Replaces helmet suspension
- Standard 7 pad configuration is used the most, there is another 9 pad variant though
- Possible to fit with under the helmet headsets but is not the best
- Made by various government contractors
- As of now costs ~$20 online

**Team Wendy EPIC Air Liner System:**
- Replaces helmet suspension
- Compatible with under the helmet headsets
- Compatible with all helmets with velcro inserts
- Padding can be rearranged to fit all head shapes and sizes
- As of now costs $104.82 from teamwendy.com
Team Wendy Cloudline System:
- Replaces helmet suspension
- Compatible with under the helmet headsets
- Compatible with all helmets with velcro inserts
- Padding can be rearranged to fit all head shapes and sizes
- As of now costs $112.74 from teamwendy.com

4D Tactical Pads:
- Supposedly one of the best suspension systems for helmets out there
- Replaces helmet suspension
- Many variations suitable for all applications
- Compatible with all helmets with velcro inserts
- As of now costs $74.25-$97.50 from ownthenight.com, or $65-$120 from 4dtactical.com

Ops-Core LuxPux:
- Replaces helmet suspension
- Comes with 10 pads
- Made of the same materials as the Ops-Core Vented Lux Liner pads
- As of now costs $99 from ownthenight.com

Ops-Core ACH OCC-Dial EPP Kit:
- Sold some time ago by Ops-Core but is now discontinued, can still be found online
- Replaces retention and suspension system
- Compatible with ACH helmets
- As of now costs $60-$180 online

Galvion Viper Modular Suspension System (MSS):
- Replaces retention and suspension system
- Dial-type retention system
- The suspension system utilizes a net and foam pads that are very adjustable to fit the user’s head
- As of now costs $169.99–$197.42 from tnvc.com, $175 from ownthenight.com, or $197.42 from galvion.com

Ops-Core Vented Lux Liner Kit:
- Only works on FAST high cut or super high cut helmets
- Replaces retention and suspension system
- Comes in both OCC-dial and worm dial options
- Includes vents ☞ to help with air flow (sorry couldn’t help myself)
- Compatible with FAST and similar helmets
- As of now costs $360-$389 from gentexcorp.com or tnvc.com
Rail systems

These mounts can be used to attach lights, cameras, NVG’s, hearing protection/comms, or various other accessories to the helmet. I can not confirm that ACH rails fit onto ECH helmets, I suspect that different rails are needed due to the different shape

HighCom Striker ACH-ARC Rail System:
-Made specifically for ACH style helmets
-As of now costs $105.00 from tristatearmor.com or $109.95 from kellac.com

Ops-Core ARC Rails:
-There's ARC rails specifically for the ACH, FAST carbon and bump, sentry, FAST XP, and FAST MT/SF helmets
-As of now cost $112 from gentexcorp.com, or $135 from tnvc.com

Galvion Viper Front Mount and Viper Interlocking Long Rails:
-Front mount must be used to attach rails :(
-May attach to ACH-style helmets not made by Galvion, unsure though and wouldn’t test it
-Full kit runs for $185.98 from galvion.com

Team Wendy EXFIL Ballistic Rail 3.0 Retrofit Kit:
-Attaches ONLY to EXFIL ballistic helmets
-Allows for attachment of EXFIL® Ballistic Visor and the EXFIL® Face Shield
-As of now costs $55.19 from teamwendy.com

Ops-Core Skeleton ARC Rails:
-There's skeleton ARC rails specifically for the ACH, FAST carbon and bump, sentry, FAST XP, and FAST MT/SF helmets
-Slightly lesser weight than the regular ARC rails
-As of now costs $100-$122 from ownthenight.com, $112-$135 from gentexcorp.com
Ballistic Helmet Add Ons

Protip: Face masks that look like this:

SUCK ASS, don’t use them. They don’t mount to the face well, limit vision, and will fuck your face up if shot. It’s better to just use ballistic visors instead.

Notes:
- I think the only reason why somebody would want to have a ballistic mandible instead of a face shield is if they are running helmet mounted night vision devices.
- Fragmentation only appliques do exist to protect from fragmentation from grenades, IED’s, etc.
- Team Wendy, Ops-Core, and Galvian make ballistic mandibles that are capable of stopping common 9x19 ammo on their respective helmets. They also made face visors that are capable of stopping fragmentation that are compatible with the mandibles.
- Ops-Core and Team Wendy both make ballistic ear covers if you’re into that kinda thing.

Ops-Core Multi-Hit Handgun Face Shield:
- IIIA protection (9mm 124gr FMJ at 1,400 fps and 44 Cal Magnum 240gr SWC GC at 1,400 fps)
- Fits on all ACH/TBH, or FAST helmets ONLY via ARC rails
- 2.95 lbs
- Made of acrylic and polycarbonate material
- As of now costs $593.70 from gentexcorp.com

Highcom Striker Ballistic Visor:
- Variants for II or IIIA protection, II is rated for .357 magnum JSP @ 1395 fps and IIIA is rated for .44 magnum @ 1400 fps
- Attaches to full cut PASGT or ACH style helmets with a rear lock headband
- Unknown weight but I’m guessing a a bit heavier than the Ops-Core one because of the design
- Made of “Advanced layering of polycarbonates and polyurethane in a hybridized clear visor”
- As of now costs $449 for II variant and $559 for IIIA variant from apexarmorsolutions.com, or $570 for either variant from danasafetysupply.com
**Velocity Systems SLAAP Up-Armor Ballistic Rifle Plate:**
- Protects against MSC 7.62x39 2400 fps ICW standard ballistic helmets
- Attaches only to Ops-Core FAST MT and FAST helmets
- Attaches via velcro (post and ball)
- Made of UHMWPE
- As of now can be found on armsunlimited.com for $99, :0

**About Body Armor**

**2x RMA 1093 III+ Large Sapi-Cut Uncertified Plates:**

It hurts me using plates that are not NIJ certified, but it will have to do. RMA is a mostly reliable body armor manufacturer these days and I trust that they will protect me from my expected threats. These plates should stop all expected handgun threats and even the unexpected rifle threats. The large sapi size adequately covers my entire heart and lungs from the front, and my heart, lungs, and upper spine from the back. The SAPI cut does mildly interfere with my ability to shoulder my rifle, but after training with it I am still very capable of shouldering quickly and reliably.

**Body armor needed for my threats:**

I chose III+ plates because they would stop all pistol threats and my unlikely but plausible threat of M855 from a police officer or SWAT team's AR, which many pure polyethylene plates would not stop. But considering that I’m not going to combat any police or SWAT or whatever, these plates are too much. I should have gone instead for a simple concealable IIIA vest or IIIA plates for the lighter weight and probably cost savings.

**Body armor basics:**

(Note: This is body armor BASICS, there is so much more to body armor than what I’m writing here)

First I will talk about NIJ certification. NIJ or National Institute of Justice is a department of the US government involved in research, development, and evaluation of crime and justice issues. They are important in the body armor world because of a testing series they do on armor. Compliant armor that stands up to NIJ standards may become NIJ certified. There are 5 levels of NIJ 0101.06 certification which can be found here:
(Note: There is a new NIJ standard coming out (0101.07) so these standards will change in the future.)
- Level IIA armor is intended to protect against 9x19 FMJ, .40 S&W FMJ, and .45 ACP FMJ at standard pistol velocities.
- Level II armor is intended to protect against 9x19 FMJ at higher velocities (normally +P ammo or standard 9mm ammo out of longer barrels) and .357 magnum JSP.
- Level IIIA armor is intended to protect against .357 SIG and .44 magnum SJHP (this threat level stops most handgun and shotgun threats, excluding some armor piercing variety and rare ammo types).
- Level III armor is intended to protect against at least 6 M80 FMJ (this threat level stops most lead core projectiles, besides some large core projectiles at high velocities).
- Level IV armor is intended to stop at least 1 30-06 M2AP (this threat level stops most of all available ammo to civilians and police in the US with some exceptions).

The reason why NIJ certification is important is because NIJ labs independently test ballistic armor to high standards. This link below leads to a PDF that describes these standards and testing protocols:


(INTRUDING NOTE: Armor that isn’t NIJ certified can still be decent and reliable)

NIJ certification is the only credible source that body armor stops what it is intended to stop. No amount of independent testing will ever amount to the credibility NIJ certified armor has. Many private companies refuse to do this, instead relying on people from YouTube or another website to test their plate for them. The problem with this is that it can often be rigged. The links in the description are often affiliate-links, which tempts the tester to fake the test to please the armor manufacturer. Or the armor may be built stronger than normal by the manufacturer, who wants to make sure that the test works. Sometimes the person testing it can rig it by using underpowered or faked ammunition, as it is very easy to paint the tip of a 30-06 ball round black. I’ll give an example of one misleading armor test, which also happens to be the most popular armor test on youtube:

https://www.youtube.com/watch?v=nlwlKEeJ0vU&ab_channel=FPSRussia

In this youtube video, FPSRussia tests an AR500 body armor plate, made by AR500 or their new company name Armored Republic. At one point he says he is shooting the AR500 armor plate with 5.56 FMJ, most probably M193 or a copy of M193, with a short-barreled rifle. The plate of course stops the projectile from penetrating and led many consumers to assume that the plate will stop all 5.56 ammunition, but the key factor here is that he used an SBR. Velocity is very dependent on penetrating armor, and since he used an SBR the velocity was lower than from regular rifles. As we know now, the steel armor he used is very susceptible to M193 at high velocities.
velocities, even out of a standard 16” barrel, which is the most common barrel length and ammo
type for the most common rifle in the United States: the AR-15.

I would also like to point out that FPSRussia states that the anti spall coating works in the
video. As we know now the anti spall coating is very ineffective at stopping shrapnel, especially
when they are hit closer to the edge. The rubberized material simply does not have the capability
to catch the bullet splash reliably, and often the spall cuts in between the steel and coating which
may cut the coating off and send spall outwards. Even in the video it is shown that the coating
came off the bottom of the plate and allowed for fragments of bullet to escape.

Secondly I will discuss armor options. Generally level IIA, II, and IIIA body armor is
made out of flexible kevlar or newer UHMWPE that can wrap around the entire body, protecting
the entire torso and even then some. Deltoid, neck, throat, lower back, groin, thigh and other
auxiliary armor do exist but tend to not be used in most situations because they are covering non
vital areas and are encumbersome. The most common form of cut for soft body armor is the
BALCS/SPEAR cut, which wraps around most of the torso. These provide a decent area of
protection The problem with these is that they often limit the ability to properly shoulder a rifle
because the armor gets in the way between the stock and the shoulder.

Hence, body armor plates. These bad boys cover the heart and most of the lungs and are
supposed to stop bullets from immediately killing you. Heart shots can kill instantly and lung
shots can end up fatal if not treated immediately, therefore it is encouraged that it is protected.
Body armor plates are generally 10” x 12” or sapi cut sized, which ranges from small to extra
large. Swimmer/shooter cut plates are available that trim down the top left and top right section
of the plate so that it is easier to aim a rifle or put your hands forward when using a pistol.
Multicurved refers to the plate having multiple curves, which helps with comfortability. In
conjunction with (ICW) plates refer to the plate needing a proper IIIA or mil spec backer to
safely be used. Body armor plates can range from level IIIA to level IV and even higher. Usually
plates get more expensive as the armor gets thinner, lighter, and stronger.

Thirdly I will discuss body armor material, for soft flexible armor, this includes kevlar
(aramid) or polyethylene armor. These work by catching the projectile and are usually found in
IIIA armor or below. Body armor plates are typically made in 3 forms; UHMWPE, ceramic, and
steel.

UHMWPE or ultra high molecular weight polyethene is a type of layered plastic that
works just like kevlar fibers does and catches the bullet. UHMWPE plates are very light
compared to the other options and offer great protection against lead-cored projectiles, but have
the downside of being weak against steel projectiles like 5.56x45 M855, which has a small steel
tip. Lower tier UHMWPE plates are also quite thick, which may cause problems when inserting
into a plate carrier.

Ceramic plates have a ceramic strike face with a UHMWPE or aramid backer. The
ceramic is usually composed of aluminum oxide, silicon carbide, or boron carbide. Aluminum
oxide is a white ceramic and is the weakest, heaviest, and cheapest of them all. Silicon carbide is a black ceramic and is stronger and lighter than aluminum oxide but more expensive. And boron carbide is also a black ceramic that is the strongest and lightest of them all, but the most expensive. Ceramic plates effectively stop many threats because the ceramic is able to break and slow down the projectile and the backing material catches the rest. To make ceramic armor more capable of stopping multiple projectiles, a tile array can be used instead of a monolithic. It’s important to note that even with a monolithic ceramic array, decent ceramic plates are still multi-hit capable. The only usable level IV plates and beyond are composed of some type of ceramic.

And finally we have steel… which shouldn’t even be considered an option for body armor. Never in a million years would I ever wear any steel body armor plate for the intention of stopping bullets. Here's a list of reasons why:

1: Steel armor is very heavy. For example the AR500 Heritage Plate weighs 8.5 lbs not including any add ons. The Spartan Armor Omega AR500 plate weighs 8.625 lbs also without any add ons. The only other comparable options are low tier ceramic armor like the RMA 1155, which weighs 8.3 lbs for a 10” x 12” SAPI cut. The problem with running heavy armor is that it increases the energy needed to do exercises, which will tire you much faster and may limit your ability to do exercises.

2: Steel armor is reliably penetrated by standard 5.56x45 55 gr at standard velocities. The reason why is simply because the M193 is able to put much of its force into a smaller area when it hits a plate, whereas the M855 is more spread out. There’s many videos on YouTube demonstrating this, here’s one for example:

https://www.youtube.com/watch?v=8vkighPlBoc&ab_channel=TheChoppingBlock

Since the 16” AR-15 and its variants are one of the most common weapon types used by civilians and militaries today, and M193 is one of the most common ammo types, what’s the point if standard target ammo penetrates them easily?

3: Steel armor is dangerous to use. When a bullet hits kevlar armor or a UHMWPE plate, the bullet is caught by the armor and doesn’t deform much. With ceramic armor, the bullet is broken by the ceramic and the backing material (normally UHMWPE) catches the remaining bullet fragments. But with steel, the bullet becomes broken by the steel’s sheer hardness and doesn’t get absorbed, instead the bullet fragments are sent in 360° parallel to the plate. This wouldn’t be that much of an issue if your neck, shoulders, thighs, and groin weren’t in the way, but that is not the case. Nothing’s better when you’ve been shot and now you have to deal with the multiple spalls that have cut through your iliac and carotid arteries. AR500 and many other companies try to mitigate this with build up liners that are supposed to catch spalling, but unfortunately they do not work as intended. An example of this can be shown from Buffman R.A.N.G.E:

https://www.youtube.com/watch?v=OH3I4ofX8xM&ab_channel=Buffman-R.A.N.G.E.
The tested plate coating literally came off of the plate after 2 hits and failed to catch the rest of the spalling, sending copper and lead bits 1” and in 1 example 2” inside of a gel block. This could most definitely kill you and is why I would stay very far away from steel plates.

“But what about this other solution…” No. Steel armor by its very design is dangerous to use. No amount of build ups or liners or plate coverings will change that. The best thing to do is to simply not buy steel armor in the first place.

Moral of the story/TLDR: If you have steel plates, don’t use it. If you want to buy steel plates, don’t.

**Body Armor Options**

**Notes:**
- Hesco has had many recalls on their plates and failed multiple FIT tests. In fact they failed FIT tests every year except for one. Their models 4400, 4600, 3400, and 3610 all failed a FIT test, and the 3610 and 4600 failed the re-FIT, which led to their recall. Hesco seems to have a lower standard of quality control and underbuilds their plates, and as a result often leads to the plates incapability to stop the projectile it is intended to stop. Some of these recalled options are still available and sold online, be careful of that.
- RMA has used shady tactics before such as using an 8” x 10” ceramic strike face on their 10” x 12” plates, most notably in the gen 1 1189 and gen 1 1199. Both are now unavailable on their website. RMA has also bought steel plates from Spartan Armor to meet the demands of customers who wanted steel armor over ceramic or polyethylene, you decide if that makes them shady or not.
- Chinesium refers to those of low quality or misleading plates that are most likely dangerous to use.
- Some armor is not in stock but has to be ordered from the manufacturer, which may take a few weeks or months.

**Don’t buy from list, shit tier garbage throw it in a fire and forget about it:**
- Any steel armor (steel armor is ALWAYS dangerous to use)
- Militech (chinesium, cheat rings)
- Alibaba/Wish/Aliexpress (chinesium)
- Armored Republic AR500 (shit company, overpriced goods, steel plates)
- Botach armor (chinesium, cheat rings, remember: Battle Steel = BS)
- Ace Link Armor (cheat rings, dangerous low quality plates)
- SafeLife Defense (shit company, heavy and thick armor (2.0 lbs/square foot for the certified armor), chinesium sourced materials)
- Tactical Scorpion Gear (cheat rings, chinesium imported materials, excessive BFD)
- AA Shield (chinesium)
- Spartan Armor (steel plates, generally overpriced plates compared to other options, lower quality ceramic armor with weak adhesives and unpressed backers)
- Bulletsafe (chinesium, only good thing they have is a cheaper NIJ certified IIIA vest)
- Security Pro USA (sometimes has real deal but their brand items are chinesium and low quality)
- Shotstop (cheat rings, low quality armor)
- LAPG (cheat rings, low quality armor)
- Mira Safety (cheat rings, low quality armor)
- RTS Tactical (shit company, steel plates, cheat rings, low quality armor)
- American Blast Systems (cheat rings, low quality armor)
- Longfri (chinesium, cheat rings)
- Guardian Gear (cheat rings, chinesium, sources from Longfri)
- VISM (chinesium)

**Payton G approved body armor companies:**
These options are harder to find in the civilian market, but sometimes they pop up.
- Tencate/Tencate Cratus
- ARES Armor
- LTC
- Survival Armor
- Ceradyne
- BAE Systems
- Safariland/Protech
- Saber Solutions (Sells Hesco and LTC armor)
- Hyperion
- Atlas Armor
- Mehler Vario
- Mofet Etzion (be warned, they support jews)
- Diamond Age
- Velocity Systems

**Places to buy armor from:**
Many of these items can be found from distributors just by looking them up, but here’s some reliable ones:
apexarmorsolutions.com
bulletproofme.com
pewpewsockets.com
sierratac.com
esstac.com
liveactionsafety.com
brownells.com
opticsplanet.com/tactical-store.com
rmadefense.com
trex-arms.com
hopletearmor.com
optactical.com
chasetactical.com

**Used:**
eBay/Tacswap/surplus stores/flea markets/Facebook Marketplace/Instagram Shopping/r/GunAccessoriesForSale (buying used comes with risks, also shit tier/chinesium items may be found here, be careful and don’t buy what you are uncertain of)

**Current discount codes:**
hopletearmor.com: BIDENISGAY or CITIZEN
rmadefense.com: RMAPROTECTS
opticsplanet.com: WORK8
gentexcorp.com: CLASKY or ELITE10

**IIIA hard or soft body armor options**

**Notes:**
-In this day and age it’s normally just better to use level IIIA armor instead of II or IIA.
-According to FBI statistics, most homicides involve handguns, so in reality IIIA or armor is likely plentiful for most situations. If rifles may be involved, step the armor up.
-Unfortunately many of the S+ tier IIIA armor like the Safariland Hardwire are only available to certain credentials because of fag companies.
-Interestingly it’s harder to get decent IIIA BALCS vests than III or higher hard armor.

**Highcom SA3100 Plate Backer:**
-NIJ .06 IIIA certified
-10” x 12”
-Special threat tested against some 5.7x28 ammunition
-Flexible
-Areal density of 1.32 psf
-0.29” thick
-Made of Twaron aramid fibers
-Works as a ICW plate backer
-As of now costs $145 from apexarmorsolutions.com
SKD Armor IIIA Soft Armor Plate Backer:
- NIJ .06 IIIA certified
- 10” x 12” and SAPI size options
- Flexible
- Areal density of 1.17 psf
- 0.275” thick
- Made of 3000D Twaron Microlam
- Works as a ICW plate backer
- As of now costs $99.95 per plate from skdtac.com

Crye Precision Platebag Soft Armor Insert:
- Not NIJ certified
- Supposed to stop up 9mm 124 FMJ at 1400 fps
- Comes in SAPI cut sizes S to XL
- Flexible
- Unknown areal density but since it's made of Dyneema it is very low
- Unknown thickness but it’s thin, trust me
- Made of Dyneema
- Works as a ICW plate backer
- As of now costs $153.90 per plate from cryeprecision.com

Velocity System IIIA Soft Armor SAPI-Cut Plate Backers:
- NIJ .06 IIIA certified and passes USSOCOM fragmentation requirements
- Flexible
- Comes in SAPI cut sizes M and L from my online research
- Unknown areal density but since it's made of Dyneema it is very low
- .23” thick
- Made of 100% DSM Dyneema
- Works as a ICW plate backer
- As of now costs ~$150 per plate from optactical.com, Velocity Systems does not allow for civilians to buy it directly from them but can often be found in other online stores.
**Hoplite 19300:**
- Not NIJ certified
- Multicurve
- Not flexible
- 1.3 lbs
- 0.35” thick
- 10” x 12”
- Made of UHMWPE
- Probably won’t work with ICW plates because it is not flexible
- As of now costs $149 from hoplitearmor.com, $150 from apexarmorsolutions.com,

**RMA 0226 Gen-2:**
- Not NIJ certified
- Single curve
- Not flexible
- 0.88 lbs
- 0.25” thick
- 10” x 12”
- Made of UHMWPE
- Probably won’t work with ICW plates because it is not flexible
- With current discount this costs $99.99 per plate from rmadefense.com, without it it costs $165

**Hesco P210:**
- Not NIJ certified
- Comes in so many forms: SAPI size and cuts, full cuts, and shooter cuts
- Special threat tested for 5.7x28 and 7.62x25 threats, unknown which projectiles used
- Not flexible
- There’s so many options it’s not even funny, on Hesco’s website I count 13 plates all with different cuts, curves, and sizes. Weight varies between plates
- 0.27” thick
- Made of UHMWPE
- Probably won’t work with ICW plates because it is not flexible
- As of now costs $159–$252 from sierratac.com
OTV/IOTV soft armor or police vest:
- Police vests are often from safariland, second chance, or point blank body armor
- Police soft armor may be NIJ certified may be not, check the armor itself for a tag saying it is.
  (Certification may be expired or denied, look it up in the NIJ compliant list)
- Military soft armor will not be NIJ certified but has passed a military projectile test at one point.
- Age may deteriorate aramid fibers enough that it is now inadequate for stopping bullets and fragmentation, use with caution.
  - Curves around the torso
  - Weight and coverage varies, more often than not it is on the higher areal density side
  - Most likely made of aramid, UHMWPE vests are quite new and hard to find
- As of now ~$100-$300, may be equivalent to NIJ IIA, II, or IIIA
- May or may not come with carrier
- Can be found in the used section of places to get armor, bulletproofme.com also sells surplus sometimes

Stealth Armor Systems GTX-K-3A CIRAS BALCS Cut Panels:
- Not NIJ certified
- Made from plain woven kevlar fabric
- Curves around the torso
- 1.3 psf areal density
- Concealable at .30” thick
- Available in BALCS or First Spear Siege RO cut
- Sizes S to XL
- As of now costs $330-$470 from stealtharmorsystems.com
- Does not come with carrier

Midwest Armor Stinger III-A Soft Armor Panels:
- NIJ .06 IIIA certified
- Made with woven aramid
- Curves around the torso
- 1.55 psf areal density (quite a lot)
- Concealable at .35” thick
- Available in “BALCS, concealed, or custom” sizing
- Sizes XS to 3XL
- As of now costs $369-$389 from bulletproofme.com, or $410 to $580 from midwestarmor.com
- Does not come with carrier
RMA Protego Concealable Soft Body Armor Vest:
- NIJ .06 IIIA certified
- Made from woven aramid
- This is a rebranded Slate Solutions Gen 1 Concealable vest (I think), RMA does not manufacture this
- Curves around the torso
- 1.55 psf areal density (quite a lot)
- Concealable at .35” thick
- As of now armor and carrier costs $499 from rmadefense.com

ProMAX IIIA Ultra-Thin:
- NIJ .06 IIIA certified
- Most likely made from aramid material
- Curves around the torso
- 1.23 psf areal density
- Concealable at .25” thick
- All sizes are made to order
- Has carrier upgrades such as Cordura nylon outer shell for $30, slick rifle plate pockets for $100, or tactical carrier with plate pockets, cummerbund, and MOLLE for $200
- As of now armor and carrier costs $499 from bulletproofme.com

RMA Contego Concealable Soft Body Armor Vest:
- NIJ .06 IIIA certified
- Made from woven aramid
- This is a rebranded Slate Solutions HD Concealable vest, RMA does not manufacture this
- Curves around the torso
- 1.18 psf areal density
- Concealable at .25” thick
- Sizes S to 5XL with special order
- Has capabilities to insert additional body armor plates
- As of now armor and carrier costs $599 from rmadefense.com
ProMAX IIIA Ultimate Ultra-Thin:
-NIJ .06 IIIA certified
-Most likely made from dyneema-like material
-Curves around the torso
-.86 psf areal density
-Concealable at .21” thick
-All sizes are made to order
-Has carrier upgrades such as cordura® nylon outer shell for $30, slick rifle plate pockets for $100, or tactical carrier with plate pockets, cummerbund, and MOLLE for $200
-As of now armor and carrier costs $749 from bulletproofme.com

Crye LVS Base Vest:
-NIJ .06 IIIA certified
-Curves around the torso
-Made of Dyneema or similar fibers so psf is very low
-Unknown thickness but VERY thin
-Sizes from S-2XL
-Has many upgrades such as other carriers, side armor options, and side pouches from Crye
-As of now armor and carrier costs $850 from cryeprecision.com

III UHMWPE Plate Armor Options

All these options will stop all commercially available handgun threats, will stop most lead core rifle ammo and all commercially available shotgun ammunition. However it is weak against steel tipped or cored ammunition, such as M855. Mild steel core projectiles like M43 may be stopped however.

RMA 1061-1064:

-1062 is NIJ .06 III certified
-Multicurve
-Sapi cut
-1.1” thick
-As of now costs $275-$345 per plate from rmadefense.com
RMA 1078:
-NIJ .06 III certified
-10” x 12”
-Singlecurve
-Sapi cut
-3.3 lbs
-1.3” THICC (may not fit in some carriers because of this)
-As of now costs $275 per plate from rmadefense.com

RMA 1088:
-NIJ .06 III certified
-10” x 12”
-Singlecurve
-Sapi cut
-3.0 lbs
-1.25” thicc
-As of now costs $339 from rmadefense.com

Hesco 3402:
-NIJ .06 III certified
-As of now costs $443.00 from extremeoutfitters.com
Slate Solutions H3001:

<table>
<thead>
<tr>
<th>Size</th>
<th>Shape</th>
<th>Cut</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 x 6</td>
<td>Single Curve</td>
<td>Full</td>
<td>1.0 lbs / 0.45 kg</td>
</tr>
<tr>
<td>6 x 8</td>
<td>Single Curve</td>
<td>Full</td>
<td>1.3 lbs / 0.58 kg</td>
</tr>
<tr>
<td>8 x 10</td>
<td>Single Curve</td>
<td>Full</td>
<td>2.4 lbs / 1.1 kg</td>
</tr>
<tr>
<td>8 x 10</td>
<td>Single Curve</td>
<td>Shooter</td>
<td>2.2 lbs / 1.0 kg</td>
</tr>
<tr>
<td>10 x 12</td>
<td>Single Curve</td>
<td>Full</td>
<td>3.5 lbs / 1.6 kg</td>
</tr>
<tr>
<td>10 x 12</td>
<td>Single Curve</td>
<td>Shooter</td>
<td>3.2 lbs / 1.45 kg</td>
</tr>
<tr>
<td>10 x 12</td>
<td>Single Curve</td>
<td>Swimmer</td>
<td>3.0 lbs / 1.4 kg</td>
</tr>
</tbody>
</table>

-NIJ .06 III certified
-1” thick
-As of now can be ordered on bulletproofme.com in their “Ultra-light Polyethylene Rifle Plates” section for $219-$279 per plate, or $228.33-$311.67 per plate from danasafetysupply.com

Slate Solutions H4001:

<table>
<thead>
<tr>
<th>Size</th>
<th>Shape</th>
<th>Cut</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 x 6</td>
<td>Multi-Curve</td>
<td>Full</td>
<td>1.1 lbs / 0.5 kg</td>
</tr>
<tr>
<td>6 x 8</td>
<td>Multi-Curve</td>
<td>Full</td>
<td>1.4 lbs / 0.6 kg</td>
</tr>
<tr>
<td>8 x 10</td>
<td>Multi-Curve</td>
<td>Full</td>
<td>2.7 lbs / 1.2 kg</td>
</tr>
<tr>
<td>8 x 10</td>
<td>Multi-Curve</td>
<td>Shooter</td>
<td>2.5 lbs / 1.1 kg</td>
</tr>
<tr>
<td>10 x 12</td>
<td>Multi-Curve</td>
<td>Full</td>
<td>3.7 lbs / 1.7 kg</td>
</tr>
<tr>
<td>10 x 12</td>
<td>Multi-Curve</td>
<td>Shooter</td>
<td>3.4 lbs / 1.5 kg</td>
</tr>
<tr>
<td>10 x 12</td>
<td>Multi-Curve</td>
<td>Swimmer</td>
<td>3.2 lbs / 1.4 kg</td>
</tr>
</tbody>
</table>

-NIJ .06 III certified
-.95” thick
-As of now costs $415.00-$813.33 per plate from danasafetysupply.com
Highcom 3s11:

- NIJ .06 III certified
- 1.25” thick
- As of now costs $417-$507 per plate from liveactionsafety.com, or $508.95-$618.95 per plate from chasetactical.com

<table>
<thead>
<tr>
<th>SIZE &amp; WEIGHT CHART</th>
</tr>
</thead>
<tbody>
<tr>
<td>SIZE</td>
</tr>
<tr>
<td>--------</td>
</tr>
<tr>
<td>5”x7”</td>
</tr>
<tr>
<td>5”x8”</td>
</tr>
<tr>
<td>6”x6”</td>
</tr>
<tr>
<td>6”x8”</td>
</tr>
<tr>
<td>8”x10”</td>
</tr>
</tbody>
</table>

Highcom 3s11m:

- NIJ .06 III certified
- 1.25” thick
- As of now costs $536 from tristatearmor.com, or $558.95–$858.95 per plate from chasetactical.com

<table>
<thead>
<tr>
<th>SIZE &amp; WEIGHT CHART</th>
</tr>
</thead>
<tbody>
<tr>
<td>SIZE</td>
</tr>
<tr>
<td>--------</td>
</tr>
<tr>
<td>10”x12”</td>
</tr>
<tr>
<td>7.25”x11.5”</td>
</tr>
<tr>
<td>8.75”x11.75”</td>
</tr>
</tbody>
</table>

Hoplite 23620:

- NIJ .06 III certified (says .06 certified on their website but didn’t find it on the NIJ compliant list, hmmm…)
- 10” x 12”
- Multicurve
- SAPI cut or swimmer cut options
- SAPI cut weighs 2.8 lbs and swimmer cut weighs 2.5 lbs
- 1” thick
- As of now costs ~$700-$800 per plate from hoplitearmor.com
**Hesco 3800C:**

(NOTE: Hesco 3800 is also a great plate and is slightly lighter, but has an inactive NIJ listing.)

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>3800-LE-MC-L</td>
<td>10.0 x 12.0 inches / 254 x 305 mm</td>
<td>0.95 inches / 24 mm</td>
<td>2.4 lb / 1.1 kg</td>
</tr>
<tr>
<td>3800-LE-MC-S</td>
<td>8.0 x 10.0 inches / 203 x 254 mm</td>
<td>0.95 inches / 24 mm</td>
<td>1.6 lb / 0.7 kg</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>3800C-SA-MC-XL</td>
<td>11.00 x 14.00 inches / 279 x 356 mm</td>
<td>0.95 inches / 24 mm</td>
<td>3.3 lb / 1.5 kg</td>
</tr>
<tr>
<td>3800C-SA-MC-L</td>
<td>10.25 x 13.25 inches / 260 x 337 mm</td>
<td>0.95 inches / 24 mm</td>
<td>2.9 lb / 1.3 kg</td>
</tr>
<tr>
<td>3800C-SA-MC-M</td>
<td>9.50 x 12.50 inches / 241 x 318 mm</td>
<td>0.95 inches / 24 mm</td>
<td>2.6 lb / 1.1 kg</td>
</tr>
<tr>
<td>3800C-SA-MC-S</td>
<td>8.75 x 11.75 inches / 222 x 298 mm</td>
<td>0.95 inches / 24 mm</td>
<td>2.2 lb / 1.0 kg</td>
</tr>
</tbody>
</table>

-NIJ .06 III certified
-As of now costs $392.99-$535.99 from securityprousa.com, $541-$728 from optactical.com, or $455-$813 from hcctac.com
Slate Solutions D1652/Tencate Cratus CR-3600 SA:
- NIJ .06 III certified
- 10” x 12” and SAPI size options
- Multicurve
- 1.07” thick
- SAPI cut or swimmer cut options
- 10” x 12” SAPI cut weighs ~2.4 lbs and 10” x 12” swimmer cut weighs 2.29 lbs, other weights are unknown but it’s pretty dang light.
- As of now can be ordered from danasafetysupply.com for $676.67 per plate, $598–$1,015.95 from armorexchange.com, or $609.99-$1019.00 per plate from opticsplanet.com

SRT Ceramic Composite Armor Options

Notes:
- All these options are rated for special 5.56x45 and 7.62x39 ammunition, but are not recommended for 7.62x51 or similar ammunition because it will penetrate or will have excessive backface deformation. These options fit a very specific niche, and may be useful to you.
- The Velocity Systems API-BZ plate is a very decent plate but unfortunately I couldn’t find anyone that sells it at this time.

Hesco L210:
(Protip: You’re going to want a plate backer with this plate because it's quite uncomfortable to wear standalone, I would recommend the T.REX Plate Backer Set.)

<table>
<thead>
<tr>
<th>SHOOTER CUT - SINGLE CURVE - TORSO PLATES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part Number</td>
</tr>
<tr>
<td>-------------</td>
</tr>
<tr>
<td>L2X0-SH-SC-L</td>
</tr>
<tr>
<td>L2X0-SH-SC-S</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FULL CUT - SINGLE CURVE - TORSO PLATES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part Number</td>
</tr>
<tr>
<td>-------------</td>
</tr>
<tr>
<td>L2X0-FC-SC-L</td>
</tr>
<tr>
<td>L2X0-FC-SC-S</td>
</tr>
</tbody>
</table>

- Not NIJ certified
- Supposed to stop M193, M855, M67, M43, or 1 7.62x39 BZ-API
- As of now costs $169.60 per plate from trex-arms.com, $165-$193 from esstac.com, or $149–$193 from pewpewsolutions.com
**Hesco M210:**

**SAPI CUT - MULTI CURVE - TORSO PLATES**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>M210-5A-MC-XL</td>
<td>11.00 x 14.00 inches / 279 x 356 mm</td>
<td>0.61 inches / 15 mm</td>
<td>6.7 lb / 3.0 kg</td>
</tr>
<tr>
<td>M210-5A-MC-L</td>
<td>10.25 x 13.25 inches / 260 x 337 mm</td>
<td>0.61 inches / 15 mm</td>
<td>5.8 lb / 2.6 kg</td>
</tr>
<tr>
<td>M210-5A-MC-M</td>
<td>9.50 x 12.50 inches / 241 x 318 mm</td>
<td>0.61 inches / 15 mm</td>
<td>5.0 lb / 2.3 kg</td>
</tr>
<tr>
<td>M210-5A-MC-S</td>
<td>8.75 x 11.75 inches / 222 x 293 mm</td>
<td>0.61 inches / 15 mm</td>
<td>4.3 lb / 2.0 kg</td>
</tr>
</tbody>
</table>

**SWIMMER CUT - MULTI CURVE - TORSO PLATES**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>M210-SW-MC-L</td>
<td>10.0 x 12.0 inches / 254 x 305 mm</td>
<td>0.61 inches / 15 mm</td>
<td>5.1 lb / 2.3 kg</td>
</tr>
<tr>
<td>M210-SW-MC-S</td>
<td>8.0 x 10.0 inches / 203 x 254 mm</td>
<td>0.61 inches / 15 mm</td>
<td>4.4 lb / 2.0 kg</td>
</tr>
</tbody>
</table>

- Not NIJ certified
- Supposed to stop M193, M855, M855A1, M67, M43, and 7.62x39 BZ-API
- As of now costs $309–$464 from pewpewsolutions.com or $339–$452 from sierratac.com,
**Hesco U210:**

**SHOOTER CUT - MULTI CURVE - TORSO PLATES**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>U210-SH-MC-L</td>
<td>10 x 10 inches / 254 x 254 mm</td>
<td>0.56 inches / 14 mm</td>
<td>3.9 lb / 1.8 kg</td>
</tr>
<tr>
<td>U210-SH-MC-S</td>
<td>8 x 10 inches / 203 x 254 mm</td>
<td>0.56 inches / 14 mm</td>
<td>2.6 lb / 1.2 kg</td>
</tr>
</tbody>
</table>

**SAPI CUT - MULTI CURVE - TORSO PLATES**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>U210-SA-MC-XL</td>
<td>11 x 14 inches / 279 x 356 mm</td>
<td>0.56 inches / 14 mm</td>
<td>5.4 lb / 2.5 kg</td>
</tr>
<tr>
<td>U210-SA-MC-L</td>
<td>10.25 x 13.25 inches / 260 x 337 mm</td>
<td>0.56 inches / 14 mm</td>
<td>4.7 lb / 2.1 kg</td>
</tr>
<tr>
<td>U210-SA-MC-M</td>
<td>9.5 x 12.5 inches / 241 x 318 mm</td>
<td>0.56 inches / 14 mm</td>
<td>4.1 lb / 1.9 kg</td>
</tr>
<tr>
<td>U210-SA-MC-S</td>
<td>8.75 x 11.75 inches / 222 x 298 mm</td>
<td>0.56 inches / 14 mm</td>
<td>3.5 lb / 1.6 kg</td>
</tr>
<tr>
<td>U210-SA-MC-XS</td>
<td>7.25 x 11.5 inches / 184 x 292 mm</td>
<td>0.56 inches / 14 mm</td>
<td>2.8 lb / 1.3 kg</td>
</tr>
</tbody>
</table>

- Not NIJ certified
- Supposed to stop M193, M855, M855A1, M67, M43, and 7.62x39 BZ-API
- As of now costs $875-$943 from optactical.com, $899.99-$936 from opticsplanet.com, $923 from pewpewolutions.com, or $786.00-$1,100.00 from esstac.com,

**III+ Ceramic Composite Armor Options**

**Notes:**
- All of my III+ armor options will have the ability to stop M855, which pure UHMWPE plates can not stop, and M80, which the above SRT plates will not stop. These III+ options will most likely be classified as RF2 plates in the future.

**Ferro Concepts Ceramic Composite Special Threat:**

- NIJ .06 III certified
- Comes in both medium and large shooters cut SAPI size
- Supposed to stop M193, M855, M67, M43, 30-06 JSP, and 57-N-323S
- 1.1” thick
- Medium sapi cut weighs 5.4 lbs per plate and large sapi cut weighs 6 lbs per plate
- As of now costs $362.50-$389.50 per plate from ferroconcepts.com
Velocity Systems Special Threat Ceramic Plate:

**Size:** 10” x 12”
**Weight:** 6.0 lbs
- Not NIJ certified
- Supposed to stop M193, M855, M67, M43, and M80
- 0.6” thick
- As of now costs $324-$364 per plate from optactical.com, or $334.99 per plate from brownells.com

RMA 1091-1094:

- Not NIJ certified
- Multicurve
- Supposed to stop M193, M855, M67, M43, and M80 ammo
- 1.2” thick
- As of now $274.99–$374.99 per plate from rmadefense.com

Highcom 3s9:

- NIJ .06 III certified
- Supposed to stop M193, M855, M855a1, M67, M47, M80. May have capabilities to stop M61, M2 AP, and 7.62x54R B32 but with excessive back face deformation
- 1.15” thick
- As of now costs $468-$569 per plate from liveactionsafety.com, or $458.95–$568.95 per plate from chasetactical.com
Highcom 3s9m:
-NIJ .06 III certified
-Supposed to stop M193, M855, M855a1, M67, M47, M80. May have capabilities to stop M61, M2 AP, and 7.62x54R B32 but with excessive back face deformation
-1.15” thick
-As of now 10” x 12” variant costs $447.50 from apexarmorsolutions.com, the same plate and other variants can be ordered on tristatearmor.com for $369-$639 per plate

Hoplite 19513:
-Not NIJ certified
-Medium SAPI sized (9.5” x 12.5”)
-Multicurve
-Sapi cut
-Supposed to stop M193, M855, M855A1, M67, M43, and M80
-5.25 lbs
-1.1” thick
-As of now costs $390 per plate from apexarmorsolutions.com or $400 per plate from hoplitemor.com
### Hesco 3611C:

**LAW ENFORCEMENT CUT - MULTI CURVE - TORSO PLATES**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>3611C-LE-MC-L</td>
<td>10.0 x 12.0 inches / 254 x 305 mm</td>
<td>1.05 inches / 27 mm</td>
<td>3.9 lb / 1.8 kg</td>
</tr>
<tr>
<td>3611C-LE-MC-S</td>
<td>8.0 x 10.0 inches / 203 x 254 mm</td>
<td>1.05 inches / 27 mm</td>
<td>2.5 lb / 1.2 kg</td>
</tr>
</tbody>
</table>

### SAPI CUT - MULTI CURVE - TORSO PLATES

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>3611C-SA-MC-XL</td>
<td>11.0 x 14.0 inches / 279 x 356 mm</td>
<td>1.05 inches / 27 mm</td>
<td>5.6 lb / 2.6 kg</td>
</tr>
<tr>
<td>3611C-SA-MC-L</td>
<td>10.25 x 13.25 inches / 260 x 337 mm</td>
<td>1.05 inches / 27 mm</td>
<td>4.9 lb / 2.2 kg</td>
</tr>
<tr>
<td>3611C-SA-MC-M</td>
<td>9.50 x 12.50 inches / 241 x 318 mm</td>
<td>1.05 inches / 27 mm</td>
<td>4.3 lb / 1.9 kg</td>
</tr>
<tr>
<td>3611C-SA-MC-S</td>
<td>8.75 x 11.75 inches / 222 x 298 mm</td>
<td>1.05 inches / 27 mm</td>
<td>3.7 lb / 1.7 kg</td>
</tr>
</tbody>
</table>

- NIJ .06 III certified
- Supposed to stop M193, M855, M67, M43, and M80 ammo
- As of now costs $435-$490 from sierratak.com or $511-$694 from esstac.com, or $515-$642 per plate from bulletproofme.com
- NIJ .06 III certified
- Singlecurve
- Supposed to stop M193, M855, M67, M43, 57-BZ-231 (so M855A1 as well), M80, and 57-N-323S
- 1.1” thick
- As of now costs $298-$369 from bulletproofme.com or can be ordered from danasafetysupply.com for $311.67-$386.67
**Hesco 3810 III+ Plate:**

**SHOOTER CUT - MULTI CURVE - TORSO PLATES**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>3B10-SH-MC-L</td>
<td>10.0 x 12.0 inches / 254 x 310 mm</td>
<td>.98 inches / 25 mm</td>
<td>3.9 lb / 1.8 kg</td>
</tr>
<tr>
<td>3B10-SH-MC-S</td>
<td>8.0 x 10.0 inches / 203 x 254 mm</td>
<td>.98 inches / 25 mm</td>
<td>2.5 lb / 1.2 kg</td>
</tr>
</tbody>
</table>

**SAPI CUT - MULTI CURVE - TORSO PLATES**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>3B10-SA-MC-XL</td>
<td>11.00 x 14.00 inches / 279 x 356 mm</td>
<td>.98 inches / 25 mm</td>
<td>5.4 lb / 2.5 kg</td>
</tr>
<tr>
<td>3B10-SA-MC-L</td>
<td>10.25 x 13.25 inches / 260 x 337 mm</td>
<td>.98 inches / 25 mm</td>
<td>4.7 lb / 2.1 kg</td>
</tr>
<tr>
<td>3B10-SA-MC-M</td>
<td>9.50 x 12.50 inches / 241 x 318 mm</td>
<td>.98 inches / 25 mm</td>
<td>4.3 lb / 1.8 kg</td>
</tr>
<tr>
<td>3B10-SA-MC-S</td>
<td>8.75 x 11.75 inches / 222 x 298 mm</td>
<td>.98 inches / 25 mm</td>
<td>3.5 lb / 1.6 kg</td>
</tr>
</tbody>
</table>

-NIJ .06 III certified
-Supposed to stop M193, M855, M67, M43, M80, and 57-N-323S ammo
-As of now costs $502-$912 per plate from essatac.com, $410-$895 per plate from sierratac.com, $518–$940 per plate from pewpewsolutions.com, or $609-$940 per plate from trex-arms.com

**Level IV Plate Options**

**Notes:**
-NIJ IV certified body armor will stop at least one 30-06 M2AP @ 2880 fps, which will stop most of all commercially available ammo. Modern decent IV plates have high strength adhesives used and strong coverings and are capable of stopping multiple projectiles. Advanced armor penetrating rounds are required to reliably penetrate this armor.
-I’m not much of a fan of heavy IV plates, since the rounds they stop are quite uncommon, but if you really are expecting threats like M61, M80A1, or M2 AP threats I would get these.
-Hesco 4401 is a decent low tier level IV plate but stopped being manufactured by Hesco, they can still be readily found online though.

**AR500 Level IV ASLC bod** … lol I’m just joking,
https://www.youtube.com/watch?v=uxtMnsXAwYE&ab_channel=Buffman-R.A.N.G.E.
TLDR: The plate fell apart after one shot because of shit adhesives. Basically it sucks compared to other plates, don’t buy anything from AR500.
RMA 1155:
-NIJ .06 IV certified
-Singlecurve
-SAPI cut or shooter cut
-8.3 lbs for SAPI cut, 8.0 lbs for shooter’s cut
-10” x 12”
-1” thick
-As of now costs $145 per plate from rmadefense.com

Hoplite 26225-26226:
-Not NIJ certified
-Single curve
-Swimmer cut
-8” x 10” plate weighs 5.9 lbs, 10” x 12” plate weighs 8.25 lbs
-.73” thick
-As of now they can be found on hoplitearmor.com for $162.50-$187.50 per plate,

RMA 1155MC:
-Not NIJ certified
-Multicurve
-Sapi cut
-8.2 lbs
-10” x 12”
-1” thick
-As of now costs $170 per plate from rmadefense.com
Highcom Guardian 4s17:

<table>
<thead>
<tr>
<th>SIZE</th>
<th>CURVATURE</th>
<th>CUT</th>
<th>WEIGHT</th>
</tr>
</thead>
<tbody>
<tr>
<td>10”x12”</td>
<td>Single Curve</td>
<td>Full</td>
<td>8.5 lbs</td>
</tr>
<tr>
<td>10”x12”</td>
<td>Single Curve</td>
<td>Shooters</td>
<td>7.2 lbs</td>
</tr>
<tr>
<td>10”x12”</td>
<td>Single Curve</td>
<td>Swimmers</td>
<td>7.7 lbs</td>
</tr>
</tbody>
</table>

-NIJ .06 IV certified
-0.95” thick
-As of now costs $179 per plate from bulletproofme.com under their “Standard Stand-Alone Ceramic” section, or $175-$202.50 per plate from apexarmorsolutions.com, $184-$199 from liveactionsafety.com, $169-$220 from tristatearmor.com, $208.95-$228.95 per plate from chasetactical.com

Highcom Guardian 4s17m:

<table>
<thead>
<tr>
<th>SIZE</th>
<th>SHAPE</th>
<th>CUT</th>
<th>WEIGHT</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 x 12</td>
<td>Multi Curve</td>
<td>Shooter Cut</td>
<td>7.2 lbs / 3.3 kg</td>
</tr>
<tr>
<td>7½ x 11½</td>
<td>Multi Curve</td>
<td>SAPI (XS)</td>
<td>6.0 lbs / 2.7 kg</td>
</tr>
<tr>
<td>8¼ x 11¾</td>
<td>Multi Curve</td>
<td>SAPI (S)</td>
<td>7.4 lbs / 3.4 kg</td>
</tr>
<tr>
<td>9½ x 12½</td>
<td>Multi Curve</td>
<td>SAPI (M)</td>
<td>8.6 lbs / 3.9 kg</td>
</tr>
<tr>
<td>10 x 13¼</td>
<td>Multi Curve</td>
<td>SAPI (L)</td>
<td>9.9 lbs / 4.5 kg</td>
</tr>
<tr>
<td>11 x 14</td>
<td>Multi Curve</td>
<td>SAPI (XL)</td>
<td>11.3 lbs / 5.1 kg</td>
</tr>
</tbody>
</table>

-NIJ .06 IV certified
-0.95” thick
-As of now costs $215-$296 per plate from apexarmorsolutions.com, $229-$299 per plate from tristatearmor.com, $218.95–$308.95 per plate from chasetactical.com
Highcom 4sas7:

- Not NIJ certified (.06 at least)
- 0.75” thick
- As of now costs $195-$237.5 per plate from apexarmorsolutions.com, or $168.95–$328.95 per plate from chasetactical.com, $159-$229 from tristatearmor.com, $136-$293 per plate from liveactionsafety.com
Hoplite 26605:

**Small** - 8.5”x11.5” 6.5 lbs  
**Medium** - 9.5”x12.50” 7.5 lbs  
**Large** - 10.25”x13.25” 8.5 lbs  
**XL** - 11”x14” 9.75 lbs

**SIZES:**
- SMALL 8.75”X11.75” SAPI (6.5 LBS.) / 8”X10" SWIMMER (4.8 LBS.)  
- MEDIUM 9.25”X 12.25” SAPI (7.5 LBS.)/ 10”X12" SWIMMER (7 LBS.)

- Not NIJ certified (.06 at least)  
- Multicurve  
- SAPI cut or swimmer cut options  
- 1” thick  
- As of now $265-$339 from bulletproofme.com under their “Lightweight Rifle Plates - Triple Curved” section, $285-$385 from apexarmorsolutions.com,, or $350-$425 from hoplitearmor.com

**Velocity Systems PSA4:**
- Not NIJ certified  
- 10” x 12”  
- Singlecurve  
- Shooters cut  
- 6.8 lbs  
- 0.75” thick  
- As of now costs $304.99 per plate from brownells.com
Hesco 4601:

**SHOOTER CUT - MULTI CURVE - TORSO PLATES**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>4601-SH-MC-L</td>
<td>10.0 x 12.0 inches / 254 x 305 mm</td>
<td>1.18 inches / 30 mm</td>
<td>6.4 lb / 2.9 kg</td>
</tr>
<tr>
<td>4601-SH-MC-S</td>
<td>8.0 x 10.0 inches / 203 x 254 mm</td>
<td>1.18 inches / 30 mm</td>
<td>4.1 lb / 1.9 kg</td>
</tr>
</tbody>
</table>

**SAPI CUT - MULTI CURVE - TORSO PLATES**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>4601-SA-MC-XL</td>
<td>11.0 x 14.0 inches / 279 x 356 mm</td>
<td>1.18 inches / 30 mm</td>
<td>8.8 lb / 4.0 kg</td>
</tr>
<tr>
<td>4601-SA-MC-L</td>
<td>10.25 x 13.25 inches / 260 x 337 mm</td>
<td>1.18 inches / 30 mm</td>
<td>7.6 lb / 3.5 kg</td>
</tr>
<tr>
<td>4601-SA-MC-M</td>
<td>9.50 x 12.50 inches / 241 x 318 mm</td>
<td>1.18 inches / 30 mm</td>
<td>6.6 lb / 3.0 kg</td>
</tr>
<tr>
<td>4601-SA-MC-S</td>
<td>8.75 x 11.75 inches / 222 x 298 mm</td>
<td>1.18 inches / 30 mm</td>
<td>5.7 lb / 2.6 kg</td>
</tr>
</tbody>
</table>

-NIJ .06 IV certified
-As of now costs $486–$711 per plate from sierratac.com, $525-$684 per plate from esstac.com, or $546-$711 per plate from trex-arms.com or opticsplanet.com

Highcom 4s16:

**SIZE & WEIGHT**

<table>
<thead>
<tr>
<th>SIZE</th>
<th>CURVATURE</th>
<th>CUT</th>
<th>WEIGHT</th>
<th>SIZE</th>
<th>CURVATURE</th>
<th>CUT</th>
<th>WEIGHT</th>
</tr>
</thead>
<tbody>
<tr>
<td>5&quot;x7&quot;</td>
<td>Single Curve</td>
<td>Full</td>
<td>2.2 lbs</td>
<td>10&quot;x12&quot;</td>
<td>Single Curve</td>
<td>Swimmers</td>
<td>6.6 lbs</td>
</tr>
<tr>
<td>5&quot;x8&quot;</td>
<td>Single Curve</td>
<td>Full</td>
<td>2.1 lbs</td>
<td>10&quot;x12&quot;</td>
<td>Multi Curve</td>
<td>Shooters</td>
<td>6.2 lbs</td>
</tr>
<tr>
<td>6&quot;x6&quot;</td>
<td>Single Curve</td>
<td>Full</td>
<td>2.1 lbs</td>
<td>7.25&quot;x11.5&quot;</td>
<td>Multi Curve</td>
<td>SAPI (XS)</td>
<td>4.7 lbs</td>
</tr>
<tr>
<td>6&quot;x8&quot;</td>
<td>Single Curve</td>
<td>Full</td>
<td>2.0 lbs</td>
<td>8.75&quot;x11.75&quot;</td>
<td>Multi Curve</td>
<td>SAPI (S)</td>
<td>6.1 lbs</td>
</tr>
<tr>
<td>8&quot;x10&quot;</td>
<td>Single Curve</td>
<td>Full</td>
<td>5.0 lbs</td>
<td>9.5&quot;x12.5&quot;</td>
<td>Multi Curve</td>
<td>SAPI (M)</td>
<td>7.1 lbs</td>
</tr>
<tr>
<td>8&quot;x10&quot;</td>
<td>Single Curve</td>
<td>Shooters</td>
<td>4.8 lbs</td>
<td>10&quot;x13.25&quot;</td>
<td>Multi Curve</td>
<td>SAPI (L)</td>
<td>8.1 lbs</td>
</tr>
<tr>
<td>10&quot;x12&quot;</td>
<td>Single Curve</td>
<td>Full</td>
<td>7.3 lbs</td>
<td>11&quot;x14&quot;</td>
<td>Multi Curve</td>
<td>SAPI (XL)</td>
<td>8.9 lbs</td>
</tr>
<tr>
<td>10&quot;x12&quot;</td>
<td>Single Curve</td>
<td>Shooters</td>
<td>6.2 lbs</td>
<td>8.2 lbs</td>
<td></td>
<td></td>
<td>4.1 lbs</td>
</tr>
</tbody>
</table>

-Not NIJ certified
-0.75” thick
-As of now costs $319-$389 from chasetactical.com, $328.95–$528.95 per plate from tristatearmor.com, $349-$480 per plate from apexarmorsolutions.com
Highcom 4ss2:

- Not NIJ certified
- 0.97” thick
- As of now costs $848.95–$1,208.95 per plate from chasetactical.com

RMA 1192:
- Not NIJ certified
- Multicurve
- Sapi cut
- Medium SAPI sized (9.5” x 12.5”)
- 5.7 lbs
- 0.9” thick
- As of now costs $700 per plate from rmadefense.com
Hoplite 26300:
SAPI CUT:

Sizes:

Small- 8.75"x11.75" **5 lbs**

Medium- 9.5"x12.50" **5.5 lbs**

Large- 10.25"x13.25" **6.5 lbs**

XL- 11"x14" **7.5 lbs**
-Not NIJ certified (.06 at least)
-Multicurve
-SAPI cut or swimmer cut options
-8” x 10” swimmer cut weighs 3.95 lbs, 10” x 12” swimmer cut weighs 5.5 lbs
-.8” thick
-As of now costs $1500-$1687.50 per plate from hoplitearmor.com or $1300-$1450 per plate from apexarmorsolutions.com

Hoplite 29590:

<table>
<thead>
<tr>
<th>Size</th>
<th>Width (IN/MM)</th>
<th>Length (IN/MM)</th>
<th>Thickness (IN/MM)</th>
<th>Weight (LB/KG)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>9.11 / 231</td>
<td>11.10 / 282</td>
<td>0.90 / 23</td>
<td>4.35 / 1.98</td>
</tr>
<tr>
<td>Medium</td>
<td>9.92 / 252</td>
<td>11.60 / 295</td>
<td>0.90 / 23</td>
<td>4.85 / 2.20</td>
</tr>
<tr>
<td>Large</td>
<td>9.92 / 252</td>
<td>12.10 / 307</td>
<td>0.90 / 23</td>
<td>5.05 / 2.30</td>
</tr>
<tr>
<td>X-Large</td>
<td>10.60 / 269</td>
<td>12.60 / 320</td>
<td>0.90 / 23</td>
<td>5.55 / 2.52</td>
</tr>
</tbody>
</table>

-Not NIJ certified (.06 at least)
-Multicurve
-Swimmer cut
-As of now costs $2000 per plate from hoplitearmor.com :0
-Fun fact this was considered a spook plate for some time until it was made commercially available
**Hesco 4800:**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>4800-SH-MC-L</td>
<td>10.0 x 12.0 inches / 254 x 305 mm</td>
<td>1.04 inches / 26 mm</td>
<td>4.9 lb / 2.2 kg</td>
</tr>
<tr>
<td>4800-SH-MC-S</td>
<td>8.0 x 10.0 inches / 203 x 254 mm</td>
<td>1.04 inches / 26 mm</td>
<td>3.2 lb / 1.5 kg</td>
</tr>
</tbody>
</table>

**SAPI CUT - MULTI CURVE - TORSO PLATES**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>4800-SA-MC-XL</td>
<td>11.00 x 14.00 inches / 279 x 356 mm</td>
<td>1.04 inches / 26 mm</td>
<td>6.8 lb / 3.1 kg</td>
</tr>
<tr>
<td>4800-SA-MC-L</td>
<td>10.25 x 13.25 inches / 260 x 337 mm</td>
<td>1.04 inches / 26 mm</td>
<td>5.9 lb / 2.7 kg</td>
</tr>
<tr>
<td>4800-SA-MC-M</td>
<td>9.50 x 12.50 inches / 241 x 318 mm</td>
<td>1.04 inches / 26 mm</td>
<td>5.1 lb / 2.3 kg</td>
</tr>
<tr>
<td>4800-SA-MC-S</td>
<td>8.75 x 11.75 inches / 222 x 298 mm</td>
<td>1.04 inches / 26 mm</td>
<td>4.4 lb / 2.0 kg</td>
</tr>
</tbody>
</table>

- Not NIJ certified
- As of now costs $1,153–$1,504 from pewpewsolutions.com, $1,323–$1,709 per plate from sierratac.com, or $1397-$1592 per plate from trex-arms.com
**ESAPI Level IV or IV+ ICW Plates:**

<table>
<thead>
<tr>
<th>8.75&quot; Wide by 11.75&quot; Tall</th>
<th>~22 by 30 cm.</th>
<th>~4.75 lbs.</th>
<th>2.2 kg</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.5&quot; Wide by 12.5&quot; Tall</td>
<td>~24 by 32 cm.</td>
<td>~5.45 lbs.</td>
<td>2.5 kg</td>
</tr>
<tr>
<td><strong>10&quot; by 13&quot;</strong></td>
<td>~25 by 33 cm.</td>
<td>~6.25 lbs.</td>
<td>2.8 kg</td>
</tr>
<tr>
<td><strong>11&quot; by 14&quot;</strong></td>
<td>~28 by 36 cm.</td>
<td>~7.1 lbs.</td>
<td>3.2 kg</td>
</tr>
</tbody>
</table>

- Not NIJ certified, but intended to pass US military requirements
- SAPI sizes S-XL
- IIIA or mil-spec ballistic backer needed for proper mitigation of backface deformation of higher tier threats (M2 AP, B32, M80A1)
- Later revisions G, J, and H rated to stop M995 at 3,350fps
- Risky because plates usually “fell off the truck”, may be used and may be broken upon arrival, but for a chance of a IV+ plate, it is the best option. Delamination is also a concern with older plates
- As of now they cost ~$200-$500 per plate, can be found in the used section of places to get armor

**Spook plates:**

Body armor plates that defend against higher threats and/or are extremely advanced do exist such as:
- Ceradyne Defender 275
- Gen I-III BALCS Plates
- XSAPI/ECSAPI Plates
- Ceradyne Models AA1-AA4
- Ceradyne 83608, 93765, 96448, 92547, 80571, 96034
- LTC 28550, 28575, 28595

These plates usually are composed of very high tier materials and advanced construction such as enriched boron carbide ceramics. They are VERY difficult to find. Some are able to stop advanced armor penetrating threats such as M995, 7.62x54R BS-41, M993, and other similar tungsten-core projectiles.
Side Armor Options

Notes:
- Side armor is also nice to have to protect against projectiles. I have heard that it prevents proper ventilation and the user overheats easily though.
- Side armor plates can not be directly NIJ 0101.06 certified. They can however be made from a cut of an NIJ .06 certified plate though.
- These options usually require an additional carrier if they cannot be directly integrated into the plate carrier or armor vest.
- Side plates are usually found in sizes 6” x 6” to 7” x 8”.

Level IIIA Side Armor Options

SKD Armor Cummerbund Inserts:
- Come in 3 sizes; size 1 is 5.5" x 7", size 2 is 5.5" x 9", size 3 is 5.5" x 11"
- Intended to work with ICW side armor
- As of now costs $110-$130 from skdtac.com

Crye Side Soft Armor Insert:
- Comes in sizes 1 and 2; size 1 is 6” x 6” and size 2 is 6” x 9”
- Intended to work with ICW side armor
- As of now costs $48.90 or $67.80 from cryeprecision.com

Hoplite 19301:
- 6” x 8”
- 0.6 lbs
- 0.35” thick
- Not flexible
- As of now can be found for $75 per plate from hoplitearmor.com
Hesco BI P110:

**SINGLE CURVE - SIDE PLATES**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>P110-SP-SC-L</td>
<td>6.0 x 8.0 in / 152 x 203 mm</td>
<td>0.27 inches / 7 mm</td>
<td>0.4 lb / 0.2 kg</td>
</tr>
<tr>
<td>P110-SP-SC-S</td>
<td>6.0 x 6.0 in / 152 x 152 mm</td>
<td>0.27 inches / 7 mm</td>
<td>0.3 lb / 0.1 kg</td>
</tr>
</tbody>
</table>

**SINGLE CURVE - TRAUMA PLATES**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>P110-TP-SC-XL</td>
<td>7.0 x 9.0 inches / 178 x 229 mm</td>
<td>0.27 inches / 7 mm</td>
<td>0.6 lb / 0.3 kg</td>
</tr>
<tr>
<td>P110-TP-SC-L</td>
<td>6.0 x 8.0 inches / 152 x 203 mm</td>
<td>0.27 inches / 7 mm</td>
<td>0.4 lb / 0.2 kg</td>
</tr>
<tr>
<td>P110-TP-SC-L</td>
<td>5.0 x 8.0 inches / 127 x 203 mm</td>
<td>0.27 inches / 7 mm</td>
<td>0.4 lb / 0.2 kg</td>
</tr>
<tr>
<td>P110-TP-SC-L</td>
<td>5.0 x 7.0 inches / 127 x 178 mm</td>
<td>0.27 inches / 7 mm</td>
<td>0.3 lb / 0.1 kg</td>
</tr>
</tbody>
</table>

- Not flexible
- As of now can be found on various online stores for $75-$100 per plate

**Level III Side Plate Options**

Hesco BI 3100:

**SINGLE CURVE - SIDE PLATES**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>3100-SP-SC-L</td>
<td>6.0 x 8.0 inches / 152 x 203 mm</td>
<td>1.26 inches / 32 mm</td>
<td>1.4 lb / 0.6 kg</td>
</tr>
<tr>
<td>3100-SP-SC-S</td>
<td>6.0 x 6.0 inches / 152 x 152 mm</td>
<td>1.26 inches / 32 mm</td>
<td>1.0 lb / 0.5 kg</td>
</tr>
</tbody>
</table>

- As of now costs $189 from sierratac.com
Hoplite 23526:
- Comes in 2 sizes; size 1 is 6” x 6”, and size 2 is 6” x 8”
- 1.15 lbs for size 1, 1.40 lbs for size 2
- 1.15” thick
- As of now size 1 is $275 per plate and size 2 is $337.5 per plate from hoplitearmor.com

III+ Side Plate Options
Velocity Systems API-BZ side plate should be here but unfortunately I can’t find any dealers

Hesco BI 3110:

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>310-SP-SC-L</td>
<td>6.0 x 8.0 in / 152 x 203 mm</td>
<td>1.30 inches / 28 mm</td>
<td>2.5 lb / 1.1 kg</td>
</tr>
<tr>
<td>310-SP-SC-S</td>
<td>6.0 x 6.0 in / 152 x 152</td>
<td>1.30 inches / 28 mm</td>
<td>1.8 lb / 0.8 kg</td>
</tr>
</tbody>
</table>

- Supposed to stop M193, M855, M67, M43, 57-BZ-231, M80, and 57-N-323S threats
- As of now costs $233-$262 from hectac.com, or $262 from sierratac.com

Slate Solutions H3101 Side Plate:

<table>
<thead>
<tr>
<th>Size</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>6” by 6” Side</td>
<td>1.4 lb. (0.6 kg.)</td>
</tr>
<tr>
<td>6” by 8” Side</td>
<td>1.9 lb. (0.9 kg.)</td>
</tr>
</tbody>
</table>

- Supposed to stop M193, M855, M67, M43, 57-BZ-231 (so M855a1 as well), M80, and 57-N-323S
- 1.1” thick
- As of now costs $130-$150 per plate from bulletproofme.com
Level IV Side Plate Options

**RMA 1155SP:**
- 6” x 6”
- 2.47 lbs per plate
- 1” thick
- As of now costs $106 per plate from rmadefense.com

**Highcom 4s17:**

- Weight:
  - 6x6: 2.5lbs
  - 5x7: 2.6lbs
  - 5x8: 3lbs
  - 6x8: 3.5lbs
- 0.9” thick
- As of now it is $142.50 per plate from apexarmorsolutions.com

**Hoplite 26227-26228:**
- Comes in 2 sizes; size 1 is 6” x 6” and size 2 is 6” x 8”
- Size 1 weighs 2.63 lbs, size 2 weighs 3.5 lbs
- 0.73” thick
- As of now size 1 is $150 per plate and size 2 is $167.5 per plate from hoplitearmor.com

**Hesco BI 4101:**

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Nominal Width x Length</th>
<th>Thickness</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>4I01-SP-SC-L</td>
<td>6.0 x 8.0 inches / 152 x 203 mm</td>
<td>1.19 inches / 30 mm</td>
<td>2.5 lb / 1.3 kg</td>
</tr>
<tr>
<td>4I01-SP-SC-S</td>
<td>6.0 x 6.0 inches / 152 x 152 mm</td>
<td>1.19 inches / 30 mm</td>
<td>1.8 lb / 0.8 kg</td>
</tr>
</tbody>
</table>

- As of now can be found on various online stores for ~$300-$400 per plate
ESBI Level IV or IV+ ICW Plates:
(Couldn’t find weight sadly, but they are decently lightweight)
-6” x 6”, 6” x 8”, and 7” x 8” sizes available
-Intended to pass US military requirements
-III A or mil-spec ballistic backer needed for proper mitigation of backface deformation
-0.98” thick
-Later revisions rated to stop M995 at 3,350fps
-Risky because plates usually “fell off the truck”, may be used and may be broken upon arrival, but for a chance of an IV+ side plate, it is the best option. Delamination is also a concern with older plates
-As of now they cost ~$100-$200 per plate from the used section of places to buy armor

Spook Side Plates:
The only spook side plate that I can think of is the XSBI plate, which has identical protection to the XSAPI plate. I’m sure there’s some SOCOM special contract one’s floating around there. I would put the MSAP plate above next to ESBI plates but I won’t because it’s not as easily accessible to civilians as the ESBI, so I’m putting it here.
The MSAP plate was developed as an auxiliary piece that can attach to many different needed carriers. It is a stand alone plate that can reportedly stop M995 at full velocity, so just above standard IV plates.

Tools

**GoPro Hero7 Black:**
This is the tool that would live stream the attack on Twitch. I chose Twitch because:
1. It was compatible with live streaming for free and all people with the internet could watch and record. On FaceBook it seems like you have to have an account to watch live videos.
2: A previous attack was recorded on Twitch (Halle Synagogue Shooting) that lasted about 35 minutes, which for me shows that there is enough time to capture everything important. This may not work as intended if it’s reported and taken down early.
3: I could also live stream the twitch livestream on Discord, where many people could also watch and hopefully record the live stream. They would be able to read and download these writings as well.
This is a decent recording device that has the ability to livestream, and so it works for me.
I will be recording at 720P so the video may have delays but at least it will look decent

**Better options:**
Well maybe I could’ve used a better GoPro such as one of the newer models but I don’t think that I could have a better livestream simply because of the limit on my data speeds.
**iPhone 11:**

I will be using this to livestream the gopro footage onto my twitch account. I will also be using this to upload all my posts and such. Since my family uses Spectrum I upgraded to the Unlimited Plus option which should allow for better video streaming. This will be in my right front trousers pocket.

**Better options:**

None, there isn’t anything more I needed from this phone. That is unless some other phone has better upload speeds.

**Gerber Strap Cutter:**

Just in case I need it, it’s not that heavy, and it might help me out in a sticky situation. It came with the JFAK anyway and it’s not like it’ll hurt by carrying it. This will be in my left front trouser pocket

**Better options:**

It would probably be better if I had a pouch on my plate carrier or on my belt so that this is more accessible to me. It’s already a great tool for its intended purpose. However, trauma shears may be a better option.

**Cheap Foldable Mossy Oak Knife:**

This has been my standard utility knife for a while, and it works for cutting, what else is there to say? Well actually it’s not like a dedicated fighting knife so there’s one point off. This will be most useful if my gun fails or is somehow incapable of shooting, or if my gun is displaced from me, I have another means of defense against any attackers. I will have this in between the MOLLE straps on the left side of my plate carrier.

**Better options:**

The most common use for a knife is not as a fighting weapon but as a cutting tool. Since I’m not going to be innawoods I’m probably not going to be able to use it in any way but as a fighting tool. A better option may include the Spartan Blades CQB Tool.

**Gerber Multitool:**

I’ve had this for many years and it has always worked for me. Most likely won’t need it though. I will have this in my right back trousers pocket.

**Better options:**

Nothing beats the ol’ trusty leatherman.
**Sony SRS-XB13 Speaker:**
To be honest I know nothing of quality speakers and I didn’t even bother to look them up. One day I realized I needed a speaker so I went to Best Buy and picked out the cheapest one. Looking back at this I probably should’ve looked up good speakers but oh well. I tested this multiple times in my car and it seems to be loud enough for me. This will be attached via the radio loop on the left side of my plate carrier.

(NOTE: I may not use this because I have found that I can’t reliably play music and livestream through my phone at the same time. If I don’t find some other electronic device to use then I will have to go without music.)

**Better options:**
A better option may include the JBL Flip 4 Waterproof Portable Bluetooth Speaker. I recently learned from a pawn shop that JBL is apparently one of the best speaker companies out there with superb audio quality, bass, and all that.

**ABU JFAK:**
Here’s the list of all my medical equipment:
- 2x CAT-7 tourniquets, (1 in each front trouser pocket)
- 2x H&H H Bandages
- 2x Eye Cups
- 2x Quik Clot Combat Gauze
- 1x Black Nitrile Gloves (cringe I know)
- 2x H&H Compressed Gauze
- Lubricating Jelly and Nasopharyngeal Airway Tube
- H&H Sterile Burn Dressing
- 2x USMC HyFin Chest Seal Combo Pack (expired by 8 months)
- Small Black Sharpie
- Small roll of duct tape
- 1 TCCC Card
- Bunch of spongebob band aids

This should cover the many threats I might face after being shot at or wounded in some way. I have thought if I happened to shoot a lone police officer and he went down I might run over and treat him with a HyFin vent combo or something. I put this and 2 tourniquet pouches on my plate carrier.

**Better options:**
I probably could’ve used better tourniquet mounting solutions that attached to my plate carrier or belt. Non-expired Hyfin’s would be nice, and you can’t go wrong with carrying a decompression needle. Many of the companies below also have tourniquet carrier pouches. Decide which is best for you and your applications. I believe you should have a full IFAK kit just in case, so if you’re wondering what you should get, just use the medical equipment I have.
**IFAK carrier list:**

- Surplus USGI IFAK pouch w/ insert - $10-$20
- Beez Combat Systems IFAK pouch - $30
- AWS 50735 IFAK pouch - $30
- T-Rex Arms MED1 pouch - $45
- Tactical Tailor Rogue IFAK pouch - $53-$60
- HSGI ReVive medical pouch - $76
- Ferro Concepts roll 1 trauma pouch - $85
- LBT small blow-out kit pouch - $85
- Blue Force Gear Trauma Kit NOW! options - $45-$100
- HSGI ReFlex IFAK system - $106

It’s important to note that actual training is needed to use these medical items. For me, I watched many youtube videos and practiced with the tourniquet, but I wish I had some actual training :/

**Attire/Clothing:**

Many good options for this kind of stuff, check YouTube for other recommendations. I sourced Garand Thumb for many of these.

**Sordin Supreme Pro-X LED w/ Leather Headband:**

Before I bought this, I had a Walkers Pro Digital headset that I would use whenever I went shooting. Problems started when I got my helmet in the mail. I removed the center pad and adjusted the remaining pads to fit the headset, and I would put on the helmet, then the headset, then buckle the chinstrap. The top most part of the Walker’s would come in contact with the helmet, thus squeezing it onto my head VERY tightly. Although it did work to cover my ears, it was VERY uncomfortable on my head, gave me headaches, and disrupted my thinking with pain. Thus I decided to upgrade to Sordin's. These sordins cut out a lot of space on the top most part of the ear cup, which allowed contact but not enough to squeeze my head. This current setup with the ear pro under the helmet is comfortable and is a great upgrade to the walkers with better sound reproducibility, more comfortable gel ear cups, and an LED light. I chose the leather headband variant because according to this video I watched on Youtube: https://www.youtube.com/watch?v=OvvLSUJAf4U&ab_channel=Reconbrothers

The leather headband is less comfortable than the fabric headband, but fits under helmets while the fabric one does not. I have also thought about getting the behind the head variant which also may fit under the helmet, but decided not to because I thought the rear strap may interfere with the H-NAPE suspension part of my helmet, or the helmet itself. After I bought the leather band headset, I learned that the behind the head variant may have worked under the helmet. The LED on the headset is not critical to my mission but it is a nice-add on.
Better options:

There’s many active hearing protection headsets that are decent. The Sordin Supreme Pro X seems to be the gold standard for a non communications headset. Communication equipment was not important because I am a lone attacker. Make sure to get decent lithium batteries, they just work better for this application than alkaline or rechargeables. If I were to configure my ear pro differently, maybe I get the behind the neck variant and install Noisefighters gel ear pads.

Notes:
-Gunshots are loud, especially indoors, protect your ears properly if possible. I recommend using high NRR ear plugs and earmuffs whenever shooting. For active headsets, the noise perceived will always be less when wearing earplugs, unless the active hearing protection you’re wearing is the Ops-Core AMP.
-Passive ear protection is great and cheap, but active headsets are preferred for actual combat use.
-Slim hearing protection/communication headsets are preferred to larger headsets because it is easier to aim rifles that way. These do tend to have a lower noise reduction rating (NRR) though.
-Headset’s such as the Walkers Razor or Howard Leight do not comfortably fit under full cut helmets, this is due to their large size at the top of the ear muffs. They may properly fit with helmet adaptors to a high cut helmet though.
-Gel ear cups are preferred to foam ear cups because they are more comfortable and create a better seal with eye protection. Walkers make their own gel cups to fit their headsets for about $20. NoiseFighters Sightline is a great option and fits nearly all headset’s, these have a cutout for straight-style glasses so that the seal isn’t broken, which increases comfortability and NRR. Gel cups may reduce NRR by itself due to the fact that the gel used isn’t as noise absorbing as the foam used in ear cups.
-Communication ready headsets use a fixed or detachable down lead (sometimes two) and are capable of hooking up to a radio system.

Low-End Headset’s:
Walkers Razor models: $40-$150
Howard Leight Impact Sport models: $50-$120
Peltor Sport models: $50-$180

Similar Non-Communication Options:
Sordin Supreme Pro X models: $220-$300
Safariland Liberator II HP: $300
Swatcom Active 8: $350-$400
Otto NoizeBarrier Range SA: $400

Communication Ready Options/Better Options:
Comtac III/Comtac XP: $300-$600
Comtac V: $600-$800
Otto NoizeBarrier TAC: $665
Liberator II: $750-$850
Comtac VI: $750-$1200
Ops-Core AMP: $1080

2x Walker’s Foam Ear Plugs:
The only reason I put foam ear plugs underneath my headset was to decrease noise perceived. My ears are already mildly damaged from shooting guns without ear protection so doubling up when shooting is very important to me. Loud noises already give me severe pain so I think it would be best if I reduced my perceived noise as much as reasonably possible

Better options:
These foam ear plugs already fit my ear canal and have a high NRR, so there isn’t much that can be improved on with the earplugs. However with the Ops-Core AMP, there is an option to use them with NFMI plugs that amplify the noise perceived through the headset while also increasing the total NRR.

Oakley M-Frame Alpha w/ clear inserts:
Before I bought this I had this standard Peltor over the glasses ear protection. The problem with this was that the temple of the glasses was quite thick, and this made it uncomfortable to use under ear pro. Plus when securely attached to my head it would fog up very easily, especially when I started exercising, so often I would have to take them off and wipe them down. I chose the M-Frame Alpha because the temple was very thin which allowed it to be used comfortably under my sordins, and it had a small opening in the top of the lenses that allowed for ventilation when moving. The anti-fog solution that came with the eye pro also worked very well when I tested it. I will not be using the strap because I want the option to take them off quickly if need be. The most important part of this was that it was ballistically rated, which is important so I wouldn’t get any particles in my eye that would blind me.

Notes:
-You don’t have to spend a lot on ballistic glasses, in reality the cheaper Z87+ rated glasses with thin temples work great.
-Only straight temple glasses work with the Noisefighter’s gel ear pads.
-Get some decent anti-fog solution as well, your spit doesn’t count.
-If you need corrective lenses, there are inserts you can get to go behind your ballistic glasses. For example ESS makes the U-RX insert, which is compatible with many glasses.

Ballistic Glasses List:
Basic 3M safety glasses: $10-$30
Surplus Revision Sawfly glasses: $20-$40
Surplus ESS Crossbow glasses: $30-$40
Surplus Wiley X series glasses: $40-$60  
Ballistic Z87+ Pit Vipers: $110  
Magpul series: $100-$140  
Oakley Tombstone: $150  
Oakley M-frame series: $60-$200  
Smith Elite series: $80-$240

**Large Multicam or OCP Army Combat Shirt:**
I was going to wear just a standard t-shirt for this, but decided it’s better to use an actual combat shirt. I like this quite a lot actually, it’s very comfortable against my skin and allows for great ventilation.

**Combat shirt notes:**
- Combat shirt’s are generally made of a nylon cotton mixed material with ripstop on the sleeves and a nylon material on the torso, which allows for ventilation and is more durable than other types of material. This material is typically flame resistant but there are addon’s that can be flame retardant. They are designed specifically to allow free range of movement.
- High collar shirts are preferred because chafing with a plate carrier or a sling can occur without it. This might not seem that big of a deal but it will be if it continuously happens and you end up getting an untreated infection on your neck.
- Higher quality combat shirts don’t glow under NVG’s, this is simply due to the material used.
- Some combat shirts have pockets on the sleeves which can hold all your trash.

**Combat Shirt List:**
- Surplus US Army combat shirts: $20-40  
- Surplus USMC MARPAT FROG combat shirt: $40-$120  
- First Tactical Defender: $100  
- Vertx Recon combat shirt: $110  
- Drifire FR combat shirt: $120  
- Crye Precision G3 Combat Shirt: $150-$180  
- UF PRO Striker series: $150-$164  
- Crye Precision G4 Combat Shirt: $185  
- Arc'teryx LEAF Gen II Assault Shirt: $270

**Oakley Tan Factory Pilot 2.0 Gloves:**
For me, it’s the Oakley assault gloves. I just think they look the best out of all other gloves. If you aren’t trying to look cool, what the fuck are you even doing? They do prohibit my dexterity a bit, and provide unnecessary protection for my attack. Also the stitching seems to be a bit weak, I ripped the area between my first finger and thumb quite quickly. But then again I was hip firing these gloves shooting 3” waterfowl loads. I probably didn’t need the carbon fiber
knuckles but whatever it’s a good aesthetic. What I didn’t realize until I got it was that these were manufactured in Cambodia, which I dislike because of the dangers of outsourcing products.

**Better options:**

If I could do this again I would stay away from these gloves and instead try the PIG Alpha FR gloves because I need the heat protection (un free floated handguard) and because I think it looks cool.

**Glove notes:**
- The entire purpose for gloves is so you don’t hurt your hands. Whether it be from sharp materials or very hot objects. Leather grips are preferred when handling hot materials.
- Modern gloves also have decent grips so you don’t slip when touching whatever you need to touch.
- Fingerless gloves also exist and are usually more dexterous than full fingered gloves, at the cost of protection.

**Decent Glove List:**
- Nomex Flight Gloves: $15-$20
- Mechanic M-PACT: $20-$30
- Oakley SI series: $25-$30
- Mechanix FastFit: $10-$30
- Magpul series: $30-$65
- Oakley Factory Pilot (Assault): $40-$60
- PIG FDT series: $50-$80

**Crye Precision JPC 2.0 Multicam Black w/ AVS Detachable Flap:**

Well I wanted a plate carrier that wasn’t absolute garbage and after some time I decided with this one. The Crye JPC 2.0 seems to be the standard for plate carriers and has great options for attaching equipment and such. Multicam black was chosen for obvious reasons, and the AVS detachable flap allowed for me to attach my triple mag pouch.

**Better options:**

For a basic plate carrier setup like the one I expect to have, I really don’t need anything more of the plate carrier. In fact, if I could do this again I would still choose the Crye JPC 2.0.

**Plate Carrier Notes:**
- Some plate carriers have various attachment points to attach front panels/placards, danglers, backpacks, or auxiliary pieces such as groin protectors, deltoid protectors, and neck protectors.
- Most plate carriers are primarily made of 500D Cordura, 1000D Cordura, or a combination of these items. The difference between the below plate carriers and the cheaper options usually are the material used, stretchability, the stitching, and the plate carrier design.
- Padding is important when running plates without decent back padding, such as the L210. Some plate carriers use a type of foam padding to separate the plate from the body, as well as to aid in ventilation.
Some armor carriers can carry BALCS armor vests and armor plates at the same time.
-MOLLE vs laser cut: MOLLE options are typically more durable and easier to repair the laser cut options, but laser cut usually allows for more placement options and weighs less. Both are great options for holding your pouches and such.
-LBE’s can be used instead if you aren’t using a plate carrier or other armor carrier system.

**Armor and Plate Carriers:**
- Surplus police BALCS armor carriers: $20-$60
- WTF Plate Carrier 13: $99
- Surplus police BALCS armor carriers w/ issued soft armor: $50-$250
- Ferro Concepts Slickster: $160
- Crye Precision AirLite SPC: $169
- WTF Plate Carrier 06:
- T.Rex Arms AC1: $190
- WTF Plate Carrier 24: $199
- Velocity Systems LWPC: $200
- Beez APTUM: $210
- Velocity Systems LEPC: $210
- Crye Precision JPC 1.0: $210
- Aglite K19: $220
- Beez ESAPI plate carriers: $200-$268
- Defense Mechanisms MEPC: $235
- Crye Precision JPC 2.0: $242
- Shellback Banshee: $250
- Esstac Daeodon: $250
- AWS Operator Hybrid: $255
- Velocity Systems LPAC/LPAAC: $260
- Velocity Systems Assault: $276
- AWS Operator Choice: $290
- Spiritus Systems LV-119: $300
- Velocity Systems Scarab series: $326-$370
- Crye Precision CAGE Plate Carrier: $392
- Shellback Banshee Elite 3.0: $410-$440
- Shaw Concepts V2 ARC: $490
- LBT 6094: $512
- Crye Precision AVS Base rig: $600
- Qore Performance IcePlate EXO: $650

**Soft and Hard Body Armor Carriers:**
- OTV/IOTV/IMTV/SPCS w/ soft armor: $100-$700
- Stealth Armor Systems LVAC: $170
Beez Combat Systems BALCS Cumber Grid: $300

**LBE/Chest Rigs Options:**
- USGI FLC: $20
- Surplus Chinese Type 56 chest rig: $20-$30
- USGI ALICE full webbing: $40-$70
- Beez AR/AK chest rig: $78-$88
- WTF Turnkey 01: $84-$134
- WTF Turnkey 05: $91-$150
- Blue Force Gear ten-speed chest rig: $96
- Spiritus Systems micro fight kit: $100-$130
- Surus Operations gen II rig: $100-$150
- Blue Force Gear MOLLEminus chest rig: $130
- T.Rex Arms 556 ready rig: $130
- Tactical Tailor chest rigs: $60-$210
- Eagle Industries multi-mission chest rig: $150-$170
- Beez Shihan chest rig: $166
- Crye AirLite chest rig: $197
- Haley Strategic D3CRX: $200
- Shaw Concepts ARC chest rig w/placard: $200
- Velocity Systems UW gen IV chest rig: $210
- T3 Spear chest rig: $212
- Velocity Systems Mayflower Pusher UW gen VI chest rig: $225-$240
- Surus Operations RECCE 1: $242
- Crye AVS detachable chest rig: $400

**Blackhawk Black Kryptek Closed Triple Magazine Pouch:**
I bought this at Jimays Flea Market in May 2021 for $3 because I thought it looked cool, and it actually ended up being quite a secure magazine pouch to fit my magazines.

**Better options:**
Since I don’t need the protection and coverage of a closed top magazine pouch, I would prefer using a decent open top or kangaroo pouch. If I could choose I would probably go with the Tactical Tailor Fight Light 5.56 Triple Mag Panel, with maybe two Esstac Kywi pouches at the left side of my plate carrier.

**Magazine Carrier Notes:**
- There’s many good options out there. From least to most secure the list goes from open top > kangaroo > closed top, and in reverse is the list of accessibility.
- Double stack magazine pouches are useful for holding mags but they do extend quite far out, especially with body armor, so going prone may not be possible.
- Magazine carriers with plastic on the outside make noise when bumped into.
M4 Open-Top Magazine Carriers:

Single Magazine:
- Tactical Tailor Fight Light: $20
- Esstac KYWI: $23-$33
- G-CODE Scorpion: $25
- ITW FastMag: $30
- Eagle Industries series: $30-$34
- Beez Combat Systems GRIDLOK: $31
- Beez Combat Systems ARES: $37
- HSGI TACO or Duty series: $39

Triple Magazine
- Ferro Concepts Turnover: $24
- Tactical Tailor Fight Light: $35
- Defense Mechanisms AR Mag Placard: $50
- Blue Force Gear Ten-Speed: $54
- Ferro Concepts KTS: $75
- Esstac Kywi Triple: $65-$86
- HSGI Taco series: $107-$133

M4 Closed-Top Magazine Carriers:

Single Magazine:
- Beez Combat Systems GRIDLOK: $30
- HSGI TACO Covered: $49

Triple Magazine
- Surplus USGI magazine pouch: $10
- WTF Accessory Panel 04: $64
- Blue Force Gear Triple: $70
- Blue Force Gear Flapped Ten-Speed: $80
- Crye Precision AVS Detachable Flap: $101

2x Black Sun Patches:
Good aesthetic on my multicam black plate carrier :)

Better options:
For me, none. In my opinion patches are the best way to tell if someone’s a friendly or not. If you don’t have meme patches you are the meme, so get some. You can get patches from amazon, etsy, tacticaloutfitters, ect… Or you can even make your own.

XL Hanes Boxer Briefs:
My mom bought this for me when I used to be a size 38” waist, but now that I’ve shrunk they are quite large for me. The reason why I still have them is that I just never tried to get new ones. Made of polyester.
Better options:
  I would probably choose Meriwool boxer briefs if I could because of wool’s great properties. If you can’t wear wool then polyester or nylon options seem fine, be warned most options unless it specifically says it is FR will melt.

Boxer Brief Options:
  Duluth Trading Go Buck Naked: $23
  Meriwool 160 Boxer Briefs: $27
  Patagonia Sender Boxer Briefs: $30
  Exofficio Give-N-Go 2.0 Boxer Briefs: $20-$32
  Smartwool Merino Sport Boxer Briefs: $35
  Massif Breeze: $42
  Honorable Mention: Surplus USMC Tier 1 PUG w/ soft armor inserts: $25-$50

M81 Large Regular Trousers:
  Right now I’m about a size 34-35 waist so these tend to be a bit big on my waist. But that’s fixed easily by tightening the side straps and by wearing a belt. These are a bit baggy compared to newer options but still works great because I can move in all positions without being restricted. Made of 50/50 NYCO.

Better options:
- Just like the combat shirt, there’s many reasons why a person would want to have combat pants.
- The top tier pants are made of a NYCO ripstop material, have large reinforced belt loops, have many pockets, may have knee pad integration, may be flame resistant, and most importantly allows the user to have maximum free movement.
- Nylon cotton blends are preferred due to their durability and breathability. The most common blend is the 50/50 NYCO (nylon/cotton) blend.
- Ripstop refers to squares of nylon or polyester threads on the pants, these help to reduce major tearing.
- Most of the below options have large reinforced belt loops to hold battle belts
- Kneepads are not a meme. They will save your knees in case you kneel on a rock, or have to kneel for an extended amount of time.
- Learn to sew, no pants are indestructible and may need repairs overtime. To truly get the maximum lifespan out of your pants, you will need this skill.

Trouser Options:
  Most US or European military pants: $20-$60
  USMC surplus FROG trousers: $40-$100
  Khul options: $100
  First Tactical Defender: $100-$160
  FjallRaven Vidda Pro: $165
UF PRO Striker series: $218-$301
Massif Advanced Quarter Zip Combat Shirt: $229
Arc'teryx LEAF Assault Pant gen II: $252
Crye Precision G3 Combat Pants: $274
Crye Precision G4 Combat Pants: $279 or $346 (flame resistant)
Massif Hellman: $363

**Surplus Rigger Tan 499 Belt:**

Since my trousers are a bit large on me and don’t fit properly even with the side straps tightened, I’ll need a belt. I would use my leather belt instead but I found that after exercising it gives me uncomfortable hotspots. I would attach my JFAK to my belt but unfortunately it doesn’t work when sitting in my car.

**Better options:**

Modern tacticool belts are very strong and have the ability to attach gear, holsters and pouches. These type belts are quite thick and will only work with thick belt loops seen in many military style trousers. If I could redo my belt setup for this attack, perhaps I would pick a AWS LAB belt with 1 open top 5.56 magazine pouch and 2 tourniquet pouches.

**Belt Options:**
- Surplus Eagle Industries War Belt w/ suspenders: $50
- AWS 50725 LAB belt: $74
- T.Rex Arms Orion Outer Belt: $80-$110
- ESSTAC Enhanced Shooter’s Belt: $110
- AXL Eclipse belt: $115
- Raptor Tactical ODIN belt MK III: $117
- TYR Tactical Gunfighter belt: $125
- Arc'teryx LEAF H150 Riggers Belt: $129
- Crye Precision Range belt: $135
- Eagle Industries Operators gun belt: $108-$141
- AWS 50771 SMU belt: $148
- Crye Precision MRB 2.0: $151
- Ronin SENSHI belt: $188-$193
- Ferro Concepts Bison belt: $215
- S&S modular belt (complete set) $224
- Blue Force Gear CHLK belt: $250
- GBRS Group Assaulter Belt System V2: $255

**2x Darn Tough T4021 Socks:**

I’ve had some really bad socks before in my life. One of them was a pair of thick cotton Mossy Oak socks that I bought for $5 at Jimays Flea Market. The problem with these is that they
would constantly bunch up at the front and give me blisters on my toes. Another pair of socks I had that sucked were a pair of brushed polyester Field and Stream socks that always fell down to my ankle because of poor sock design. I decided to do some research so I can use a decent pair of socks and I found Darn Tough. I bought these socks on eBay because that’s the only place I could find that had the correct size and I couldn’t be more satisfied. I fell in a frozen creek twice with these socks on and saturated my feet with near frozen water and yet they still kept my feet warm. 10/10 so much better than the cotton socks I’ve been wearing all this time.

**Better option:**
There aren’t many options when it comes to better socks really. If I could redo this again I would pick the same socks.

**Sock Options:**
- USMC surplus Cavu by Ellsworth socks: $6-$15
- Ballston: $15
- Meri Wool Socks: $16
- People’s Socks: $20
- Smartwool: $16-$26
- Ellsworth: $21-$26
- Kavu Moonwalk: $25
- Darn Tough: $20-$32

**Belleville Steel Toed Boots Size 12.0 W (C790 ST I think):**
To be honest these boots are actually not that bad. They are quite heavy and give me shin splints often but for the protection it offers against dropped objects and water it is quite decent. I bought these at Jimays Flea Market for $30 in 2021 and they are my best pair of boots that I have.

**Better options:**
Preferably I would have a lighter nylon boot, but in all honestly these boots aren’t too bad. If I could do this again maybe I would get the Salomon Quest 4D

**Boot notes:**
- Waterproofing and breathable materials are preferred for obvious reasons.
- Every company uses a different foot to size their boots, so if possible try and go to an in-person store and try on their boots, then buy them cheaper online.
- Steel toed boots are nice but make the boot considerably heavier.
- Preferably you would have boots that covered your ankle’s so you don’t accidently roll them, but then again you may not be traversing rough terrain.
- Boots are just one of those things that wear out considerably over time.
- Make sure to wear your thickest winter socks when you try out cold weather boots
- In reality most surplus military boots suck, they are usually heavy and uncomfortable, but they do work most of the time.
**Temperate/Hot Boot Options:**
Most European military boots: $15-$60
USGI surplus jungle boots $15-$40
Belleville USGI surplus boots: $20-$80
USMC surplus rat boots: $50-$80
Surplus Oakley SI Assault boots: $60-$120
GORUCK MACV-1 series boots: $120-$160
Merrell MOAB series boots: $120-$170
Lowa Innox Pro series: $175-$235
Lowa Zephyr series: $200-$250
Salomon Quest 4D: $280
Asolo Fugitive GTX: $285

**Cold Weather Boot Options**
USGI N-1B Mukluk boots w/ liner: $20-$60
USAF Belleville 675 surplus boots: $25-$90
USGI black or white mickey mouse boots: $50-$150
Salomon Quest Winter: $180
Merrell Thermo series: $126-$220
Lowa Ottawa GTX: $250
Asolo Arctic GV: $300
Lowa Tibet Superwarm GTX: $460

**Gear Tier List:**
Here’s my tier list of gear, do whatever you want with it.

**Shit tier/airsoft:**
Emerson
IDOGEAR
Condor
Rothco
Flash Force Industries
Field & Stream/Realtree/Mossy Oak
AR500
Spartan Armor
Amazon/Wish/unbranded eBay/Aliexpress

**Decent enough for actual use:**
Most US BDU’s or European surplus military gear
Eagle Industries
5.11
Blackhawk
Most importantly you should actually train in your gear, because the fact is you WILL change your loadout multiple times before you find the one that works for you.

Also you don’t have to have the gucciest gear to be a good fighter, because the fact is, gucci gear will not make you a better shooter or pretend soldier. You can still be very decent even with low-tier gear.

Messages To Various Groups

To Conservatives

Ask yourself, truly, what has modern conservatism managed to conserve? What does it seek to conserve? The natural environment? Western culture? Ethnic autonomy? Religion? The nation? The race? Nothing is conserved. The natural environment is industrialized, pulverized and commoditized. Western culture is trivialized, pulped and blended into a smear of meaningless nothing, with the only tenets and beliefs seemingly held to are the myth of the individual, the value of work (productivity for the benefit of your capitalist owners) and the sovereignty of private property (to ensure none of us get grand ideas of taking the unearned wealth of our owners).

Ethnic autonomy? Destroyed in the name of cheap labor, whilst they may publicly object to the illegal immigration of the third world masses, privately they push for as much migration as possible, anything to decrease the labor cost of production and line their pockets with the profits. They removed the Europeans peoples autonomy and sovereignty for their own lust for power and wealth. Religion? What remains? Empty churches and full shopping centers? Drive through confessionals and no fault divorce? Any religious ideal that stood between the wealthy and wealthy generation was downplayed, sidelined and quietly dismantled. All so that they could line their pockets without complaints or objections.

The nation? What nations do we have to conserve? What are our own nations now based on? There is no shared culture, ethnicity, language, values or beliefs. Anyone can be a member of our nation, as long as they have the paperwork. They need not be born here, share our race, our language, our culture or our beliefs. Hear the conservatives cry, as long as they are willing to WORK, let them in! Let them earn our wealthy benefactors their second yachts and their fifth properties!

The race? They don’t even BELIEVE in the race, they don’t even have the gall to say race exists. And above all they don’t even care if it does. It’s profit, and profit alone that drives them, all else is secondary. The notion of a racial future or destiny is as foreign to them as social responsibilities.

Not a thing has been conserved other than corporate profits and the ever increasing wealth of the 1% that exploit the people for their own benefit. Conservatism is dead. Thank god. Now let us bury it and move on to something of worth.
CONSERVATISM IS DEAD, THANK GOD.

To Leftists

“Leftists tend to hate anything that has an image of being strong, good and successful. They hate America, they hate Western civilization, they hate white males, they hate rationality. The reasons that leftists give for hating the West, etc. clearly do not correspond with their real motives. They SAY they hate the West because it is warlike, imperialistic, sexist, ethnocentric and so forth, but where these same faults appear in socialist countries or in primitive cultures, the leftist finds excuses for them, or at best he GRUDGINGLY admits that they exist; whereas he ENTHUSIASTICALLY points out (and often greatly exaggerates) these faults where they appear in Western civilization. Thus it is clear that these faults are not the leftist’s real motive for hating America and the West. He hates America and the West because they are strong and successful.”

Leftists usually advocate for equality among all people. The problem with this is that we are not all the same. Take for example the common black man, on average he is 15 IQ points behind the average White man. Is it reasonable to allocate more resources and time just for him, so he has the chance of being equal to the White man? Through all the resources we’ve spent to try and allow blacks to be equal to whites, they will always be prohibited by their genetics. How many more trillions of dollars are we going to spend on blacks before we realize that it is futile?

I think leftism will always have great intentions but as a result will slow progress down considerably, or even reverse progress made. Modern leftism aims to create problems that don’t actually exist, like patriarchy and white supremacy. Ask yourself what have progressive’s progressed? Teaching white children to hate themselves and their blood? Teaching non-whites to hate our people? Teaching that it’s OK for anyone to be anything, no matter the consequences? Leftism only brings down our society.

LEFTISM RESULTS IN A DEGENERATE HATEFUL SOCIETY

To non-whites on White lands

Leave while you still can, as long as the White man lives you will never be safe here.

General Thoughts

Who is truly to blame?

The people who are to blame most are ourselves, European men. Strong men do not get ethnically replaced, strong men do not allow their culture to degrade, strong men do not allow their people to die. Weak men have created this situation and strong men are needed to fix it.

STRONG MEN MUST RISE UP
The rape of European women by invaders

Many of you may already know about the rape of British women by the invading forces, Rotherham of course being the most well known case. But what few know is that Rotherham is just one of an ongoing trend of rape and molestation perpetrated by these non-white scum.

A list of wikipedia entries from the most well known British rape cases follows:
https://en.wikipedia.org/wiki/Peterborough_sex_abuse_case
https://en.wikipedia.org/wiki/Telford_childsexual_exploitation_scandal

What many do not know is that these cases do not solely occur in Britain, but elsewhere in the Western world as well, as shown by these two well known cases in Australia:
https://en.wikipedia.org/wiki/Ashfield_gang_rapes
https://en.wikipedia.org/wiki/Sydney_gang_rapes

And even in Finland:

The true number of these events perpetrated across the Western world is unknown and certainly under reported, as both the state, the media and the judicial system work in unison to hide these atrocities, in the fear that knowledge of these events would enrage the native people of the West and damage the perception of our new “Multicultural utopia”. Finally I would like to send a message to the perpetrators of these attacks, and their families. You will hang. If you are released we will find you and kill you, if you are in prison we will reach you there, if you try to hide these rapist scum we will kill you as well. For the disgrace you have heaped upon the European people and the distress you have caused to European women, you will die.
Diversity is weak

Why is diversity said to be our greatest strength? Does anyone even ask why? It is spoken like a mantra and repeated ad infinitum “diversity is our greatest strength, diversity is our greatest strength, diversity is our greatest strength...”. Said throughout the media, spoken by politicians, educators and celebrities. But no one ever seems to give a reason why.

What gives a nation strength? And how does diversity increase that strength? What part of diversity causes this increase in strength? No one can give an answer.

Meanwhile the “diverse” nations across the world are scenes of endless social, political, religious and ethnic conflict. The United States is one of the most diverse nations on Earth, and they are about an inch away from tearing each other to pieces. Brazil with all its racial diversity is completely fractured as a nation, where people cannot get along and separate and self segregate whenever possible. South Africa with all its “diversity” is turning into a bloody backwater as its diversity increases, black on black, black on white, white on black, black on Indian, doesn’t not matter, its ethnicity vs ethnicity. They all turn on each other in the end. Why is it that what gives Western nations strength is not what gives Eastern nations (China, Japan, Taiwan, South Korea) their strength? How are they so strong, China set to be the world's most dominant nation in this century, whilst lacking diversity? Why is that their non-diverse nations do so much better than our own, and on so many different metrics?

Diversity is not a strength. Unity, purpose, trust, traditions, nationalism and racial nationalism is what provides strength. Everything else is just a catchphrase.

DIVERSITY IS WEAKNESS, UNITY IS STRENGTH

Radicalization of western men

The radicalization of young Western men is not just unavoidable, but inevitable. It should come as no shock that European men, in every nation, and on every continent are turning to radical notions and methods to combat the social and moral decay of their nations and the continued ethnic replacement of their people.

Radical, explosive action is the only desired, and required, response to an attempted genocide. These men and women are not being brain-washed, corrupted or misled. They are finally removing their blindfolds and seeing the reality of the world and their peoples’ future.

The truth is that the West killed the notion of god, and proceeded to replace it with nothing. Brought forth two competing ideologies (communism and fascism) to replace this loss of god, then proceeded to allow both sides to slaughter each other to a standstill and then let corporate backed capitalists tear the survivor to pieces. Resulting in a society with no core beliefs, no purpose and no vision for the future. A society of rampant nihilism, consumerism and individualism, where every individual is a competitor and the rights of the individual override all
notions of responsibility. In this hell the individual is all and the race is worthless, something to rail against and use whenever possible, a power structure to climb, or topple.

The truth that they are rapidly becoming, not just a global minority, but a minority within their own lands.

The truth that they are left, alone, an individual in a society worshiping the cult of the individual, to respond against an influx of outsiders from all corners of the world. Enemies bound by faith, culture or tradition with higher levels of fertility, trust and in group preference resulting in much stronger communities.

The truth that they are expected not to combat these myriad, unending and dedicated interlopers, but to embrace them, accept their own disenfranchisement, accept the loss of their fathers lands, their own impoverishment, their own REPLACEMENT.

But they will not accept this death. This eradication of their people, their culture, their very soul.

They see the decay all around them, plummeting, free-falling birth rates all across the Western world. Millions of invaders landing on our shores, conquering our towns and without a single shot fired in response. Broken families with soaring divorce rates, that’s if they even bother to get married at all. Suicide rates climbing year by year, not just for adults, by even teens and children as well and the only time people seem to even notice is when one of their own idols commits the act (singers, sports stars, actors). Drug use at all levels of society, in all age groups, any source of distraction or relief to escape a culture of nihilism. Rampant urbanization and industrialization, ever expanding cities and shrinking forests, a complete removal of man from nature, with the obvious results. Pedophile politicians, pedophile priests and pedophile pop stars, demonstrating to all the true depravity of our age. Art and beauty subverted beyond all recognition, bauhaus travesties replacing nouveau wonders, soulless metropolitan architecture of glass and steel reflecting no society, no culture, no people and therefore belonging everywhere, and nowhere. Suicidal, nihilistic and degenerate pop icons produced from a dead culture: Michael Jackson (pedophile, self hating, self mutilating, opioid addict), Madonna (degenerate, drug addict, childless, whore, anti-christian, pro miscegenation), Kurt Cobain (suicidal, drug addict, self hater, anti-social), Freddy Mercury (lifelong identity crisis, lifelong battle with hedonism and drug use, eventual death due to sexual hedonism) just to name a few. Empty nurseries, full casinos, empty churches and full mosques, entropy in blitz speed. Politicians write in the same ink as Eligabolus, worshiping all that is foreign, poisonous and subversive. So these young men and women see this suicidal nihilism and isolate themselves from this mainstream, “multicultural”, egalitarian, individualistic insanity and look for allies anywhere they can find them, in the flesh or online. They congregate, discuss, despair, strategize, debate and plan. They decry weakness, mock fecklessness and worship strength, and in this worship of strength they radicalize and find the solution.

Somehow this isolation then radicalization is seen as a surprise, yet for anyone who was paying attention, it was a long time coming. Once the corporate and state media's grip on the zeitgeist of modernity was finally broken by the internet, true freedom of thought and discussion
flourished and the overton window was not just shifted, but shattered. All possibilities of expression and belief were open to be taught, discussed and spoken. This open and often anonymous discussion allowed for information, outside of the states and the corporation control, to be accessed often for the first time. The result is obvious. People are finding their way home. Finding their people, finding their traditions, seeing through the lies of history, the brainwashing of the institutions and they are angry, they are energized and yes, against their degenerate societies, they are radicalized.

**RADICALIZATION IS THE ONLY RATIONAL RESPONSE TO DEGENERATION**

The failure of assimilation

Expecting immigrants to assimilate to a decadent culture is laughable. Who would willingly leave their own strong, dominant and rising culture to join an elderly, decaying, degenerate culture? What culture would entice a man, one of traditions, beauty, architecture, art and prosperity, or a culture of decay, self-hatred, childlessness, disorder and nihilism?

More immigrants are choosing to retain their own healthy culture, year by year, and even more telling, our own people are beginning to join them, looking outside their own watered down and deteriorating culture to look for purpose and guidance from outside sources.

The weaker we become the more immigrants will refuse to join us, refuse to partake in the cultural suicide that we extol. That should surprise no one.

**NO ONE WILL WILLFULLY JOIN THE DECAY**

Problem with virtual relationships and porn

A virtual relationship includes many things. One of my favorite examples is those found in sites like OnlyFans and Twitch. On OnlyFans, people (mostly men) can pay to talk to and see nudes of people of their choosing. And on Twitch, there’s many cam girls, hot tub streamers, etc that make their living by having a virtual relationship with their viewers. These viewers will often pay money to have their name signed on their leg or be called out by that specific person. The problem with this is that it discourages actual relationships with actual people, which actively prevents births of the new generation. The same thing applies with porn, when one is able to have a virtual relationship with an actor or simulate having sex whenever they feel like it, what encourages them to go out to have a real relationship?

This is only one of the reasons for the decay of the White race. This must be managed and controlled, or discouraged heavily.

**STOP WATCHING PORN, STOP CONTRIBUTING TO THE DECAY**

Dissatisfaction in current society

I feel that many people these days are very dissatisfied with their life. They live the same boring lifestyle followed by routine. They may awake early in the morning, work until 5, and play video games, watch movies or tv, or have a beer before bed. They will follow this routine
for years, often doing very little to change their lives. The problem here is not with industrial
society, (although it originates from it) but with the ease of conformity to this lifestyle. They will
refuse to take new activities or action in their life not because they are in fear or anxious but
because it is simply easier not to.

One quote that really stuck with me is from *Into the Wild* by Jon Krakauer, when he
wrote “So many people live within unhappy circumstances and yet will not take the initiative to
change their situation because they are conditioned to a life of security, conformity, and
conservatism, all of which may appear to give one peace of mind, but in reality nothing is more
damaging to the adventurous spirit within a man than a secure future. The very basic core of a
man’s spirit is his passion for adventure. The joy of life comes from our encounters with new
experiences, and hence there is no greater joy than to have an endlessly changing horizon, for
each day to have a new and different sun.”

You will have to leave the conformity of a routined life if you want to achieve true
happiness and satisfaction.

**DON’T BE AFRAID OF CHANGE**

**Don’t let yourselves be disarmed**

After my attack, I suspect that gun control policies will be brought forth to the state and
federal government. Calls to ban high-capacity magazines, assault weapons including AR-15’s,
and even items such as body armor are expected. You must not let them pass these laws, if the
civilian population becomes disarmed, the military and elite will be able to control all. No matter
what Joe Biden tells you, fighter jets and nuclear weapons can not control the civilian
population. I found a copypasta that explains this quite well:

“Listen, you fantastically goofy motherfucker. I'm going to try to explain this so that you
can understand it.

You cannot control an entire country and its people with jets, tanks, battleships, and
drones, or any of these things that you so stupidly believe trumps citizen ownership of firearms.

A fighter jet, tank, drone, battleship, or whatever cannot stand on street corners and
enforce "no assembly" edicts. A fighter jet cannot kick down your door at 3AM and search your
house for contraband.

None of these things can maintain the needed police state to completely subjugate and
enslave the people of a nation. Those weapons are for decimating, flattening, and glassing large
areas and many people at once, and fighting other state militaries. The government does not want
to kill all of its people, and blow up its own infrastructure. These are the very things they need to
be tyrannical assholes in the first place. If they decide to turn everything outside of Washington
D.C. into glowing green glass, they would be the absolute rulers of a big, worthless, radioactive
pile of shit.

Police are needed to maintain a police state. Boots on the ground. And no matter how
many police you have on the ground, they will always be vastly outnumbered by civilians, which
is why in a police state it is vital that your police have automatic weapons while the people have nothing but their limp dicks and their soy latte.

But, when every random pedestrian could have a Glock in their waistband, and every random homeowner has an AR-15 by the door, all of that goes out the fucking window because now the police are outnumbered and face the reality of bullets coming back at them.

If you want living examples of this, look at every insurgency that the US military has tried to destroy. They're all still kicking with nothing but AK-47s, pick-up trucks, and improvised explosives because these big scary military monsters you keep alluding to are all but fucking useless for dealing with them.

Dumb. Fuck."

In the US, items such as short barreled rifles, short barreled shotguns, suppressors and automatic weapons are already heavily regulated. In states like New York and California, high capacity magazines are banned from legally being sold and assault style weapons are highly regulated.

We cannot let them take anymore. We must actively fight for our rights of gun ownership.

THE LAST DEFENSE AGAINST TYRANNY ARE THE PEOPLE’S WEAPONS

Green nationalism is the only true nationalism

There is no conservatism without nature, there is no nationalism without environmentalism, the natural environment of our lands shaped us just as we shaped it. We were born from our lands and our own culture was molded by these same lands. The protection and preservation of these lands is of the same importance as the protection and preservation of our own ideals and beliefs.

For too long we have allowed the left to co-opt the environmentalist movement to serve their own needs. The left has controlled all discussion regarding environmental preservation whilst simultaneously presiding over the continued destruction of the natural environment itself through mass immigration and uncontrolled urbanization, whilst offering no true solution to either issue. There is no Green future with never ending population growth, the ideal green world cannot exist in a world of 100 billion, 50 billion, or even 10 billion people. Continued immigration into Europe is environmental warfare and ultimately destructive to nature itself. The Europe of the future is not one of concrete and steel, smog and wires but a place of forests, lakes, mountains and meadows. Not a place where English is the de facto language but a place where every European language, belief and tradition is valued. Each nation and each ethnicity was molded by their own environment and if they are to be protected so must their own environments.

THERE IS NO TRADITIONALISM WITHOUT ENVIRONMENTALISM
Kill high profile enemies

There are well known enemies of our nations, enemies of our race that freely walk through our societies, heads held high, believing themselves untouchable. They will soon find out how wrong they truly are. Traitors deserve a traitor's death. No matter if it takes 3 years or 30 years, these people must pay for their disgusting attacks upon our race.

TATP packages strapped to drones, an EFP in motorcycle saddle bags, convoy ambush rammings with cement trucks. Any method that gives these traitors their sure reward is viable and should be encouraged. Where there is a will, there is a way.

George Soros, the billionaire responsible for his attacks on the West. He attacks the average person’s wealth by shorting entire currencies. His funding for the radical left is majorly responsible for the destruction of our White culture. It is no question that he is one of the Jews that is attempting the new world order.

Erdogan, the leader of one of the oldest enemies of our people, and the leader of the largest islamic group within Europe. This warlord must bleed his last, whilst he visits his ethnic soldiers currently occupying Europe. His death will also drive a wedge between the Turk invaders currently occupying our lands and the ethnic European people whilst simultaneously weakening Turkey's hold on the region, removing a prime enemy of Russia and destabilizing and fracturing NATO.

Sadiq Khan, The current mayor of London at the time of writing, an open sign of the disenfranchisement and ethnic replacement of the British people in the British isles. This Pakistani muslim invader now sits as representative for the people of London. Londinium, the very heart of the British isles. What better sign of the white rebirth than the removal of this invader?

KILL GEORGE SOROS, KILL ERDOGAN, KILL SADIQ KHAN

The paradox of the diverse equality

The greatest joke of all is the quixotic foolishness of the diverse but equal society. Diversity by its very definition belies equality. No two different things can ever truly be equal, especially humans. There is no one person equal to any other, not identical twins, not countrymen, not workers within a class group and certainly not those of differing races. Every human is worth only their own value, no more or less.

The more diverse a group becomes, the less equal it becomes. Diversity is anathema to equality. One cannot exist with the other.

DIVERSITY IS UNEQUAL, HIERARCHIES ARE CERTAIN
The present is a gift from those in our past

Your ancestors did not sweat, bleed and die in the name of a multicultural, egalitarian nation. They built homes for their children to live in, they built communities for their people to thrive in, they built nations for their people to survive in. They slaved for a better future for their people, and now other peoples shake their fists and point their fingers, reprimanding us for living better lives, wealthier lives in wealthier countries. This wealth and prosperity was paid for in the sweat and blood of your ancestors. Our present comfortable, privileged and prosperous life was gifted to us by our forebears, with the belief that we would maintain, cherish and even expand upon their work, so that one day our own children can enjoy the rewards of our labor.

We must strive to create a nation worthy of our ancestors, that we give our people the very best lives, and nations that are worthy of them. A nation that venerates its ancestors, but lives for its offspring.

**VENERATE THE ANCESTORS BUT WORK FOR THE CHILDREN**

A soldiers fight

The ideal of a heroic war, without loss, without failure, without some great setback, is idealistic and downright impossible. Even at Vienna in 1683 we Europeans still lost over fourteen thousand good men. That was during a triumphant VICTORY. Do you believe you are better than these men? More deserving of life? More skilled and courageous? You are not. If they could die, so can you. Expect death, expect struggle, expect loss that you will never forget. Do not expect to survive, the only thing you should expect is a true war and to die the death of a true soldier.

**EXPECT A SOLDIERS FIGHT AND A SOLDIER'S DEATH**

The danger of the invader

If you were to kill sixty armed invaders having shown the will and the intent to bring harm to your nation and people, you would be hailed a hero, given your nation's highest civilian honors, paraded before the media and the adoring public. But kill sixty unarmed invaders having shown the will and the intent to bring harm to your nation and people, and you will be considered a monster, dragged through the streets, ridiculed, attacked, your character assassinated in every way it can be and finally tried in court and imprisoned for the rest of your life.

But here’s the real kicker, the unarmed invader is far more dangerous to our people than the armed invader. We can fight the armed invader, we know how, we have the ability, we have the soldiers and arms to do so. But the unarmed invader, we have no real idea on how to deal with them, we are unable to attack them or fend them off in any meaningful way.

Both would seek to destroy our nation, both would seek to displace and replace our people, both would seek to destroy our culture and nationhood. But only one has the ability and only one has shown to be effective at doing so.

**THE UNARMED INVADER IS MORE DANGEROUS THAN THE ARMED**
The lightning march through the institution

While the left's march through the institutions was long and ultimately successful we must achieve the same, but in a much shorter time period. Due to the threat of ethnic replacement and our own horribly low birth rates, we do not have 150 years or even 50 years to achieve positions of power. We must be intrinsically leveraged into the political, militaristic, judicial, educational and economic institutions, all within 25 years.

We do not have the luxury of time like the left had, we must be ready to act, and act soon. That means those that can, or have the ability should look to ingrain themselves into these institutions and climb as far up the power hierarchy as possible, in the shortest time possible. When the time comes, you must be ready to act.

BLITZ TO DOMINANT POSITIONS

All true movements are populist movements

While the movement itself, at least in the vanguard stage, does not need to have the support of the entire population, eventually we will need our people to join our new society, and voluntarily. They must be willing and wishing to be a part of this new future we envision. We cannot, and should not, rely on oppression to encourage the population to fit this new paradigm.

Through our own actions and speech we shall show them a new path. A path focusing on nature and respect for the environment, traditions, families, workers rights and personal and racial responsibilities. We must excel, both personally and as a society.

Whilst we may use edgy humor and memes in the vanguard stage, and to attract a young audience, eventually we will need to show the reality of our thoughts and our more serious intents and wishes for the future. For now we appeal to the anger and black comedic nature of the present, but eventually we will need to show the warmth and genuine love we have for our people.

SHOW THEM THE WAY FORWARD
There is no sheltered meadow

There is nowhere left to run, turn around, face your enemy, make your stand. There is not a single place left where the tendrils of replacement migration have not touched. There is no single place in the West that is even close to reaching replacement level birth rates, let alone birthrates that indicate a level of vitality and vigor.

There is no pleasant meadow in which you can lay down your weary body, rest your head and wait for it all to blow over. You will find no reprieve, not in Iceland, not in Poland, not in New Zealand, not in Argentina, not in Ukraine, not anywhere in the world.

Nor should you, why should you have peace when your other brothers in Europe face certain war? Why should you risk nothing whilst others risk all? Why should others fight for you if you are not willing to fight for yourself?

Don’t run from the fight, run towards the fight. Look to the heart of the conflict, march yourself there, press yourself into service. Give your everything to your people.

STOP RUNNING, START FIGHTING

Don’t leave the cities, run towards the fight, not away

Run towards the cities, run towards the conflict, run towards the enemy, fleeing from the enemy is cowardice. The countryside are already ours, as they have always been. The people of the countryside are already traditional, already close to nature, already supportive of their people.

It's the cities where the struggle lies, it's the cities where the invaders have massed, it's the cities where the marxists have poisoned the institutions, it's the cities where the traitorous media and corporations lie and it's the cities where the anti-white politicians and the NGOs make their homes.

Invade the cities, take the cities, battle in the streets for the cities. The cities are the economic, judicial, political, ethnic and cultural battleground of our people and it is there we shall wage our war.

The countryside can wait, the cities need you, your youth needs you. Despite how many of you may feel living amongst the pollution, amongst the cultural filth, crammed into tiny apartments in the city sprawls, far flung from man's natural environment. But it is there our future will be made and it is there the battle for our peoples future will be fought.

RETAKE THE CITIES, RETAKE YOUR BIRTHRIGHT
Emotions influence more than facts

Stop trying to persuade the general population with statistics, charts, tablets and figures. A one-point-seven percentage point difference may mean something to a few, but an ingeniously worded expression or brilliantly crafted poster will convince the many.

Humans are emotional, they are driven by emotions, guided by emotions and seek emotion expressions and experiences. Monotonous repetition of immigration facts and statistics will simply bore the masses, and drive the people away from the stale and uninspired speakers that propagate them.

Be creative, be expressive, be emotional and above all be passionate. These are the things that speak to people, connect people, drive people. Paint, write, sing, dance, recite poetry. Hell, even meme. Create memes, post memes, and spread memes. Memes have done more for the ethno-nationalist movement than any manifesto.

Above all, just don’t be stale, placid and boring. No one is inspired by Jeb Bush.

BE PASSIONATE, NOT PLACID

No profits for anti-Whites

For too long those who have profited most from the importation of cheap labor have gone unpunished. The economic elites who line their pockets with the profit received from our own ethnic replacement. These greed filled bastards expect to replace our people with a race of low intellect, low agency, muddled, muddied masses just so their own wealth and power can increase.

They will soon realize there are repercussions to being a race traitor. These repercussions will hit them hard, fast and without mercy. If they flee we will follow them, if they hide we will find them, if they try to shield themselves behind the state we will break through and reach them.

If an individual is in ownership or control of a corporation or business, and advocates or even accepts the mass importation of non-whites to replace the native European populations, then that traitor must be destroyed.

KILL YOUR LOCAL ANTI-WHITE CEO

Protect your people, remove the poison

Poison sellers and toxin spreaders are free to proliferate their baneful products completely unchecked by law or society. Each year these degenerates are responsible for tens of thousands of deaths, in our own cities and across the globe.

Both illegal and legal drug dealers are our racial enemies, ruining the health, wealth, family structure, culture and future of our people. These peddlers of filth are active in every nation and behave without any thought of their impact on their societies.

Find where they are in your cities, plan your attack, destroy them. Protect your people and protect your children. Be the antidote to their poison.

KILL YOUR LOCAL DRUG DEALER
Europe for Europeans

The invaders must be removed from European soil, regardless of where they came or when they came. Roma, African, Indian, Turkish, Semitic or other. If they are not of our people, but live in our lands, they must be removed.

Where they are removed to is not our concern, or responsibility. Our lands are not their home, they can return to their own lands or found their homelands elsewhere. But they will not occupy our soil.

How they are removed is irrelevant, peacefully, forcefully, happily, violently or diplomatically. They must be removed.

Until these interlopers are repatriated to their peoples lands, then Europe has no true sovereignty, and anyone, no matter their ethnicity or beliefs can call Europe their own.

**REMOVE THE INVADERS, RETAKE EUROPE**

You wait for a signal, whilst your people wait for YOU

Whilst you wait for a sign; a signal; someone to take up the spear; to cry out in alarm, your people wait on YOU. You are the voice, you are the klaxon call, you hold the first spear to be thrust at the invaders.

Stop waiting for someone else to show you the way forward, YOU are the way forward, waiting around for someone to start the fight is moronic, because it is YOU that is going to start the fight, If you are reading this, you are the new leaders that will push our people to victory, you are the soldiers that will fight for the future of your race. The people speaking now, acting now, fighting now, are the vanguard of the vanguard of the force of the people.

Lead and your people will follow. Show the strength of your convictions, the truth of yours and the iron-hard strength of your will and they will follow.

**YOU WAIT FOR A SIGNAL, WHILE YOUR PEOPLE WAIT FOR YOU**

It is never wise to become a minority group

In every country, on every continent, those that are in the minority are oppressed. If you become a social, political or ethnic minority it will always lead to your oppression.

Whether they are a political minority and therefore lose the control of the majority of power, and thus lose control of the laws and regulations that define public life or those that are the cultural minority find that art in all its forms is created and controlled by a different audience, from a different people from a different history, with differing ideals and experiences and therefore they find themselves isolated, excluded and removed from the creation of contemporary culture.

Those that find themselves born linguistically in the minority suffer daily, as the conversation of life excludes them, the mass media isolates them and businesses turn them away, as does the society's speech itself.

Finally there are those that find themselves in the ethnic or racial minority and find their very own genes being bred out of existence through miscegenation and differing racial birth
rates. The same people will find themselves gradually less and less represented both politically and culturally, becoming essentially foreigners in their own lands.

MINORITIES ARE NEVER TREATED WELL, DO NOT BECOME ONE

Do not allow your enemies to grow unchecked

When you discover a nest of vipers in your yard, do you spare the adolescents? Do you allow them to grow freely, openly, to one day bite your child as they play in their own yard? No. You burn the nest and kill the vipers, no matter their age.

The enemies of our children are being born in our lands right now, even as you read this. These same children will one day become teens, then adults, voting against the wishes of our people, practicing the cultural and religious practices of the invaders, taking our peoples lands, work, houses and even attacking and killing our children.

An ounce of prevention is worth a pound of cure. Preventing these enemies from reaching adulthood and their full potential of effect is of importance. Why make your children fight, when you could fight in their stead?

Few parents, regardless of circumstance, will willingly risk the lives of their children, no matter the economic incentives. Therefore, once we show them the risk of bringing their offspring to our soil, they will avoid our lands.

It will be distasteful, it will be damaging to the soul, but know that it is necessary and any invader you spare, no matter the age, will one day be an enemy your people must face. Better for you to face them now then your kin to face them in the future.

LEAVE NO VIPERS NEST UNBURNT

Support your brother nations

When one country moves, you move with them, support them financially, politically, socially and physically. They may be able to discredit one small movement, from one nation. But when Europeans from all countries and continents move to back their brothers, they cannot possibly attack any one group.

The movement may begin in Poland, Austria, France, Argentina, Australia, Canada or even Venezuela, but the movement will begin and when it does, be ready to throw your weight behind your people, with full force.

Support them economically, donate to their cause, buy products from their people, volunteer your resources and labor.

Support them socially, back their policies, attack their detractors, voice upon support to the media and in daily conversations, make it understood on the internet that all European nations support them.

Support them politically, voice support of their leaders, their ideals and their people. Lobby those in power to show your support, protest outside embassies of those nations that do not support the nation, and if need be attack them. Only elect leaders that show support to your brother nation.
Support them physically, be ready to put boots on the ground, send them weapons and munitions, and attack their enemies. If the media or state in your region attacks them, destroy the corporation and traitorous politicians responsible. Physical force is the ultimate form of support.

**MOVE AS ONE, FULL SUPPORT FOR BROTHER NATIONS**

**Accept death, embrace infamy**

Death is certain, you may die in service to some grand crusade or pass away in a hospice, either way you will die.

What matters is your actions during the brief time between birth and death. The worth of your life is not measured by the length of your life, but your actions during it.

Ask yourself now, are you willing to shirk your racial responsibilities? Turn your back to your people? Ignore their demise? All in the hopes of a peaceful death?

Accept death: as it is as certain as the setting of the sun at evenfall. Only when you embrace death and the only thing you will have left to fear is inaction.

Embrace infamy: the enemies of your people will beset upon you, on all sides. The media will paint you as villains, the state will name you as traitors, the globalist forces will name you as criminals and the traitors amongst your people will name you as enemies. You will be infamous until victory is achieved. Take it with a smile.

**ACCEPT DEATH, EMBRACE INFAMY, ACHIEVE VICTORY**

**Numbers aren’t everything**

In 2022, we currently have the largest number of people of our race in history (between 760-980 million depending on definitions), yet we are losing even our smallest towns to ethnic replacement.

Numbers aren’t everything, ten lions are worth a thousand sheep. The reason we are currently losing our lands is not due to a lack of numbers, or wealth, or military force. It is due to a lack of will.

We could deport or otherwise destroy the entire population of invading non-Europeans in a week, if we as a race we chose to. We have the ability, we only need the will.

Focusing on increasing the population of whites, or trying to gain economic wealth or military might, whilst already having met the requirement of numbers, wealth and military force needed is simply a stalling tactic, spoken and put forth by men too cowardly to do what is required.

These men would stall and delay any action indefinitely, until all necessary action has been undertaken by some other, more courageous man. All so they need not carry any personal risk or struggle themselves.

Ignore the naysayers and weasels who will always repeat “Not Now! Just Wait! Not Yet! We Could Be Hurt!” for them the time will never come. Just as their own courage will never flower forth.
THE BEST TIME FOR ATTACK WAS YESTERDAY, THE SECOND BEST TIME IS NOW

**The birth rates must eventually be addressed, at all costs**

Even if all invaders are deported tomorrow and all traitors are dealt with as they truly deserve, we are still living on borrowed time.

Whether it takes ten years or a thousand years, whilst we are facing birth rates at sub-replacement levels, then our people are dying.

We grow older, fewer, weaker and more fundamentally closer to true death the longer we allow our birth rates to remain so catastrophically low.

This isn’t an issue that is being faced solely by our own people, but by many people across the world. Nations across Asia, Europe and the Americas are facing this disaster together. Some are at different stages than others but all are feeling the pressure.

The true question is, how did this happen? And what can we do to stop it? The only people that seemingly do not face such issues are those with strong traditions, gender norms, societal norms; the poor and the religious, usually a combination of all. This should give us an indication of what may be truly at the heart of the issue.

What can we do to fix it? The issue is complicated, far more complicated and it is more difficult to fix than the issue of Ethnic replacement. Likely a new society will need to be created with a much greater focus on family values, gender and social norms and the value and importance of nature, culture and race.

**WITHOUT CHILDREN, THERE IS NO FUTURE**

**There is no democratic solution**

Understand here and now, there is no democratic solution, any attempt to vote your way out of Ethnic replacement will be met with at first with derision, then contempt and finally by force.

This solution of a Democratic salvation is nothing but a pipe dream, and as our enemies increase within our lands, driven by mass immigration and the invaders own higher birth rate it will be pushed further and further into the realms of impossibility.

The media of the world will be used against you, the education system of the rulers will be used against you, the financial power of the worlds corporations will be used against you, the military and legislative might of the UN, the EU and NATO itself will be used against you and even your own, previously corrupted, religious leaders will be used against you.

Democracy is mob rule and the mob itself is ruled by our own enemies. The global and corporate run press controls them, the education system (long since fallen to the long march through the institutions committed by the marxists) controls them, the state(long since heavily lost to its corporate backers) controls them and the anti-white media machine controls them.

Do not suffer under the delusion of a democratic victory, prepare for war, prepare for violence and prepare for risk, loss and struggle, as it is the only path to victory.
NGOs are directly involved in the genocide of the European people

Beholden to no one and hiding their true intent behold a faux-religious facade, these NGO groups ferry the invaders to European shores aboard their own vessels, directly shipping this vast army straight into European nations to plunder, rape and ethnically displace the native European people.

Meanwhile they badger, trick and guilt-shame the European people into forfeiting their own hard earned income and giving it directly to their peoples cultural and ethnic competitors, many of which have the only intent of conquering and destroying the European peoples.

This stripping of wealth and prosperity in order to feed and develop our cultural competitors is an act of civilization terrorism resulting in the reduction in development and living conditions of our own people for the benefit of those that hate us.

More often than not these NGOs hide their true intentions behind a facade of religiosity and only once you investigate into the leadership and governance of the NGO itself do you find the people running the show are in fact far from religious themselves and more often than not are actually atheistic cultural marxists using naive Christian Europeans to both labor and fund their own attempt at class and racial warfare.

These NGOs are the modern money changers inside the church, and must be driven out, by voice or by whip. It may upset many, but the truth of the matter is these people are directly responsible for the current invasion and sacking of Europe and their treachery has damaged European prospects greatly.

Crush these traitor NGOs, kill their leadership, burn down their buildings, bomb their ships, tear down their posters and destroy their membership. Drive them from your lands and give the traitors what traitors deserve: a traitor's death.

NGOs ARE TRAITOR ORGANIZATIONS

If you lose, history will write you as monsters, regardless of your tactics. Win first, write the narrative later.

Victors write the history and the writers of history control the cultural climate of the present time.

If you lose, no matter how you acted in your loss; whether that is heroically, cowardly, violently, peacefully, virtuously or criminally, if your enemies are writing the history they will describe you as a devil.

Do not fret on the manner of how victory is achieved, all methods are possible, in the face of ethnic genocide, all morality is ambiguous.

Win first, write the story later. An act, which morals you doubt in the present, will be right by your people in wonder and admiration in the books of history.

YOU WILL BE REVERED, BUT ONLY IF YOU WIN.
When anyone can be a German, a Brit, a Frenchmen, then being European has truly lost all meaning

Make no mistake, the erosion of local and national identity has not come about by accident, it is a concerted and targeted effort against the European people.

The idea that a Frenchmen need not speak the language, share the culture, believe in the same god or even more importantly be ethnically French is ludicrous in the extreme. This is an attack on the very French people themselves and is a strategy designed to destroy national, cultural, linguistic and ethnic unity.

This is a tactic practiced not only on the French people, but on all the peoples of Europe, effectively destroying the nation's identity at its core and smashing apart all bonds which a successful, unified nation is built upon.

A Moroccan may never be an Estonian much the same as an Estonian may never be a Moroccan. There are cultural, ethnic and RACIAL differences that make interchanging one ethnic group with another an impossibility.

The idea that all it takes for a Han Chinese man to become German is to be born on German soil is as insane as a German born on Mars becoming a Martian.

Europe is only Europe because of its combined genetic, cultural and linguistic heritage. When non-Europeans are considered European, then there is no Europe at all.

EUROPE'S VALUE IS IN THE EUROPEAN PEOPLE

The time after the baby boomers have passed isn't the time to START acting, but the time we should be FINISHING our victory.

It is understood by many that the only real reason that many statistics of our ethnic replacement haven’t yet matched with our reality is that numbers are currently buoyed by the baby boomer generation.

As these baby boomers pass on and leave us behind, there will be a rapid and obvious change in the demographic makeup of our nations, both statistically and socially. This rapid change in demography will bring about a time of crisis, as the reality of our possible ethnic replacement becomes obvious to all, even the naysayers. This time cannot be relied on for a beginning of the rebellion, only utilized as a final stage of energy and escalation to finalize our capture of power.

If we wait until the majority of the boomers begin to pass (between 2028-2038 depending on individual nations and life expectancies) then it will be too little, too late. As by this time the invaders and occupiers of lands, non-Europeans, numbers will swollen to a staggering size, due to both mass immigration and the differing birthrates between the native European people and these invaders.

Also, relying on this time period for our victory holds a second major disadvantage, that being vulnerability to foreign invasion, most likely from the east, specifically China; Turkey; India or some combination of the three. This time of possible instability will also be at a time where our potential nation enemies in the East will be reaching their own zeniths of power. We
must not be in a chaotic, life or death civil war at a time when our rival nations are at their peak of dominance. The risk is too great. We attack as soon as possible, we attack with force and we achieve stability and play defense as the boomers pass, not during their passing, not after.

**VICTORY CANNOT WAIT, YOUR PEOPLE NEED YOU NOW!**

**From where great leaders arise**

The men and women needed by a society in crisis are created by a greater societal group though, they arise from their environment, from their folk, seeming springing forth from the people as if they were waiting for the moment. They are not so much born as made to be what is needed of them by the greater group thought occurring around them.

These leaders will be paragon examples of your people, virtuous, incorruptible, speaking truth to power and a truth that resonates with your very soul.

**WHEN YOU SEE THEM; WHEN YOU HEAR THEM; YOU WILL KNOW THEM, AS THEY ARE YOU, AND YOURS**

**Do nothing, win nothing, achieve nothing**

Inaction will lead to sure defeat. Sitting at home comfortably, relaxed, posting on the internet, watching football and waiting for victory to arrive at your feet, will win you nothing. Without overwhelming effort and extreme risk, expect nothing.

You cannot expect others to take the risks for you, nor should you wish for others to labor for you, if you are unwilling.

The only option for a true man or woman of Europe is to labor, labor with all effort towards victory. Nothing else will do. All else is insufficient. All else is intolerable. All else is dishonorable.

Perhaps you could tap out, lay down, lick the boots of your occupiers and pray they will let you be comfortable, if only for a little while.

But you won’t. You can’t. Not if you know what I know and want for what we want. You will risk, struggle, strive, drive, stumble, fall, crawl, charge and perspire, all in the name of victory. Because you cannot accept anything less.

**WITH RISK COMES POSSIBILITIES, WITH POSSIBILITIES COMES CHANCE FOR VICTORY**

**Destabilization and accelerationism: tactics for victory**

True change and the change we need to enact only arises in the great crucible of crisis. A gradual change is never going to achieve victory.

Stability and comfort are the enemies of revolutionary change. Therefore we must destabilize and discomfort society wherever possible.
A political candidate that keeps the status quo or only seeks to introduce minimal change, even when the minimal change is in support of our cause, is ultimately useless or even damaging. Revolutionary change is needed and above all necessary.

It is far better to encourage radical, violent change regardless of its origins. As only in times of radical change and social discomfort can great and terrific change occur.

These tumultuous times can be brought about through action. For example, actions such as voting for political candidates that radically change or challenge entrenched systems, radicalizing public discourse by both supporting, attacking, vilifying, radicalizing and exaggerating all societal conflicts and attacking or even assassinating weak or less radical leaders/influencers on either side of social conflicts.

A vote for a radical candidate that opposes your values and incites agitation or anxiety in your own people works far more in your favor than a vote for a milquetoast political candidate that has no ability or wish to enact radical change.

Canvas public areas in support of radical positions, even if they are not your own.
Incite conflict. Place posters near public parks calling for sharia law, then in the next week place posters over such posters calling for the expulsion of all immigrants, repeat in every area of public life until the crisis arises.

Destabilize, then take control. If we want to radically and fundamentally change society, then we need to radicalize society as much as possible.

DO NOT FEAR CHANGE, WE ARE CHANGE

Globalized capitalist markets are the enemy of racial autonomists

If an ethnocentric European future is to be achieved global free markets and the trade of goods is to be discouraged at all costs.

An environmentally conscious and moral society will never be able to economically compete with a society based on ever increasing industrialization, urbanization, industrial output and population increase.

The cheaper labor and ignorance of environmental health will always result in cheaper goods produced with less effort and inevitably result in control of the market.

A Europe of nature, culture and sustainable living practices will not be able to ever compete in the global market.

The global market thus never be allowed to compete in the new European market. Barring the importation of all goods produced outside the New European zone (the new Western world) is an essential pillar of the future Western economy.

Goods produced without care for the natural world, dignity of workers, lasting culture or or white civilizations' future should never be allowed into the new morally focused and ethically focused European market.

CHEAP LABOR AND ALL CONSUMING INDUSTRY ARE NOT IDEALS, BLOCK FOREIGN GOODS FROM WHITE MARKETS
Break the back of cheap labor

Make no mistake, the major impetus for the mass importation of non-Europeans into Europe are the call and want for cheap labor. Nothing drives the invasion more and nothing needs to be defeated more than the greed that demands cheap labor.

Break it's back, anyway you can.

Whether that is by encouraging and pushing increases to the minimum wage; furthering the unionization of workers; increasing the native birthrate and thereby reducing the need for the importation of labor; increasing the rights of workers; pushing for the increase in automation or advancement of industrial labor replacement or any other tactic that is available.

In the end human greed and the need for increasing profit margins of capital owners need to be fought against and broken.

CHEAP LABOR IS SLAVE LABOUR, REFUSE TO IMPORT MODERN SLAVES

A boil over in the melting pot

Civil war in the so-called “Melting pot” that is the United States should be a major aim in overthrowing the global power structure and the Wests’ egalitarian, individualist, globalist dominant culture.

In the United States, perhaps more than anywhere else in the world, the cult of the individual has been practiced for the longest time and with the deepest devotion.

Luckily for us, the end results of this deracialized, irreligious and deculturized program show themselves.

The United States is in turmoil, more so that at any other time in history. States hate other states, the electoral college is under attack at every turn and the races are at each other's throats. On top of this is a two party political system, split by racial, social, cultural, linguistic and class divides.

The end result is a nation in gridlock, unable to respond to any great change, unable to commit to any great projects. A political and social stalemate that makes any advancement impossible.

Meanwhile the 10000 ton boulder of demographic change rolls ever forward, gaining momentum and possibly destroying all in its path. Eventually, when the White population of the USA realizes the truth of the situation, war will erupt. Soon the replacement of the whites within Texas will hit its apogee and with the non-white political and social control of Texas; and with this control, the electoral college will be heavily stacked in favor of a democratic victory so that every electoral cycle will be a certainty.

After an election cycle or two with certain Democratic victory, those remaining, non democratic voting, non brainwashed whites will see the future clear before them, and with this knowledge realize the impossibility of a diplomatic or political victory.

Within a short time regular and widespread political, social and racial violence will commence. In this tempest of conflict is where will be strike, a strong, unified, ethnically and culturally focused pro-white, pro-european group will be everything the average white family
needs and long for. With these boosted numbers, and with our unified forces, complete control of the United States will be possible. Above all, be ready for violence, and when the time comes, strike hard and fast.

THE MYTH OF THE MELTING POT MUST END, AND WITH IT THE MYTH OF THE EGALITARIAN NATION

No taxes to anti-white states

Until our nations are run by men and women loyal to our cause, taxation should be considered theft, and refusal to pay taxes a sign of racial loyalty.

Giving your own earned wealth, which you received through your own labor, to a person or group that despises you, places laws into effect that disenfranchises your people and seeks to ethnically replace you is utterly foolish. Do not pay to have your people destroyed, do not line the pockets of the traitors within our ranks, don’t lend support to a corrupt and broken state.

Refuse to pay taxes. Refuse. Do whatever you can to prevent them from stealing your hard earned resources.

Pay farmers directly for food. Shop at local stores and buy from others that also refuse to pay taxes. Go to flea markets and pay for items there.

When they demand you pay, refuse. When they ask why, you tell them why. They will threaten you with jail, they may even threaten you with direct force. They may even go through with your imprisonment or physically harm you. But eventually, when enough people fight back and refuse to pay taxes, refuse to fund the traitors in power, the state itself will wilt, then collapse.

So take the prison time, take the beating or even fight back. But do not pay taxes to anti-whites.

TAXATION IS THEFT IN A TRAITOROUS SYSTEM

Conclusion

There is only one victory, but many defeats.
To lose our lands, our culture and our people is a defeat.
To continue on without our culture, but still own our lands, is a defeat.
To survive with our culture, but to lose our lands, to lose our future, is a defeat.
There is only one victory.
The survival of our people, our culture and our lands isn’t enough. We must thrive, we must march ever forward to our place among the stars and we WILL reach the destiny our people deserve.

Anything else is a defeat.
The war will not be easy, the death toll will assuredly be high. The going will be tough and many of us will die.
I cannot guarantee it will be comfortable, I cannot guarantee it will be easy and I cannot guarantee that every act will be a success.

All I can guarantee is that inaction is sure defeat, power structures will be tested and likely will fall and most of all there is only the future ahead and attempting to march back to any earlier time will get you nowhere at all.

You may stumble. You may fall. But the only way to get to the final destination, total victory, is to get up and keep marching forward. No matter what. March.

Mistakes will be made, losses will be had, some failures are certain and some endeavors will go bad.

But in the end the struggle is a beauty in itself, and the victory will be all the sweeter because of it. Final victory is yours, if you have the will for it.

As for me, my time has come. I cannot guarantee my success. All I know is the certainty of my will and the necessity of my cause. Live or die, know I did it all for you; my friends, my family, my people, my culture, my race.

Goodbye, God bless you all and I hope to see you in Valhalla.